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# **Z-alpha1-antitrypsin polymers and small airways disease: a new paradigm in alfa-1 antitrypsin deficiency-related COPD development?**

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## **ABSTRACT**

The presence of Alpha<sub>1</sub>-Antitrypsin (AAT) polymers, known to promote a sustained pro-inflammatory activity, has been previously demonstrated in bronchial biopsies of subjects with Z-AAT deficiency (AATD) suggesting a possible role in the development of COPD through a small airway disease impairment. The study aimed to assess the presence of small airways dysfunction and the potential correlation with the presence of Z-AAT polymers obtained by Exhaled Breath Condensate (EBC) collection in PiZZ subjects, as compared with matched healthy PiMM subjects. We enrolled 19 asymptomatic, never smoker subjects: 9 PiZZ and 10 PiMM as controls, without obstructive ventilatory defect (i.e., normal FEV1/VC% ratio). All subjects underwent complete pulmonary function tests (PFT). EBC was collected in all subjects. ELISA test was applied to search for Z-AAT polymers. The PiZZ subjects showed normal lung volumes and DLCO values. However, in comparison with PiMM subjects, the single breath test N<sub>2</sub> wash-out revealed significant differences regarding the phase III slope ( $1.45 \pm 0.35$  N<sub>2</sub>/L vs.  $0.96 \pm 0.40$  N<sub>2</sub>/L) ( $p < 0.02$ ) in the PiZZ subjects, while the closing volume/vital capacity ratio ( $14.3 \pm 4.5$  % vs.  $11.3 \pm 6.3$  %) was not significantly increased. The ELISA test detected the presence of Z-AAT polymers in 44% of PiZZ patients. Asymptomatic, never smoker PiZZ subjects with normal spirometry and lung

diffusion capacity showed airways impairment when compared to PiMM subjects. Although Z-AAT polymers were found only in 44% of PiZZ subjects, these findings suggest the possibility that chronic bronchiolitis can develop as a result of the long-term pro-inflammatory activity of Z-AAT polymers in subjects with Z-related AATD.

**Keywords:** Alpha-1 anti-trypsin; polymers; small airways; AATD; AAT

## INTRODUCTION

Alpha1-Antitrypsin deficiency (AATD) is one of the most common genetic disorders worldwide (1). It is due to a genetic alteration on the gene *Serpine1* on chromosome 14, resulting in a non-functional protein production (2-6). Decreased levels of alpha<sub>1</sub>-antitrypsin (AAT) in the bloodstream are associated typically with panlobular emphysema (7) and liver disease, including hepatocellular carcinoma and liver cirrhosis (8,9) but also with bronchial asthma and vascular diseases (10-12).

During the last 20 years, many studies focused on the pathogenetic pathways leading to lung and/or other diseases in AATD and particularly on the role of protein polymerization (13). AAT belongs to the serine-proteinase-inhibitors, also known as Serpines that share the function but the tridimensional characteristics as well. Indeed, their structure is particularly prone to polymerization when a mutation occurs. These polymers tend to aggregate inside the cells, causing direct damage to the cell structure and acting as a neutrophilic chemotactic factor (14).

AAT behaves similarly. In particular, the Z mutation (Glu-to-Lys substitution at position 342), which is one of the most severe pathological variants (15), predisposes AAT to polymerization (16). It is widely recognized that Z-AAT polymers gather inside the hepatocytes, particularly in the endoplasmic reticulum, where they directly damage the cell (17). However, these polymers tend to gather also in the lungs, where they activate the neutrophils by inducing chemotaxis and stimulating the secretion of myeloperoxidase both in the alveolar and bronchial cells (18).

Along with the lack of effective anti-protease activity, this peculiar inflammatory damage to the lung parenchyma may contribute to the classic development of panlobular emphysema and subsequent chronic obstructive pulmonary disorder (COPD).

However, radiologic pictures of COPD sustained by centrilobular emphysema have also been described in Z-related AATD, where the chronic obstructive ventilatory defect is mainly the result of extensive small airway disease (SAD) (19). SAD is caused by the progressive obstruction and disappearance of peripheral airways due to mucus endoluminal hypersecretion, submucosal accumulation of inflammatory cells, and smooth muscle cells hyperplasia-hypertrophy combined with the deposition of periadventitial fibrous tissue, leading to narrowing and early closure of these

peripheral airways that become the main location of increased airflow resistance in COPD (20-23). The unremitting inflammatory process sustained excessive oxidative stress, and protease-antiprotease imbalance is believed to be the main pathogenetic mechanisms of such disease, defined as fibrosing chronic bronchiolitis. Over time these mechanisms and related structural damages may peripherally involve the respiratory bronchioli, also affecting their alveolar attachments with the progressive development of centri-lobular emphysema (19, 24, 25).

It can be postulated that the occurrence of centri-lobular emphysema in PiZZ subjects affected by AATD might be the consequence of chronic bronchiolitis due to the pro-inflammatory activity of the polymers gathered in the bronchiolar epithelial cells that functionally can be reflected by the presence of SAD.

The existence of AAT polymers has been previously demonstrated in bronchial biopsies of subjects with Z-AAT deficiency (26-27), but no studies have investigated their presence in the airways in a non-invasive way. Exhaled Breath Condensate (EBC) analysis could be a new tool to assess the presence of Z-AAT polymers in both large and small airways, reflecting the composition of the airway-lining fluid.

Our study aims to evaluate the function of the small airway and the presence of Z-AAT polymers in the EBC from subjects with PiZZ related AATD without COPD and comparing the results with similar tests performed on healthy PiMM subjects.

## **MATERIALS AND METHODS**

We enrolled the last 9 PiZZ subjects (cases) registered from the database of the Regional Referral Center for AATD of the Spedali Civili of Brescia (Italy), (28,29), and 10 PiMM healthy subjects (controls). All subjects included were of legal age, no smoking history, and normal baseline spirometry.

A complete medical history was collected, and AATD was confirmed by AAT serum levels and by genotyping.

All subjects underwent complete Pulmonary Function Tests (PFTs) (including spirometry to obtain directly measurable lung volumes and maximal flows), multi-breaths helium dilution technique in closed circuit for measurement of lung volumes (functional residual capacity: FRC, residual volume: RV and total lung capacity: TLC), and determination of lung diffusing capacity for carbon monoxide ( $DL_{CO}$ ), obtained by measurement of alveolar volume (VA) and coefficient of transfer factor for CO ( $K_{CO}$ ) (BIOMEDIN Instruments, Padoa, Italy). Multi-breath nitrogen wash-out test and single breath nitrogen wash-out test were also performed for determination of lung clearance index (LCI) and closing volume (CV), closing capacity (CC), and phase III  $N_2$ -slope, respectively (Exhalizer D, Eco-Medics, Switzerland).

EBC was obtained from both PiMM and PiZZ subjects by breathing throughout frozen R-Tubes. Collected EBC, added with a protease inhibitor cocktail (Sigma-Aldrich), and 0,1% BSA were centrifuged, aliquoted and lyophilized. Lyophilized samples were resuspended in 1/10th of the original volume. Concentrated EBC from ZZ or MM patients were subjected to SDS-PAGE and blotted as described (27). Membranes were probed with anti-AAT antibodies (Dako Cytomation) following manufactures' instructions and revealed with HRP-conjugated secondary antibodies and ECL method (GE-Health Care). Commercially available purified hAAT (Gentaur) was loaded as a positive control. ELISA for total AAT was performed as previously described (27) with minor modifications. Briefly, 10x concentrated exhalates were added to the well of a 96-well plate (Corning Inc) previously coated with a polyclonal rabbit anti-human AAT antibody (Dako Cytomation). Purified hAAT was used for the standard curve. Next, HRP-conjugated polyclonal goat anti-human AAT antibody (Dako Cytomation) was added and, after the addition of TMB substrate (1-Step™ Ultra TMB-Elisa, Thermo Scientific), the absorbance of the developed color was estimated using a plate reader. Elisa for polymeric AAT was performed essentially as described with minor modification (27). Briefly, Costar plates coated as described above were incubated with 10x concentrated EBC. Then, wells were incubated with ATZ11 antibody, an antibody specific for Z-AAT polymers, and incubated with a biotin-conjugated anti-mouse antibody (GE-Health-Care) followed by streptavidin-conjugated HRP. After the addition of TMB substrate (1-Step™ Ultra TMB-Elisa, Thermo Scientific), the optical density was measured using a plate reader.

All LFTs were performed in the Laboratory of Respiratory Physiopathology of the University of Brescia - Spedali Civili of Brescia, whereas the analysis of the EBC was performed at the Department of Molecular and Translational Medicine, University of Brescia, Italy.

The study was performed in accordance with the Helsinki declaration and was approved by the University Ethic Committee at the Department of Experimental and Clinical Science. All participants signed written informed consent upon enrolling.

## **Statistics**

Continuous variables were compared using the Student's *t*-test for unpaired data. Data were expressed as mean  $\pm$  standard deviation, and categorical variables were recorded as frequencies and percentages. Statistical significance was taken as  $p < 0.05$ .

## **RESULTS**

The anthropometric characteristics of the subjects (cases and controls) are shown in Table 1. The mean age was  $38.38 \pm 11.3$  yrs for the PiMM group, whereas the mean age for the PiZZ group was  $38.1 \pm 8.0$  yrs (ns). Similarly, there were no statistically significant differences between the two

groups regarding weight, height, and body mass index. Per protocol, simple spirometry had to be normal; thus, no significant differences were expected in VC, FEV<sub>1</sub>, and FEV<sub>1</sub>/VC % ratio. Lung volumes were not different, and also VA, Kco, and DL<sub>CO</sub> were similar between the two groups. (Table 1). The single-breath nitrogen test revealed a statistically significant difference between the two groups regarding the phase III N<sub>2</sub>-slope slope (1.45±0.35 vs. 0.96±0.40 N<sub>2</sub>/L) (p<0.02), while the closing volume/vital capacity (CV/VC) % ratio was not significantly increased (14.3±4.5 vs. 11.3±6.2 %) in PiZZ subjects. Although LCI was worse in the PiZZ subjects, it was not significantly different as compared to PiMM healthy subjects (7.9±2.0 vs. 7.4±0.9 FRC turnover) (Table 2).

Analysis of AAT by SDS-PAGE followed by western blot showed that AAT is present in concentrated EBC from both PiMM and PiZZ subjects (Figure 1A).

The quantification of total AAT in EBC by ELISA shows significant variability in AAT concentration among the subjects in both groups and that no statistically significant difference in total AAT concentration was present between PiMM and PiZZ patients (Figure 1B). In EBC from PiMM patients, polymeric AAT was not present, as expected. Polymeric AAT was instead detected in PiZZ subjects, but only in 44% of them (Figure 1C). The different levels of total AAT in EBC of PiZZ subjects prompted us to analyze if a higher total AAT concentration in EBC could lead to an increased polymeric AAT level. However, no significant correlation between total and polymeric AAT amount was found in the analyzed patients.

## **DISCUSSION**

The findings of this study demonstrated that in asymptomatic, never smoker PiZZ subjects who have normal spirometry and lung diffusion capacity, pulmonary function test such as single breath N<sub>2</sub> wash-out, able to explore the degree of ventilation heterogeneity, as an indirect index of small airways involvement, showed parameters significantly different from those seen in matched healthy PiMM subjects. This strongly suggests that Z-AAT polymers, found in EBC in almost 50% of our PiZZ subjects, might promote a sustained inflammation in the bronchioli, possibly leading to COPD. Surprisingly, although PiZZ subjects showed a worse lung clearance index (LCI) than PiMM healthy subjects, suggesting a less effective alveolar air exchange, the difference was not statistically significant. If it is a problem of sample size or the method's sensitivity, this has to be elucidated in the future.

Previous literature data reported that AAT is present in EBC and that its concentration is too low to be detected in non-concentrated samples (30,31). Accordingly, we detected AAT in concentrated EBC from PiMM, but also from PiZZ subjects, at a concentration that, even if quite variable among the different subjects, is comparable to what previously described. Moreover, we report the presence

of AAT polymers in concentrated EBC in a subgroup of PiZZ patients (4 over 9, 44%). The lack of a correlation between total AAT concentration and polymer detection suggests that conditions other than AAT concentration at the bronchial level may favor Z-AAT polymerization. In agreement with our group's previous results, Z-AAT polymers found in EBC are likely secreted or released by bronchial epithelial cells (27). Indeed, we showed that, in bronchial biopsy of PiZZ patients, Z-AAT polymers are present in the bronchial epithelium and that Z-AAT polymers can be detected in culture media of ex-vivo cultured bronchial epithelial cells from PiZZ patients (27). The finding that AAT polymers are unrelated to the total AAT concentration found in EBC also allowed to rule out the possibility that detected polymers are artifacts due to sample treatment. Since Z-AAT polymers' significant values in EBC were observed only in 4 PiZZ subjects, correlations were not possible with PFTs. More studies are needed in order to analyze this stimulating aspect.

## **CONCLUSIONS**

In this proof-of-concept study, asymptomatic, never smoker PiZZ subjects with normal spirometry and DLCO, in almost 50% of whom Z-AAT polymers could be found in EBC, showed greater ventilation heterogeneity, as documented by the increase of phase III slope during single N<sub>2</sub> wash-out test, as compared to matched healthy PiMM subjects, suggesting a peripheral airway involvement. These findings suggest that the presence of Z-AAT polymers in the bronchial tree might induce pathological changes in the small airways through their pro-inflammatory activity, potentially contributing to the development of COPD.

### **Ethics approval and consent to participate**

The study was performed in accordance with the Helsinki declaration and was approved by the University Ethic Committee at the Department of Experimental and Clinical Science. All participants signed written informed consent upon enrolling.

### **Consent for publication**

All participants of the study and the listed authors gave their consent for the publication of the Manuscript.

### **Availability of data and material**

All the available data and material have been provided in the Manuscript

### **Competing interest**

**LP** reports no conflicts of interest in this work;

**LT** reports no conflicts of interest in this work;

**MA** reports no conflicts of interest in this work;

**LC** reports no conflicts of interest in this work;

**EB** reports no conflicts of interest in this work;

**CT** reports no conflicts of interest in this work;

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### **Author contributions**

Study design: LP and CT

Data collection: LT, MA, and LC.

Data analysis: LT and MA.

Interpretation of results: All authors.

Initial draft: LP and CT

Manuscript revision: All authors.

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Table 1. Anthropometric and functional respiratory data of controls and cases.

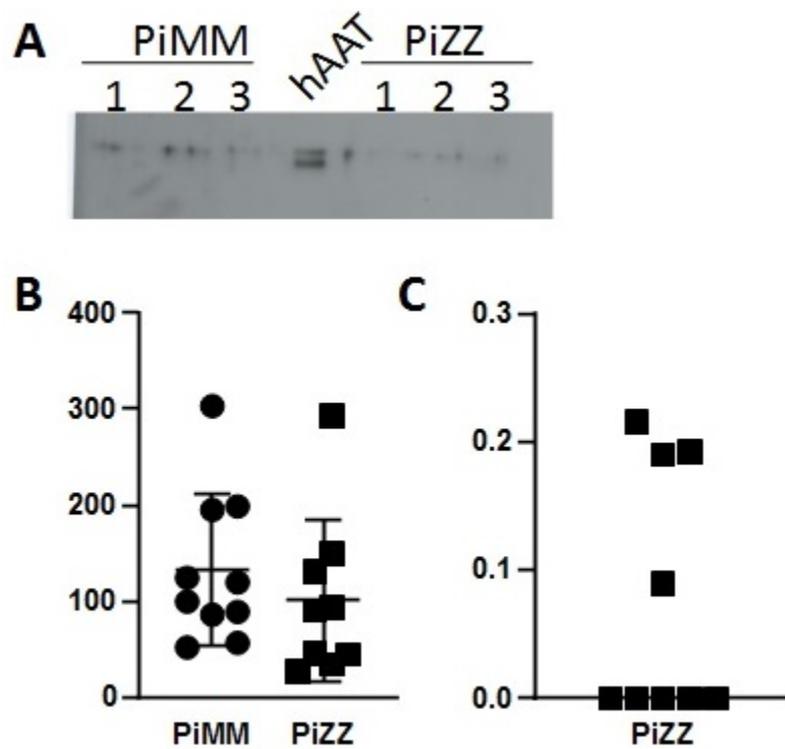
	Controls (MM Sub)	Cases (ZZ Sub)	p-value
Age (years)	38.8 ± 11.3	38.1 ± 8.0	ns
Sex (male/female)	6/4	3/6	ns
Weight (Kg)	70.6 ± 18.4	67.6 ± 21.6	ns
Height (m)	1.69 ± 11	1.69 ± 8	ns
BMI (Kg/m <sup>2</sup> )	23.3 ± 1.7	23.2 ± 1.8	ns
VC (L)	4.73 ± 1.12	4.46 ± 1.11	ns
VC (% pred.)	111 ± 11	111 ± 15	ns
IC (L)	3.18 ± 0.80	2.90 ± 0.77	ns
FVC (L)	4.61 ± 1.04	4.36 ± 1.09	ns
FVC (% pred)	112±10	111±15	ns
FEV <sub>1</sub> (L)	3.86 ± 0.69	3.57 ± 0.89	ns
FEV <sub>1</sub> (% pred.)	113 ± 9	107 ± 13	ns
FEV <sub>1</sub> /VC (%)	82.90 ± 7.57	80.25 ± 7.66	ns
FEV <sub>1</sub> /VC (% pred.)	102 ± 7	97 ± 6	ns
PEF (L/s)	9.76 ± 2.02	8.34 ± 2.28	ns
PEF (% pred.)	120 ± 15	108 ± 16	ns
FEF <sub>25-75</sub> (L/s)	4.27 ± 0.66	3.77 ± 1.38	ns
FEF <sub>25-75</sub> (% pred.)	106 ± 19	93 ± 27	ns
RV (L)	1.71 ± 0.47	1.61 ± 0.42	ns
RV (% pred.)	98 ± 26	95 ± 16	ns
FRC (L)	3.03 ± 0.92	3.08 ± 0.78	ns
FRC (% pred.)	97 ± 23	103 ± 22	ns
TLC (L)	6.43 ± 1.51	6.07 ± 1.45	ns
TLC (% pred.)	106 ± 9	105 ± 13	ns
RV/ TLC %	26.46 ± 4.07	26.70 ± 3.15	ns
RV/ TLC (% pred.)	91 ± 19	87 ± 9	ns
DLco (mL×min×mmHg)	27.0 ± 4.1	23.8 ± 5.9	ns
DLco (% pred.)	92 ± 11	82 ± 12	ns
Va (L)	6.08 ± 1.39	5.75 ± 1.35	ns
Va (% pred.)	103 ± 8	102 ± 12	ns
Kco (mL×min×mmHg)/L	4.6 ± 0.9	4.2 ± 0.90	ns
Kco (% pred.)	90 ± 12	82 ± 17	ns

BMI: Body Mass Index; VC: vital capacity; % pred.: percentage of predicted value); IC: inspiratory capacity; ERV: expiratory reserve volume; FVC: forced vital capacity; FEV<sub>1</sub>: forced expiratory volume in the first second; PEF: peak expiratory flow; FEF<sub>25-75</sub>: forced expiratory flow at 25%-75%; RV: residual volume; FRC: functional residual capacity; TLC: total lung capacity; Va: alveolar volume; DLCO: carbon-monoxide diffusing capacity; KCO: Krogh's index.

Table 2. Parameters related to ventilation inhomogeneity in controls and cases

	Controls (MM Sub.)	Cases (ZZ Sub.)	p value
CV (L)	0.55 ± 0.36	0.60 ± 0.21	ns
CC (L)	2.23 ± 0.57	2.36 ± 0.37	ns
Phase III Slope (N <sub>2</sub> %/L)	0.96 ± 0.40	1.45 ± 0.35	<0.02
CV/VC %	11.30 ± 6.23	14.26 ± 4.51	ns
LCI (FRC Turnovers)	7.4 ± 0.9	7.9 ± 2.0	ns

CV: closing volume; CC: closing capacity; VC: vital capacity; LCI: lung clearance index.



**Figure 1.** Western blot analysis using AAT antibody in 10-fold concentrated EBC from 3 PiMM and 3 PiZZ patients. Purified human serum AAT (h-AAT) served as a positive control. A typical fluorogram from three independent experiments, which gave superimposable results, is shown (A). Elisa for total (B) and polymeric (C) AAT in 10-fold concentrated EBC.