



The impact of completeness of last transurethral resection of bladder tumors on the outcomes of radical cystectomy

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Abstract

Purpose To evaluate the role of a complete transurethral resection of bladder tumors (c-TURBT) on oncological outcomes after radical cystectomy (RC) and its relationship with adverse pathological features.

Methods We retrospectively analyzed data of 727 patients treated with RC and bilateral pelvic lymph node dissection at three tertiary referral centers. Possible c-TURBT was reported by the treating surgeon. Multivariable Cox regression analyses were used to assess the relationship of c-TURBT and survival outcomes after surgery in 1:1 propensity score-matched cohort adjusted for age and gender. Moreover, multivariable logistic regression (MVA) was built to predict the relationship between c-TURBT and pT3–T4 stages at RC, lymph node invasion (LNI) and positive soft tissue surgical margin (STSM).

Results A total of 433 (60%) patients received a c-TURBT. 3.0% of patients with a c-TURBT achieved a pT0–pTa–pTis status vs. 2.0% of patients with incomplete TURBT. At multivariable Cox regression analyses, c-TURBT was not associated with survival outcomes. At MVA, incompleteness of TURBT was significantly associated with a pT3–T4 stage [odds ratio (OR) 8.04, 95% confidence interval (CI) 2.33–27.67, $p=0.001$]. No significant association was found between c-TURBT, LNI and STSM.

Conclusion We found a low rate of achievement of pT0 stage at RC. An incomplete TURBT before RC represented a predictor of pT3–T4 stages, but no effect of a c-TURBT was shown on survival outcomes. Given the current inadequacy of clinical staging strategies with more than 50% of extravesical disease being under-staged, our results could improve patients selection for NAC, driving the decision-making in doubtful cases.

Keywords Bladder cancer · Radical cystectomy · Transurethral resection · TURBT · Incomplete

Introduction

Bladder cancer (BCa) is the second most common genitourinary malignancy with 81,190 estimated new diagnosis in the 2018 in the USA only [1]. Transurethral resection of bladder tumors (TURBT) represents an important diagnostic tool in

the correct tumor staging and the gold standard treatment for non-muscle-invasive BCa (with intravesical chemo- or immunotherapy) [2]. The role of completeness of TURBT in non-muscle-invasive BCa was largely evaluated, and several studies reported a benefit in recurrence and survival outcomes conferred by a maximal extended TURBT before bladder instillation [3–5].

However, scarce data exist regarding the opportunity to complete a TURBT in patients affected by macroscopic invasive disease at endoscopic evaluation. According to the risk of bladder perforation and subsequent tumor spreading, the intraoperative evaluation sometimes leads to the decision to perform an incomplete TURBT, especially when tumors are extended, deep or located in particular areas (such as diverticula). Sparse data exist regarding the potential impact of the incompleteness of resection before radical cystectomy

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(RC) and its role on recurrence and survival outcomes in locally advanced disease. We therefore evaluated a cohort of patients treated with RC for clinical non-metastatic BCa in three tertiary referral centers, stratifying according to the completeness of TURBT before RC.

Materials and methods

We retrospectively investigated 1089 patients who underwent RC and pelvic lymph node dissection (PLND) between 2001 and 2018 at three tertiary referral centers.

RC was suggested according to EAU guidelines [6] in case of very high risk non-muscle-invasive BCa or in case of confined muscle-invasive bladder cancer with curative intent or in case of non-confined disease with palliative intent. This study included 727 patients with localized disease treated with RC and PLND with curative intent, whereas 362 patients treated with RC with a palliative intent or with neoadjuvant chemotherapy (NAC) were excluded. All included cases underwent diagnostic TURBT with tumor removal prior to radical cystectomy. We considered, for all the analyses, the last TURBT before radical cystectomy which includes the second TURBT, in case of patients who underwent repeated TURBT. Re-TURBT was indicated and performed according to guidelines [2]. This last resection was reported by the treating surgeon as complete or incomplete. Patients were staged preoperatively with pelvic/abdominal computerized tomography (CT), bone scan when indicated and chest X-ray or thoracic CT scan. Dedicated pathologists examined all TURBT and RC specimens. Tumor grade was evaluated according to 1973 WHO grading system [7] for all patients who underwent TURBT or RC between 2001 and 2004 and, for patients submitted to surgery later, according to grading WHO 2004 [8].

Concomitant carcinoma in situ (CIS) was defined as the presence of CIS at TURBT or RC specimens' in association with another pathological stage; the term lymphovascular invasion (LVI) indicated the presence of tumor cells within an endothelium-lined space without underlying muscular walls [9]. We considered as variant histology any presence of urothelial or nonurothelial variants at the pathological report [10]. Number of tumors and complete resection were visually evaluated, and monofocality was defined as the presence of a single papillary disease whereas complete resection as the absence of macroscopic residual tumor at the end of the TURBT. Pathologic data of RC included grade, local and lymph nodal staging (according to VI edition TNM classification) [11], LVI [9], concomitant CIS and soft tissue surgical margin (STSM) status defined as any surgical positive margins and excluded the ureteral and urethral ones. Recurrences were defined as appearance of metastasis and/or local

recurrences. Adjuvant cisplatin-based chemotherapy was offered to patients with a pT3–4 and/or pN + non-metastatic disease, when patients were fitted and if no neoadjuvant chemotherapy was administered.

Clinical and radiological follow-up consisted of a baseline visit at 3–4 months after surgery. Subsequently, the minimum follow-up consisted of at least two annual visits. Examinations included radiological imaging with CT scan in all patients. In addition to physical examination with laboratory testing, intravenous pyelography, neo-cystoscopy, urine cytology, urethral washings and bone scan were carried out if indicated.

Primary and secondary end points

Primary endpoint of our study was to assess relationship between c-TURBT and recurrence, cancer-specific mortality (CSM) and overall mortality (OM). The secondary endpoint was to evaluate the relationship between the completeness of TURBT (c-TURBT) and the occurrence of adverse pathologic features, which include pT3–T4 stages, positive STSM or lymph node invasion (LNI) at RC specimen.

Statistical analyses

Categorical variables were reported as frequencies and proportions, continuous as mean and standard deviation (SD) or median and interquartile ranges 25–75 (IQR). The Kruskal–Wallis and Chi-square tests were used to compare continuous and discrete variables. A 1:1 propensity score matching (PSM) analysis was used to adjust for age and gender. Multivariable Cox regression analyses were used to assess the impact of c-TURBT on recurrence, CSM and OM of the PSM cohort. The Kaplan–Meier method was used to compare survival between groups. The analyses were adjusted for intra- and post-cystectomy features included age, incompleteness of TURBT, pT stage, presence of CIS at RC specimen, presence of LVI at RC, presence of variant histology at RC, pN status (pN0–pN+), number of lymph nodes removed, positive STSM and administration of adjuvant chemotherapy. Multivariable logistic regression models were used to assess the relationship between c-TURBT on adverse pathological features of the PSM cohort, adjusting analyses for the following precystectomy features: cT stage (cT3–4 vs. cT1–T2), cN stage (cN0 vs. cN+), hydronephrosis, multifocal disease, CIS and LVI at TURBT (yes vs. no), variant histology, tumor dimension (diameter \geq 3 cm vs $<$ 3 cm). Statistical significance was considered at $p < 0.05$. Statistical analyses were performed using STATA 14.0[®] (Stata Corp., College Station, TX, USA).

Results

Baseline characteristics

Patients' characteristics are reported in Table 1. Of the 727 patients included in our study, 433 (60%) received a c-TURBT. In the whole cohort, median age was 69 years (IQR 63–75). The lack of achievement of c-TURBT was related to hydronephrosis (28% vs. 17%, $p < 0.001$)

and concomitant CIS (16% vs. 8.0%, $p = 0.002$). In 251 patients, the type of TURBT was available and 120 (48%) and 131 (52%) were re-TURBT and diagnostic, respectively. About 31% of the re-TURBT were reported as incomplete whereas 69% as complete resection. pT0–pTa or CIS stage achievement occurred in 3.0% of patients with c-TURBT and in 2.0% of patients with incomplete TURBT (< 0.001).

Table 1 Descriptive characteristics of patients with clinical non-metastatic bladder cancer (BCa) treated with radical cystectomy (RC) and pelvic lymph node dissection (PLND) between 2001 and 2018 at

three tertiary referral centers in whole cohort and propensity score-matched (PSM) cohort

Variables	Whole cohort				PSM cohort			
	Overall (N=727, 100%)	c-TURBT (N=433, 60%)	Incomplete TURBT (N=294, 40%)	p value	Overall (N=588, 100%)	c-TURBT (N=294, 50%)	Incomplete TURBT (N=294, 50%)	p value
Age (years)								
Mean	68	68	68	0.8	70	68	68	0.8
Median (IQR)	69 (63–75)	70 (63–75)	69 (63–75)		71 (67–76)	68 (63–75)	68 (63–75)	
Gender								
Male	614 (84%)	374 (86%)	240 (82%)	0.08	475 (81%)	235 (80%)	240 (82%)	0.6
Female	113 (16%)	59 (14%)	54 (18%)		113 (19%)	59 (14%)	54 (18%)	
Preoperative hydronephrosis								
No	570 (79%)	359 (83%)	211 (72%)	< 0.001	453 (77%)	242 (83%)	211 (72%)	0.002
Yes	156 (21%)	73 (17%)	83 (28%)		134 (23%)	51 (17%)	83 (28%)	
Clinical T stage								
T1–T2	201 (58%)	117 (62%)	84 (53%)	0.09	163 (56%)	79 (60%)	84 (53%)	0.2
T3–T4	145 (42%)	71 (38%)	74 (47%)		126 (44%)	52 (40%)	74 (47%)	
TURBT stage \geq T2								
No	264 (37%)	270 (64%)	109 (39%)	0.5	201 (35%)	92 (32%)	109 (39%)	0.06
Yes	441 (63%)	155 (36%)	171 (61%)		370 (65%)	199 (68%)	171 (61%)	
TURBT high grade								
	387 (93%)	268 (93%)	119 (92%)	0.8	304 (92%)	185 (92.5%)	119 (92%)	0.9
Concomitant CIS at TURBT								
No	623 (87%)	361 (84%)	262 (92%)	0.002	515 (89%)	253 (87%)	262 (92%)	0.052
Yes	92 (13%)	69 (16%)	23 (8.0%)		61 (11%)	38 (13%)	23 (8%)	
Presence of variant histology at TURBT								
No	606 (85%)	368 (86%)	232 (82%)	0.1	486 (85%)	254 (88%)	232 (82%)	0.052
Yes	110 (16%)	59 (14%)	50 (18%)		86 (15%)	36 (12%)	50 (18%)	
Multifocality at TURBT								
No	266 (37%)	165 (39%)	101 (35%)	0.3	375 (65%)	92 (32%)	109 (39%)	0.9
Yes	446 (63%)	258 (61%)	188 (65%)		202 (35%)	199 (68%)	171 (61%)	
Dimension > 3 cm								
No	222 (55%)	146 (59%)	76 (50%)	0.2	179 (55%)	103 (67%)	129 (73%)	0.2
Yes	180 (55%)	103 (41%)	77 (50%)		149 (45%)	51 (33%)	47 (27%)	
Re-TURBT								
No	131 (52%)	83 (50%)	48 (56%)	0.3	111 (54%)	63 (52%)	48 (56%)	0.5
Yes	120 (48%)	83 (50%)	37 (44%)		94 (46%)	57 (48%)	37 (44%)	

PSM propensity score matched, TURBT transurethral resection of bladder, IQR interquartile range, CIS carcinoma in situ, LVI lymphovascular invasion, Re-TURBT repeated TURBT

Cox regression analyses and survival estimates

Median follow-up was 2.4 years (IQR 0.3–3.5). Table 2 resumes results of multivariable Cox regression analyses for recurrence, CSM and OM of the PSM cohort. Recurrence was associated with: pT2 vs. pT0/T1 stage [hazard ratio (HR) 2.01, CI 1.12–3.59, $p=0.02$], pT3–T4 vs. pT0/T1 (HR 3.68, CI 2.03–6.67, $p<0.001$) and positive pathological nodal stage (HR 1.94, CI 1.25–3.04, $p=0.004$). CSM was found associated with pT3–T4 stages vs. pT0/T1 stage (HR 3.63, CI 1.72–7.65, $p=0.001$), positive nodes (HR 3.00, CI 1.69–5.34, $p<0.001$) and number of lymph nodes removed (HR 0.95, CI 0.92–0.99, $p=0.01$), whereas OM was found associated with pT3–T4 stages vs. pT0/T1 stage (HR 1.82, CI 1.26–2.62, $p=0.001$), presence of CIS at RC specimens (HR 0.71, CI 0.53–0.95, $p=0.02$), presence of LVI (HR 0.53, CI 0.37–0.74, $p<0.001$), presence of positive nodes

(HR 2.22, CI 1.57–3.14, $p<0.001$) and adjuvant chemotherapy (HR 0.36, CI 0.20–0.64, $p<0.001$). No significant association between extension of resection and recurrence ($p=0.2$), CSM ($0=0.9$) or OM ($p=0.8$) was found at multivariable analyses. Kaplan–Meier curves depicting recurrence, CSM and OM are reported in Fig. 1.

Prediction of adverse pathological features

After applying the propensity score matching, 294 patients with c-TURBT were matched with 294 patients with incomplete TURBT. Table 3 reports results of multivariable logistic regression analyses predicting the relationship of c-TURBT on adverse pathological features of the PSM cohort. At multivariable analysis, associations between pT3–T4 stages and hydronephrosis [odds ratio (OR) 8.04, 95% confidence interval (CI) 2.33–27.67, $p=0.001$],

Table 2 Multivariable Cox regression analyses predicting the risk of recurrence, cancer-specific mortality (CSM) and overall mortality (OM) in patients treated with radical cystectomy (RC) and pelvic lymph node dissection (PLND) for very high risk non-muscle-

invasive bladder cancer (BCa) or muscle-invasive BCa of propensity score match (PSM) cohort adjusted for all the variables included in the table

Variables	Multivariable recurrence		Multivariable CSM		Multivariable OM	
	HR (95% CI)	<i>p</i> value	HR (95% CI)	<i>p</i> value	HR (95% CI)	<i>p</i> value
Age	0.98 (0.96–1.00)	0.2	0.98 (0.95–1.01)	0.2	1.00 (0.98–1.01)	0.9
Incomplete TURBT	0.77 (0.52–1.14)	0.2	0.98 (0.57–1.64)	0.9	0.96 (0.72–1.28)	0.8
pT2 vs. pT0/T1	2.01 (1.12–3.59)	0.02	1.40 (0.62–3.15)	0.4	1.12 (0.77–1.62)	0.5
pT3–4 vs. pT0/T1	3.68 (2.03–6.67)	< 0.001	3.63 (1.72–7.65)	0.001	1.82 (1.26–2.62)	0.001
CIS at RC	0.77 (0.51–1.15)	0.2	0.90 (0.53–1.51)	0.7	0.71 (0.53–0.95)	0.02
LVI at RC	0.86 (0.56–1.32)	0.5	0.82 (0.53–1.51)	0.7	0.53 (0.37–0.74)	< 0.001
Variant histology at RC	1.05 (0.67–1.65)	0.8	1.59 (0.92–2.75)	0.09	1.32 (0.96–1.83)	0.09
pN+	1.94 (1.25–3.04)	0.004	3.00 (1.69–5.34)	< 0.001	2.22 (1.57–3.14)	< 0.001
lymph nodes removed, number	0.99 (0.97–1.02)	0.9	0.95 (0.92–0.99)	0.01	1.01 (0.99–1.02)	0.2
Positive STSM	0.93 (0.49–1.77)	0.9	0.40 (0.14–1.14)	0.09	0.60 (0.35–1.03)	0.06
Adjuvant chemotherapy	1.58 (0.90–2.77)	0.1	0.80 (0.34–1.91)	0.6	0.36 (0.20–0.64)	< 0.001

CSM cancer-specific mortality, OM overall mortality, HR hazard ratio, TURBT transurethral resection of bladder, CIS carcinoma in situ, RC radical cystectomy, LVI lymphovascular invasion, LN lymph nodes, STSM soft tissue surgical margin

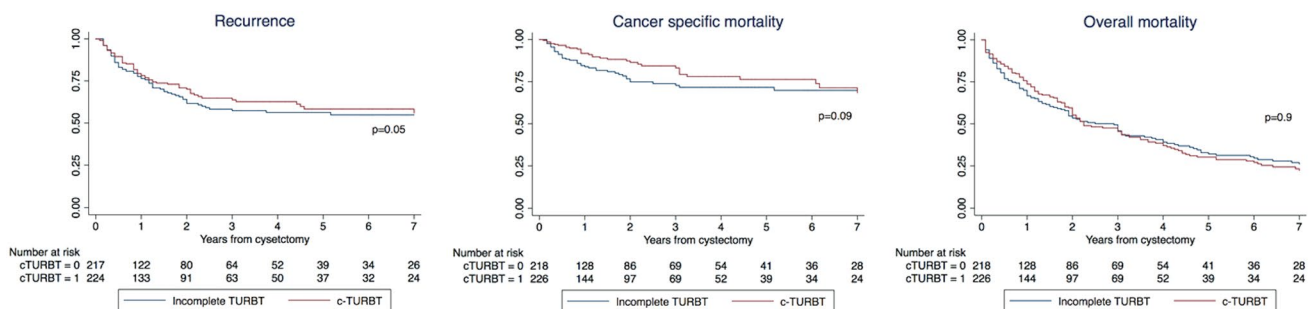


Fig. 1 Kaplan–Meier analyses assessing, recurrence, cancer-specific mortality (CSM) and overall mortality (OM) in patient treated with radical cystectomy (RC) and pelvic lymph node dissection (PLND) with previous complete and incomplete transurethral resection (TURBT)

Table 3 Multivariable logistic regression analyses predicting pT3–T4 stage, positive soft tissue surgical margin (STSM) and lymph node invasion (LNI) at radical cystectomy (RC) of propensity score match (PSM) cohort

Variables	Multivariable analyses					
	pT3–T4 stage		Positive STSM		LNI	
	OR (95% CI)	<i>p</i> value	OR (95% CI)	<i>p</i> value	OR (95% CI)	<i>p</i> value
Age	1.02 (0.96–1.09)	0.4	0.95 (0.87–1.04)	0.3	0.98 (0.92–1.04)	0.6
Preoperative hydronephrosis yes vs. no	8.04 (2.33–27.67)	0.001	3.24 (0.77–13.69)	0.1	2.49 (0.89–6.94)	0.08
Clinical T3–T4 vs. clinical T1–T2	1.22 (0.49–3.00)	0.7	0.40 (0.08–1.82)	0.2	0.88 (0.34–2.27)	0.8
Concomitant CIS at TURBT yes vs. no	0.45 (0.10–1.99)	0.3	1.46 (0.13–16.08)	0.8	0.93 (0.16–5.40)	0.9
Variants at TURBT yes vs. no	11.4 (1.98–65.94)	0.06	0.84 (0.08–8.15)	0.9	0.11 (0.01–0.97)	0.06
Multifocality at TURBT yes vs. no	0.34 (0.13–0.87)	0.02	1.84 (0.43–7.77)	0.4	0.91 (0.33–2.49)	0.9
TURBT stage ≥ 2 vs. TURBT stage < 2	4.06 (1.43–11.46)	0.002	1.95 (0.36–10.60)	0.4	2.43 (0.68–8.66)	0.2
Dimension > 3 cm at TURBT yes vs. no	0.54 (0.20–1.41)	0.3	0.37 (0.07–1.78)	0.2	0.86 (0.30–2.44)	0.9
Incomplete TURBT yes vs. no	2.78 (1.11–7.00)	0.03	1.46 (0.35–6.10)	0.6	0.92 (0.25–2.40)	0.9
Clinical N+ yes vs. no	1.08 (0.38–3.01)	0.9	4.48 (0.89–22.43)	0.07	1.02 (0.34–3.04)	0.9

STSM soft tissue surgical margin, LNI lymph node invasion, OR odds ratio, 95% CI confidence interval, CIS carcinoma in situ, TURBT transurethral resection

presence of multifocality (OR 0.34, CI 0.13–0.83, $p=0.02$) pathological T stage at TURBT specimens' ≥ 2 (OR 4.06, CI 1.43–11.4, $p=0.002$), and incompleteness of TURBT (OR 2.78, CI 1.11–7.00, $p=0.03$) were found, whereas no significant association was found at multivariable analysis with STSM and LNI.

Discussion

Although several studies reported a survival benefit in completing TURBT in non-muscle-invasive BCa treated with a conservative approach [3, 4, 12], scarce data exist regarding its role in patients candidate for RC. Specifically, it is not clear whether an extended resection is needed to improve oncological outcomes after RC. Understanding this aspect would be very useful for surgeons who are often led to interrupt the procedure for the fear of bladder perforation and subsequent tumor spreading. Therefore, bladder perforation represents a frequent complication during TURBT [13] and it seems to be associated with worse recurrence-free survival, T stage progression and consequent higher number of cystectomy [14]. Several risk factors are related to higher possibility to cause a bladder perforation, such as gender, body mass index [15], size of the tumor, number of tumors and their site [16], and these characteristics may lead to the decision to interrupt prematurely the procedure, leaving residual macroscopic cancer in the bladder.

In our study, we evaluated a large cohort of 727 patients treated in three tertiary referral centers. Of these patients, 433 (60%) received a c-TURBT. Our results are in concordance with the previous literature: Adiyat et al. [17] reported a 30% rate of macroscopic residual disease in the site of

the previous resection in non-muscle-invasive BCa, whereas percentage increases until 50% in muscle-invasive bladder cancer with a pT2 final stage [18]. The high rate of incompleteness of TURBT reported in the previous literature is probably dependent on several factors: first, especially as regards multifocal non-muscle-invasive BCa, on the inadequacy of surgical techniques as the lack of narrow-band imaging (NBI) or photodynamic diagnosis (PDD) which can improve detection of tumors and consequently their resection [19, 20]. Second, the experience of the surgeon: as reported by Mariappan et al. [3] experience is an independent factor of prediction of TURBT's quality because it can increase the rates of the presence of muscular tissue at the final pathological evaluation, can enhance resection of tumors located on the anterior wall, dome and diverticula and finally can improve "en bloc" resection for minor tumors and complete fractioned resection of tumors with greater dimension. Third, the need of limited anesthesiologic time due to patient's comorbidities or necessity of contained time in order to avoid, even its rarity, TURBT syndrome related to bladder resection [21]. In our study, all the surgeons were experts in endoscopic surgery, whereby the main cause of the high rate of incompleteness of TURBT can be imputed to the occurrence of complication and to the lack of use of PDD and NBI before their introduction: Both these techniques are currently suggested and performed according to guidelines, but they have been introduced later compared to the beginning of our study. Unfortunately, no data regarding the possible cause of incompleteness of TURBT were reported in our database.

Moreover, in our study, 3.0% only of patients who underwent a c-TURBT reached a final pT0–pTa–pTis stage at RC. If we add to this value the percentage of

pT1 residual disease at RC pathological evaluation, the overall rate increases to 47% in the reported c-TURBT. These findings support the subjectivity of evaluation of completeness of TURBT and validate the probable high incidence of microscopic residual cancers after endoscopic resection [22]. However, the proportion of patients who achieved a pT0–pTa–pTis stage at the time of cystectomy increased from 2.0% in patients with macroscopic incomplete TURBT to 3.0% in c-TURBT. Our finding supports Thrasher et al. [18] study, which reported a higher percentage of achievement a pT0 stage at RC specimen in patients with a reported macroscopic complete resection.

In our study, at PSM multivariable analyses, incompleteness of TURBT was an independent predictor of adverse pathological stage at RC specimens ($p = 0.03$). This result is probably related to a greater difficulty in the endoscopic management of more locally advanced tumors, especially for extravesical diseases. Supporting this, in our study incompleteness of TURBT was also associated with the presence of preoperative hydronephrosis, which is often an indirect signal of the presence of muscle-invasive bladder cancer and more advanced pathological stage in cystectomy series [23, 24]. No relationship was found between c-TURBT and oncological outcomes. On the contrary, adverse pathological stage (pT3–pT4) was significantly associated with recurrence, CSM and OM: This result suggests that, after adjustment with all the confounders, the pathological T stage is a stronger predictor of survival outcomes compared to incompleteness of TURBT. This finding could be helpful especially for treating patients “unfit” for neoadjuvant chemotherapy as results of their comorbidities. Patients with high Charlson comorbidity index have frequently also a high American Society of Anesthesiologic (ASA) score. We believe that elderly patients unfit for NAC, who have resectable tumors which give impression of a muscle-invasive disease, can be treated with a stage resection, since endoscopic debulking of the tumor has not consequences on recurrence and survival after radical cystectomy.

Moreover, although international guidelines recommend NAC for cT2–4a BCa, Culp et al. [25] looking for a strategy for improving patients selection for neoadjuvant therapy found that patients with pT3–4 diseases are those who might benefit more from NAC, whereas patients with organ-confined diseases benefit less from this treatment. It should be considered, in addition to Culp finding, that several studies reported inadequacy of clinical staging techniques for bladder cancer with more than 50% of extravesical diseases being under-staged. The result we have found regarding the significant relationship between incompleteness of TURBT and adverse pathological T stage can improve patients selection for NAC itself, driving the decision-making especially in doubtful cases.

This study is not without limitations. First of all, our study is limited by its retrospective design. Nevertheless, in the centers involved in this study, data were recorded prospectively and were transferred adequately to the databases. Second is the extended study period spanning almost 15 years, in which diagnostic techniques (example CT scan) and endoscopic tools (example introduction of NBI and PDD) were improved. Third is the lack of data regarding the use of NBI and PDD for each procedure, the cause of incompleteness of TURBT and time from TURBT itself and radical cystectomy. Fourth, TURBT was performed by different surgeons, although all of them were expert in endoscopic procedures. Fifth, the dimension of our cohort and the lack of data regarding the presence of lymphovascular invasion at TURBT have limited the possibility to perform analyses by subgroups of patients. Lastly, our evaluation of recurrence-free survival includes any recurrences, whereas it would be probably advisable to perform a separate analysis for evaluation of c-TURBT just in the local ones, even if in several works the relationship between pathologic T stage and any kind of recurrence, included the distant ones, was demonstrated [26–28]. Despite these limitations, our analyses provided worthwhile information for the effectiveness of c-TURBT over adverse pathological features and survival outcomes in overall population who undergoes RC with curative intent.

Conclusion

More than half of our cohort received a reported c-TURBT. However, just a small proportion of these patients reached a final pT0 stage, confirming the high probability of microscopic residual disease after endoscopic resection. Incompleteness of TURBT was found significantly associated with adverse pT stage at RC specimens' but not with worse survival outcomes compared to patients who received a c-TURBT. Given the current inadequacy of clinical staging strategies in BCa with more than 50% of extravesical disease being under-staged, our results could improve patients selection for NAC, driving the decision-making in doubtful cases. Given the scarcity of data from the published literature, a prospective randomized trial is needed to confirm our results.

Authors contribution SZ contributed to manuscript writing, statistical analyses and data collection. MM contributed to project development, data collection and drafting of the manuscript. AG contributed to critical revision of the manuscript. RC contributed to critical revision of the manuscript. FM contributed to critical revision of the manuscript. AB contributed to critical revision of the manuscript. AS contributed to critical revision of the manuscript. AA contributed to critical revision of the manuscript. CS contributed to critical revision of the manuscript.

SB contributed to drafting of the manuscript. LC contributed to drafting of the manuscript. AM contributed to critical revision of the manuscript. PB contributed to project development, supervision and critical revision of the manuscript.

Compliance with ethical standards

Conflict of interest The authors declare that they have no conflict of interest.

Informed consent All persons gave their informed consent to use their data for this retrospective study.

Ethical approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki Declaration and its later amendments or comparable ethical standards.

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