RESEARCH ARTICLE

The World Society of Emergency Surgery (WSES) spleen trauma classification: a useful tool in the management of splenic trauma

Federico Coccolini^{1,2*}, Paola Fugazzola^{1,2}, Lucia Morganti³, Marco Ceresoli^{1,4}, Stefano Magnone², Giulia Montori², Matteo Tomasoni^{1,2}, Stefano Maccatrozzo², Niccolò Allievi², Savino Occhionorelli³, Yoram Kluger⁴, Massimo Sartelli⁵, Gian Luca Baiocchi⁶, Luca Ansaloni^{1,2} and Fausto Catena⁷

Abstract

Background: The World Society of Emergency Surgery (WSES) spleen trauma classification meets the need of an evolution of the current anatomical spleen injury scale considering both the anatomical lesions and their physiologic effect. The aim of the present study is to evaluate the efficacy and trustfulness of the WSES classification as a tool in the decision-making process during spleen trauma management.

Methods: Multicenter prospective observational study on adult patients with blunt splenic trauma managed between 2014 and 2016 in two Italian trauma centers (ASST Papa Giovanni XXIII in Bergamo and Sant'Anna University Hospital in Ferrara). Risk factors for operative management at the arrival of the patient and as a definitive treatment were analyzed. Moreover, the association between the different WSES grades of injury and the definitive management was analyzed.

Results: One hundred twenty-four patients were included. At multivariate analysis, a WSES splenic injury grade IV is a risk factor for the operative management both at the arrival of the patients and as a definitive treatment. WSES splenic injury grade III is a risk factor for angioembolization.

Conclusions: The WSES classification is a good and reliable tool in the decision-making process in splenic trauma management.

Keywords: Spleen trauma, Classification, Validation, Practice, Surgery, Outcome, Non-operative management, Quality

Introduction

The most commonly used classification of splenic trauma is the American Association for the Surgery of Trauma (AAST)-Organ Injury Severity Score (OIS). It was initially ideated to allow the comparison between different series of patients; then, it has been used as a classification system to drive treatment

* Correspondence: federico.coccolini@gmail.com

Full list of author information is available at the end of the article

strategies. It is based on spleen lesion anatomy [1]. This scale was validated by several studies with large sample sizes [2-4] showing as both the management at the patient arrival (operative management (OM) vs non-operative management (NOM)), and the NOM failure rate was associated with the ASST lesion grade in patients with blunt splenic trauma. In fact, the anatomy of the lesions plays a fundamental role in determining the conditions of the patients. In some situations, however, patient conditions lead to an emergent transfer to the operating room (OR) without the opportunity to define the grade of splenic lesions before the surgical exploration. In these cases,

© The Author(s). 2019 **Open Access** This article is distributed under the terms of the Creative Commons Attribution 4.0 International License (http://creativecommons.org/licenses/by/4.0/), which permits unrestricted use, distribution, and reproduction in any medium, provided you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons license, and indicate if changes were made. The Creative Commons Public Domain Dedication waiver (http://creativecommons.org/publicdomain/zero/1.0/) applies to the data made available in this article, unless otherwise stated.





Open Access

¹General, Emergency and Trauma Surgery Department, Bufalini Hospital, Viale Ghirotti 268, 47521 Cesena, Italy

 $^{^2 \}mbox{General},$ Emergency and Trauma Surgery Department, Papa Giovanni XXIII Hospital, Bergamo, Italy

Coccolini et al. World Journal of Emergency Surgery (2019) 14:30 https://doi.org/10.1186/s13017-019-0246-1

the physiopathologic status of the patients leads the therapeutic decision, more than the anatomy of the splenic lesions. Moreover, there are patients with high-grade splenic lesions without hemodynamic repercussions that can be managed with NOM thanks to the modern tools in bleeding management. As a counterpart, there exists a cohort of patients with hemodynamic instability requiring urgent surgical intervention due to low-grade splenic injuries. In May 2017, during the World Society of Emergency Surgery (WSES) World Congress in Campinas, Brazil, the final version of the WSES guidelines on spleen trauma was approved (Fig. 1) [5]. The WSES grading system takes into account both the patient's condition and the anatomy of lesions.

The aim of the present study is to evaluate the efficacy and trustfulness of the WSES classification as a tool in decision-making process during spleen trauma management.

Methods

This is an analysis of two prospectively enrolled adult patient cohorts with blunt splenic trauma managed between 2014 and 2016 in two Italian trauma centers (TC) (ASST Papa Giovanni XXIII in Bergamo and Sant'Anna University Hospital in Ferrara) stratified according to the WSES classification. Ethical committee and patients' consent to participate were waived because no personal or sensible data were recorded and no specific intervention was adopted other than the usual clinical practice. Patients' characteristics were collected (age, sex, comorbidity, ASA (American Society of Anesthesiologists) score, antiplatelet or anticoagulant therapy). Trauma mechanism of injury, patient conditions at the arrival in the emergency department (ED) (systolic blood pressure (SBP), heart rate (HR), shock index (SI), need of red blood cell (RBC) transfusion), blood gas test (pH, base excess (BE), lactates (Lac)), blood exams (CBC, platelet count, INR, fibrinogen), and eco-fast results were reported. We defined a patient "hemodynamically unstable" if, after resuscitation in the ED and without vasoactive drugs, he/she had a SBP lower than 90 mmHg, a shock index higher than 1, or a BE lower than – 5.

For patients who underwent CT at the arrival, the AAST classification for the splenic injury, the number of abdominal quadrants with hemoperitoneum, and the presence of vascular lesions (contrast blush (CB), pseudoaneurysm (PSA), arterovenous fistula (AVF)) were reported. For patients who underwent urgent surgical intervention, intraoperative (for splenectomized patients) or postoperative CT findings were registered. The Injury Severity Score (ISS) and the presence of associated abdominal, pelvic, or cerebral lesions were reported. Patients were classified according to the 2017 WSES classification. The management at the arrival (observation, distal angioembolization (AE), proximal AE, splenectomy, intraperitoneal packing, hemostasis of the splenic injury, surgical intervention for other organ lesions), the time between the arrival in the ED and the first urgent intervention, and the need of further intervention during hospital stay (AE or splenectomy) have been recorded.

It was defined OM if the patient underwent urgent surgical intervention at the arrival at the ED and if during the surgical procedure, a splenectomy or a hemostatic splenic technique (e.g., splenic packing or splenorrhaphy) was performed. The NOM could include AE or not. Failure of NOM (fNOM) was defined as the

SPLEEN				
		WSES class	AAST	Haemodynamic
	MINOR	WSES I	I - II	Stable
		WSES II	III	Stable
	MODERATE	WSES III	IV - V	Stable
	SEVERE	WSES IV	I-V	Unstable
Fig. 1 WSES Spleen trau	ma classification	1	1	

 Table 1 Patient characteristics

Table 1 Patient characteristics (Continued)

Characteristics	N = 124 Mean ± SD Median (range)	Characteristics	N = 124 Mean ± SD Median (range)		
Age (years)	50.23 ± 18.36		0.00		
	48.68		(0.00-4.00)		
	(17.00–91.00)	Positive eco-fast	62 (50.0%)		
M/F	91/33	Negative eco-fast negativa	44 (35.5%)		
	(73.4%/26.6%)	N.A.	18 (14.2%)		
Trauma mechanism of injury		AAST 1	3 (3.2%)		
-Invested pedestrian	11 (8.9%)	AAST 2	48 (38.7%)		
-Car	38 (30.6%)	AAST 3	34 (27.4%)		
-Motorbike	39 (31.5%)	AAST 4	30 (24.2%)		
-Bike	5 (4.0%)	AAST 5	5 (4.0%)		
-Precipitation	17 (13.7%)	N.A.	3 (2.4%)		
-Others	14 (11.3%)	AAST > 3	35 (28.2%)		
ISS	27.93 ± 13.02	$AAST \leq 3$	87 (70.2%)		
	27.00	WSES I	44 (35.5%)		
	(5.00–75.00)	WSES II	27 (21.8%)		
HR at arrival in ED (bpm)	90.27 ± 20.27	WSES III	18 (14.5%)		
	88.00	WSES IV	30 (24.2%)		
	(48.00-145.00)	N.A.	5 (4.0%)		
SBP at arrival in ED (mmHg)	113.91 ± 25.00	WSES IV	30 (24.2%)		
-	117.00	WSES < IV	89 (71.8%)		
	(53.00-170.00)	Presence of CB	33 (26.6%)		
рН	7.31 ± 0.12	Absence of CB	74 (59.7%)		
	7.33	N.A.	17 (13.7%)		
	(6.80–7.47)	Presence of PSA/FAV	4 (3.2%)		
BE (mmol/L)	-3.23 ± 3.43	Absence of PSA/FAV	101 (81.5%)		
	- 2.8	N.A.	19 (15.3%)		
	(-14.50 to + 2.10)	Number of quadrants with hemoperitoneum	1.59 ± 1.45		
Lac	3.20 ± 1.87		1.00 (0.00-5.00)		
	2.92	Associated abdominal and pelvic lesions	58 (46.8%)		
	(0.80-9.24)	No associated abdominal and pelvic lesions	66 (53.2%)		
Hb (g/dL)	12.53 ± 2.53	Associated brain injuries	24 (19.4%)		
-	12.95	No associated brain injuries	100 (80.6%)		
	(3.30–16.80)	M/F male/female, ISS Injury Severity Score, HR heart r	ate, N.A. not available,		
INR (s)	1.37 ± 0.72	SBP systolic blood pressure, ED emergency departme lactates, Hb hemoglobin, RBC red blood cell, AAST Am			
	1.16	the Surgery of Trauma, WSES World Society of Emerg			
	(0.66–5.93)	blush, INR International Normalized Ratio			
Fibrinogen (mg/dL)	231.66 ± 122.74	need of performing a splenectomy af	ter starting NOM.		
	210.00	To validate the 2017 WSES classificati	-		
	(26.00-1120.00)	for OM at the arrival of the patient an	d for OM as a de-		
Platelets (× 10^3 /mL)	218.92 ± 72.27	finitive treatment (including both	-		
	220.00	with OM at the arrival and patients operated			
	(55.00-460.00)	fNOM) have been analyzed. It was verified if the WSES grade was a risk factor for OM at the arriv			
Number of RBC units transfused in ED	0.48 ± 0.96	and as a definitive treatment for a			
		blunt anonia trauma	rent Patiento With		

blunt splenic trauma.

Table 2 Patient outcomes

Variable	N = 124 Mean±SD Median (range)
NOM	66 (53.2%)
OM	58 (46.0%)
-Splenectomy	49 (84.5%)
-Packing/hemostasis	9 (15.5%)
Splenic preservation rate	67 (54.0%)
AE	22 (17.8%)
-Proximal	8 (36.4%)
-Distal	11 (50.0%)
-Distal + proximal	2 (9.1%)
-N.A.	1 (4.5%)
Time between arrival at the ED and	207.65 ± 295.76
the first therapeutic procedure (min)	145.00
	(15.00–1920.00)
Length of ICU stay (days)	9.76 ± 14.94
	5.00
	(0.00-87.00)
Total length of stay (days)	20.01 ± 18.21
	14.00
	(0.50–90.00)
fNOM ($N = 63$)	8 (12.7%)
Complications	47 (41.2%)
Global mortality	13 (10.5%)
Specific mortality	0 (0.0%)

NOM non-operative management, OM operative management, N.A. not available, fNOM failure of non-operative management, ICU intensive care unit

Statistical analysis

Continuous variables were expressed as mean and standard deviation; categorical data were expressed as proportions and percentages. t test was used for continuous variables with normal distribution and the Mann-Whitney test for non-normal distribution variables. Parametric variables were compared with chi-square test. Multivariate models were calculated with the linear logistic regression method including all the variables resulted significantly associated (p < 0.05) with the selected outcome at univariate analysis. All the statistical analysis was performed with IBM SPSS 20 (IBM Corp. released 2011; IBM SPSS Statistics for Windows, Version 20.0; Armonk, NY: IBM Corp.).

Results

The study includes 124 patients older than 17 years with blunt splenic lesion, of whom 66 managed in ASST Papa Giovanni in Bergamo and 58 in Sant'Anna University Hospital in Ferrara. The two groups of patients were similar in terms of epidemiological features, trauma mechanism of injury, ISS, and splenic injury grade. Patient characteristics are reported in Table 1.

NOM rate was 53.2% (66 patients) and OM rate 46.0% (58 patients). Among OM patients, we had 84.5% (49 patients) of patients treated with splenectomy and 15.5% (9 patients) with hepatic and splenic packing (in patients with hepatic lesion associated) and/or splenic hemostasis (Table 2).

Among NOM patients, 22 underwent AE (17.8% of total patients and 33.3% of NOM patients) at the arrival or during the hospital stay (Table 2).

Risk factors for OM at the arrival of patient in the ED, including the WSES splenic injury grade, were analyzed with univariate (Table 3) and multivariate (Table 4) analysis.

At the multivariate analysis, the WSES IV splenic injury grade was found as the only one risk factor for OM at the arrival of patients (OR 5.44, p = 0,049) (Table 4).

The risk factors for OM as a definitive treatment were analyzed, including both patients treated with OM at the arrival in the ED and patients operated for fNOM. The OM was applied on 53.2% of patients as a definitive treatment.

Risk factors emerging from univariate and multivariate analyses are shown in Tables 5 and 6.

The WSES grade IV (OR 7.22, p = 0,029) and ISS value higher than 25 (OR 5.75, p = 0,013) were found as the only significant risk factors at the multivariate analysis (Table 6).

The previous analysis showed as OM rate, both at the arrival of patient and as a definitive treatment, increased with the increasing of the WSES splenic injury grade, in particular for the WSES grade IV compared with lower grade (Figs. 2 and 3).

The present study verified also if the AAST and WSES classifications were predictive for AE at the arrival of patient with splenic injury or during hospital stay. While an AAST grade higher than 3 was not a significant risk factor for AE (AAST >3 (20.0%) vs AAST \leq 3 (17.2%), n.s.), a WSES splenic injury grade of III was found as a significant risk factor (WSES 3 (38.9%) vs WSES 1-2-4 (13.9%), p = 0.010).

Discussion

After the introduction of AE and the modern tools in bleeding management, the NOM failure rate decreased from 23-67% to 4-42% [6–10] and it was no longer associated with the AAST injury grade (i.e., anatomical degree of lesion) [11]. So it has been accepted that the physiopathologic status of the patients, more than the anatomy of the splenic lesions, should lead the therapeutic decision in splenic

Variable	Mean ± SD Median	p value		
	NOM	OM		
Age < 55 years	42.3%	57.7%	n.s.	
Age > 55 years	50.0%	50.0%		
Age (years)	50.54 ± 18.17	49.87 ± 18.73	n.s.	
	49.35 (18.00–91.00)	48.00 (17.00-85.60)		
No anticoagulant/antiplatelet drugs	48.8%	51.2%	n.s.	
Anticoagulant/antiplatelet drugs	40.0%	60.0%		
HR (mean ± SD)	85.95 ± 18.66	95.24 ± 21.07	0.009	
Median (range) (bpm)	80.00 (48.00– 133.00)	95.00 (55.00– 145.00)		
HR < 120 bpm	58.7%	41.3%	n.s.	
HR > 120 bpm	46.8%	53.2%		
SBP(mmHg)	120.40 ± 21.35	106.51 ± 26.92	0.002	
	120.00 (70.00– 170.00)	105.00 (53.00– 167.00)		
SBP > 90 mmHg	60.4%	39.6%	0.001	
SBP < 90 mmHg	21.7%	78.3%		
Shock index < 1	60.2%	39.8%	0.002	
Shock index > 1	26.9%	73.1%		
AAST 1	100.0%	0.0%	< 0.001	
AAST 2	81.3%	18.7%		
AAST 3	44.1%	55.9%		
AAST 4	26.7%	73.3%		
AAST 5	0.0%	100.0%		
AAST ≤ 3	66.7%	33.3%	< 0.001	
AAST > 3	22.9%	77.1%		
WSES I	86.4%	13.6%	< 0.001	
WSES II	44.4%	55.6%		
WSES III	44.4%	55.6%		
WSES IV	20.0%	80.0%		
WSES I-II-III	63.8%	36.2%	< 0.001	
WSES IV	20.0%	80.0%		
ISS	24.38 ± 12.68	32.05 ± 12.27	< 0.001	
	22.00 (5.00–75.00)	29.00 (9.00–66.00)		
ISS < 25	72.0%	28.0%	0.001	
ISS > 25	40.9%	59.1%		
Lac	3.01 ± 1.90	3.51 ± 1.85	n.s.	
	2.66 (0.80–9.24)	3.08 (1.30-8.00)		
BE (mmol/L)	-3.34 ± 3.82	-3.06 ± 2.88	n.s.	
	- 2.80 (- 14.50- 2.10)	- 2.90 (- 9.50- 1.80)		
рН	7.32 ± 0.07	7.28 ± 0.16	n.s.	
	7.34 (7.13–7.43)	7.29 (6.80–7.47)		
Hb (g/dL)	13.31 ± 2.33	11.39 ± 2.63	< 0.001	
	13.60 (5.60–16.80)	11.70 (3.30–16.40)		
Hb > 12 g/dL	66.7%	33.3%	0.001	
Hb ≤ 12 g/dL	37.9%	62.1%		

Table 3 Univariate analysis of risk factors for OM at the arriva	I
of patient at the ED	

 Table 3
 Univariate analysis of risk factors for OM at the arrival of patient at the ED (Continued)

Variable	Mean ± SD Media	p value		
	NOM	OM		
BE > - 5 mmol/L	57.7%	42.3%	n.s.	
BE < – 5 mmol/L	66.7%	33.3%		
Brain injuries	41.7%	58.3%	n.s.	
No brain injuries	56.0%	44.0%		
Associated abdominal lesions	44.8%	55.2%	n.s.	
No associated abdominal lesions	60.6%	39.4%		
Trauma mechanism of injury			n.s.	
-Invested pedestrian	72.7%	27.3%		
-Car	44.7%	55.3%		
-Motorbike	56.4%	43.6%		
-Bike	60.0%	40.0%		
-Precipitation	52.9%	47.1%		
-Others	50.0%	50.0%		
Contrast blush	42.4%	57.6%	0.010	
No contrast blush	68.9%	31.1%		
Pseudoaneurysm	50.0%	50.0%	n.s.	
No pseudoaneurysm	61.4%	38.6%		
Hemoperitoneum at TC	54.4%	45.6%	n.s.	
Number of quadrants with hen	noperitoneum			
- > 1	42.0%	58.0%	< 0.001	
- ≤ 1	69.4%	30.6%		
INR (s)	1.12 ± 0.15	1.69 ± 1.11	0.001	
	1.15 (0.66–1.38)	1.23 (1.04–5.05)		
INR > 1.5 s	23.5%	76.5%	0.014	
INR < 1.5 s	55.7%	44.3%		
Fibrinogen (mg/dL)	215.52 ± 53.98	168.23 ± 67.51	0.020	
	205.00 (156.0– 491.00)	173.00 (26.00– 260.00)		
Fibrinogen ≤ 200 mg/dL	38.1%	61.9%	0.031	
Fibrinogen > 200 mg/dL	60.4%	39.6%		
PLT/mm ³	217.38 ± 49.76	198.29 ± 83.93	n.s.	
	220.00 (137.00– 315.00)	190.00 (156.00– 401.00)		
Positive eco-fast	33.9%	66.1%	< 0.001	
Negative eco-fast	72.7%	27.3%		
RBC transfusion at the ED	34.6%	65.4%	0.032	
No RBC transfusion at the ED	58.2%	41.8%		

ISS Injury Severity Score, HR heart rate, SBP systolic blood pressure, ED emergency department, BE base excess, Lac lactates, Hb hemoglobin, RBC red blood cell, AAST American Association for the Surgery of Trauma, WSES World Society of Emergency Surgery, PLT platelet, INR International Normalized Ratio

trauma. Furthermore, many studies [8, 12-16] showed that the vascular lesions (CB, PSA, AVF), which have significant incidence also in low-grade injuries [12, 16], were predictive factors for NOM failure and that they should be considered indications to

Table 4 Multivariate analysis of risk factors for OM at the arrival of patient at the ED

Variables	p value	OR
ISS > 25	n.s.	/
Contrast blush	n.s.	/
Positive e-fast	n.s.	/
RBC transfusion in ED	n.s.	/
Fibrinogen ≤ 200 mg/dL	n.s.	/
INR > 1.5 s	n.s.	/
Quadrants with hemoperitoneum > 1	n.s.	/
$Hb \leq 12 \text{ g/dL}$	n.s.	/
WSES IV	0.049	5.44

ISS Injury Severity Score, CB contrast blush, ED emergency department, RBC red blood cell, SI shock index, AAST American Association for the Surgery of Trauma, Hb hemoglobin, WSES World Society of Emergency Surgery, INR International Normalized Ratio

AE. Vascular lesions are not considered in the AAST classification. The WSES spleen trauma classification considers both the anatomical injury grade and the clinical conditions of the patients, so it can be considered as a complete tool to lead splenic trauma management, especially if associated to dedicated guidelines. From the analysis emerged, all the factors related to OM and fNOM are those linked to the physiology of the patients and more than the anatomy. AAST classes related to the OM + fNOM mainly for the anatomical basis that represents a proxy even of the physiological conditions. WSES classes consider even the physiology from the beginning, and in fact, the patient stratification is slightly different (Table 5).

Actually, in fact, the possibility to not operate spleen trauma and to manage them with NOM is becoming mandatory in right patients and in all those systems where enough facilities are present. The NOM percentage can furthermore be considered as a proxy of the preparedness of the system to manage with severe trauma with advanced strategies, allowing preserving as many patients as possible from operative procedures. To obtain this result is necessary to set a system where classification and management of traumatized patients are driven by updated patient stratification tool and guidelines. Present classification associated to the last released guidelines might definitively allow for an improvement in spleen injured patient management. As showed in the analysis, in fact, it more strictly adheres to the necessities of the common clinical practice. As a counterpart, however, the variability within the different members even from a single department accounts for the real life data.

Population of the present study represents the typical case mix of two Italian trauma centers. The cases presented in Italy are the most part victim of blunt trauma. In general, few penetrating traumas are treated in Italian hospitals. The NOM rate reported in literature ranged from 60 to 95% [17-20] and includes both studies conducted in structures with local protocols for splenic trauma management and study conducted in structures in which trauma management was based on the single surgeon experience and common sense. Present study renders the actual situation in management of splenic injury in trauma centers without the application of a shared guideline, and so it gives a good representation of the real situation. The NOM rate is 53.2%, and it can be considered a not-high rate. In fact, even patients with low injury grade were splenectomized. Present data showed, even in this context, as the WSES spleen injury grade IV is a significant risk factor for OM, both at the arrival of the patients and as a definitive treatment. Furthermore, a WSES spleen injury grade III is a risk factor for AE (WSES 3 (38.9%) vs WSES 1-2-4 (13.9%), p = 0.010). WSES grade IV represents the only factor related to the OM as management at the patient admission. In fact, the hemodynamic status is the only determinant of the necessity to proceed to operating room. The anatomical grade of damage is not influent on the emergency management in presence of hemodynamic instability at admission. However, the relative high OM rate, also in lower injury grade (OM rate is 36.2% in WSES I,I, and III injury grade), reflects the need for standardized and widely shared guideline in order to increase conservative management. Even if in presence of such a big variability in patient management, the WSES classification showed to be effective in driving the management. Therefore, the benefits deriving from the use the WSES trauma spleen classification could have their greatest expression if associated with the application of the widely

sion if associated with the application of the widely approved WSES spleen trauma guidelines. Their combined large-scale application could realistically increase successful NOM rate and improve the spleen trauma management.

The limitations of this study are that this is an observational study, even if prospective, and that patients did not have isolated spleen injury and so the associated lesions could have partially influenced results; however, as said, it reports the reality in the trauma centers' daily practice. As a counterpart, however, this study stresses the necessity to diffuse and apply a common way to proceed. This will allow to reduce the number of operated patients and to improve the management quality by reducing even the short- and long-term morbi-mortality of unnecessary laparotomies and splenectomies.

Table 5 Univariate analysis for OM as a definitive treatment (Continued)

Characteristics	Mean ± SD Median (range)		<i>p</i> value	
	Successful NOM	OM + fNOM		
WSES I	79.5%	20.5%	< 0.001	
WSES II	33.3%	66.7%		
WSES III	27.8%	72.2%		
WSES IV	13.3%	86.7%		
ASST 1	100.0%	00.0%	< 0.001	
ASST 2	68.8%	31.2%		
ASST 3	35.3%	64.7%		
ASST 4	16.7%	83.3%		
ASST 5	0.0%	100.0%		
WSES I-II-III	53.2%	46.8%	< 0.001	
WSES IV	13.3%	86.7%		
ASST ≤ 3	56.3%	43.7%	< 0.001	
ASST > 3	14.3%	85.7%		
Age (years)	48.79 ± 17.94	51.36 ± 18.74	n.s.	
	47.63 (18.00– 87.00)	49.00 (17.00– 91.00)		
No anticoagulant/ antiplatelet drugs	39.29%	60.71%	n.s.	
Anticoagulant/antiplatelet drugs	40.00%	60.00%		
HR (bpm)	85.57 ± 17.94	93.87 ± 21.32	0.039	
	85.00 (48.00– 133.00)	90.00 (55.00– 145.00)		
HR < 120 bpm	48.00%	52.00%	n.s.	
HR > 120 bpm	38.30%	61.70%		
SBP (mmHg)	122.21 ± 20.18	107.54 ± 26.57	0.001	
	120.00 (70.00– 170.00)	110.00 (53.00– 167.00)		
SBP > 90 mmHg	50.5%	49.5%	< 0.001	
SBP < 90 mmHg	13.0%	87.0%		
Shock index < 1	51.0%	49.0%	0.021	
Shock index > 1	15.4%	84.6%		
ISS	21.89 ± 10.25	32.81 ± 13.02	< 0.001	
	22.00 (5.00-48.00)	29.00 (9.00– 75.00)		
ISS < 25	70.0%	30.0%	< 0.001	
ISS > 25	26.8%	73.2%		
Lactate	2.99 ± 1.96	3.45 ± 1.78	n.s.	
	2.44 (0.80–9.24)	3.08 (1.27-8.00)		
BE (mmol/L)	-3.07 ± 3.87	-3.40 ± 2.94	n.s.	
	- 2.80 (- 14.50- 2.10)	- 3.10 (- 9.50- 1.80)		
рН	7.32 ± 0.08	7.29 ± 0.15	n.s.	
	7.34 (7.13–7.43)	7.31 (6.80–7.47)		
Hb (g/dL)	13.78 ± 1.88	11.29 ± 2.66	< 0.001	
	14.1 (10.10–16.80)			
Hb ≤ 12 g/dL	24.1%	75.9%	< 0.001	

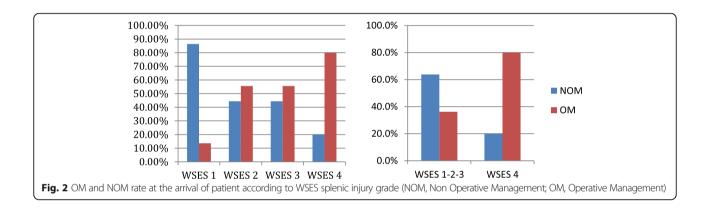
Characteristics	Mean ± SD Mediar	p value		
	Successful NOM	OM + fNOM		
Hb > 12 g/dL	60.6%	39.4%		
BE > – 5 mmol/L	57.7%	42.3%	n.s.	
BE < – 5 mmol/L	50.0%	50.0%		
Brain injuries	29.2%	70.8%	n.s.	
No brain injuries	47.0%	53.0%		
Associated abdominal lesions	36.2%	63.8%	n.s.	
No associated abdominal lesions	50.0%	50.0%		
Trauma dynamic			n.s.	
-Invested pedestrian	45.5%	54.5%		
-Car	26.3%	73.7%		
-Motorbike	53.9%	46.1%		
-Bike	60.0%	40.0%		
-Precipitation	52.9%	47.1%		
-Others	42.9%	57.1%		
Contrast blush	33.3%	66.7%	0.025	
No contrast blush	56.8%	43.2%		
Pseudoaneurysm	25.0%	75.0%	n.s.	
No pseudoaneurysm	50.5%	49.5%		
Hemoperitoneum at CT scan	43.0%	57.0%	n.s.	
Number of quadrants with he	emoperitoneum at (CT scan		
-> 1	30.0%	70.0%	0.001	
-≤ 1	59.7%	40.3%		
INR (s)	1.11 ± 0.15	1.59 ± 1.02	0.001	
	1.15 (0.66–1.38)	1.18 (1.04–5.05)		
INR > 1.5 s	11.8%	88.2%	0.002	
INR < 1.5 s	48.5%	51.5%		
Fibrinogen (mg/dL)	221.06 ± 57.54	172.76 ± 62.17	n.s.	
	216.00 (156.00– 401.00)	175.00 (26.00– 260.00)		
PLT/mm ³	218.82 ± 47.96	200.76 ± 79.31	n.s.	
	220.00 (137.00– 315.00)	190.00 (55.00– 302.00)		
Positive eco-fast	29.0%	71.0%	0.002	
Negative eco-fast	59.1%	40.9%		
RBC transfusion at the ED	11.5%	88.5%	< 0.001	
No RBC transfusion at the ED	53.0%	47.0%		

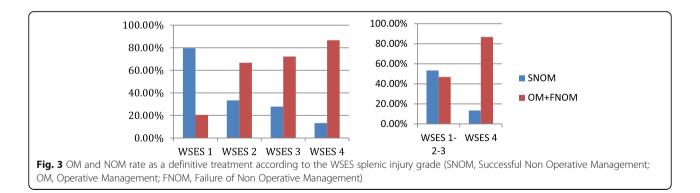
ISS Injury Severity Score, HR heart rate, SBP systolic blood pressure, ED emergency department, BE base excess, Lac lactates, Hb hemoglobin, RBC red blood cells, AAST American Association for the Surgery of Trauma, WSES World Society of Emergency Surgery, PLT platelet, CB contrast blush, PSA pseudoaneurysms, INR International Normalized Ratio

Table 6 Multivariate	analysis	of risk	factors	for	OM	as a
definitive treatment						

	-	
Variables	<i>p</i> value	OR
INR > 1.5 s	n.s.	/
RBC transfusion in ED	n.s.	/
$Hb \leq 12 \text{ g/dL}$	n.s.	/
ISS > 25	0.013	5.75
Contrast blush	n.s.	/
Positive e-fast	n.s.	/
Quadrants with hemoperitoneum > 1	n.s.	/
WSES IV	0.029	7.22

ISS Injury Severity Score, ED emergency department, *RBC* red blood cell, *SI* shock index, *AAST* American Association for the Surgery of Trauma, *Hb* hemoglobin, *WSES* World Society of Emergency Surgery, *CB* contrast blush, *INR* International Normalized Ratio





Conclusions

The WSES classification is a good and reliable tool in the decision-making process in splenic trauma management.

Abbreviations

AAST: American Association for the Surgery of Trauma; AE: Angioembolization; AG: Angiography; ASA: American Society of Anesthesiologists; AVF: Arterovenous fistula; BE: Base excess; CB: Contrast blush; ED: Emergency department; fNOM: Failure of non-operative management; HR: Heart rate; INR: International normalized ration; LAC: Lactates; NOM: Non-operative management; OIS: Organ Injury Severity Score; OM: Operative management; OR: Odds ratio; PSA: Pseudoaneurysm; RBC: Red blood cell; RR: Risk ratio; SBP: Systolic blood pressure; SI: Shock index; SNOM: Successful non-operative management; TC: Trauma center; WSES: World Society of Emergency Surgery

Acknowledgements

Not applicable

Authors' contributions

FeCo, PF, LM, and MC contributed to the manuscript conception, literature revision, and analysis. LA, FaCa, SM, YK, and GLB helped with the analysis.

FeCo and PF drafted the paper that was critically reviewed by MS, SO, MT, NA, and SM. All the authors read and approved the final version of the manuscript.

Funding

None

Availability of data and materials

Not applicable

Ethics approval and consent to participate Not applicable

Consent for publication

Not applicable

Competing interests

The authors declare that they have no competing interests.

Author details

¹General, Emergency and Trauma Surgery Department, Bufalini Hospital, Viale Ghirotti 268, 47521 Cesena, Italy. ²General, Emergency and Trauma Surgery Department, Papa Giovanni XXIII Hospital, Bergamo, Italy. ³General and Emergency Surgery Department, Sant'Anna University Hospital, Ferrara, Italy. ⁴Emergency and Trauma Surgery, Rambam Medical Centra, Haifa, Israel. ⁵General Surgery, Macerata Hospital, Macerata, Italy. ⁶Department of Clinical and Experimental Sciences, University of Brescia, Brescia, Italy. ⁷Emergency Surgery Department, Parma University Hospital, Parma, Italy.

Received: 30 January 2019 Accepted: 22 May 2019 Published online: 17 June 2019

References

- Moore EE, Cogbill TH, Jurkovich GJ, Shackford SR, Malangoni MA, Champion HR. Organ injury scaling: spleen and liver (1994 revision). J Trauma. 1995; 38(3):323–4.
- Peitzman AB, Heil B, Rivera L, Federle MB, Harbrecht BG, Clancy KD, Croce M, Enderson BL, Morris JA, Shatz D, Meredith JW, Ochoa JB, Fakhry SM, Cushman JG, Minei JP, McCarthy M, Luchette FA, Townsend R, Tinkoff G, Block EF, Ross S, Frykberg ER, Bell RM. Blunt splenic injury in adults: multiinstitutional study of the Eastern Association for the Surgery of Trauma. J Trauma. 2000;49(2):177–87.
- Tinkoff G, Esposito TJ, Reed J, Kilgo P, Fildes J, Pasquale M, Meredith JW. American Association for the Surgery of Trauma Organ Injury Scale I: spleen, liver, and kidney, validation based on the National Trauma Data Bank. J Am Coll Surg. 2008;207(5):646–55.
- Bhangu A, Nepogodiev D, Lal N, Bowley DM. Meta-analysis of predictive factors and outcomes for failure of non-operative management of blunt splenic trauma. Injury. 2012;43(9):1337–46.
- Coccolini F, Montori G, Catena F, Kluger Y, Biffl W, Moore EE, et al. Splenic trauma: WSES classification and guidelines for adult and pediatric patients. World J Emerg Surg. 2017;12:40.
- Haan JM, Bochicchio GV, Kramer N, et al. Nonoperative management of blunt splenic injury: a 5-year experience. J Trauma. 2005;58(3):492–8.
- Smith HE, Biffl WL, Majercik SD, et al. Splenic artery embolization: have we gone too far? J Trauma. 2006;61(3):541–4.
- Gavant ML, Schurr M, Flick PA, Croce MA, Fabian TC, Gold RE. Predicting clinical outcome of nonsurgical management of blunt splenic injury: using CT to reveal abnormalities of splenic vasculature. AJR Am J Roentgenol. 1997;168(1):207–12.
- Bhullar IS, Frykberg ER, Tepas JJ 3rd, et al. At first blush: absence of computed tomography contrast extravasation in grade IV or V adult blunt splenic trauma should not preclude angioembolization. J Trauma Acute Care Surg. 2013;74(1):105–11.
- Skattum J, Naess PA, Eken T, et al. Refining the role of splenic angiographic embolization in high-grade splenic injuries. J Trauma Acute Care Surg. 2013; 74(1):100–3.
- Requarth JA, D'Agostino RB Jr, Miller PR. Nonoperative management of adult blunt splenic injury with and without splenic artery embolotherapy: a meta-analysis. J Trauma. 2011;71(4):898–903.

- Marmery H, Shanmuganathan K, Mirvis SE, Richard H, Sliker C, Miller LA, et al. Correlation of multidetector CT findings with splenic arteriography and surgery: prospective study in 392 patients. J Am Coll Surg. 2008;206:685–93.
- Boscak AR, Shanmuganathan K, Mirvis SE, et al. Optimizing trauma multidetector CT protocol for blunt splenic injury: need for arterial and portal venous phase scans. Radiology. 2013;268(1):79–88.
- Schurr MJ, Fabian TC, Gavant M, Croce MA, Kudsk KA, Minard G, Woodman G, Pritchard FE. Management of blunt splenic trauma: computed tomographic contrast blush predicts failure of nonoperative management. J Trauma. 1995;39(3):507–12 discussion 512–3.
- Shanmuganathan K, Mirvis SE, Boyd-Kranis R, Takada T, Scalea TM. Nonsurgical management of blunt splenic injury: use of CT criteria to select patients for splenic arteriography and potential endovascular therapy. Radiology. 2000;217(1):75–82.
- Marmery H, Shanmuganathan K, Alexander MT, et al. Optimization of selection for nonoperative management of blunt splenic injury: comparison of MDCT grading systems. AJR Am J Roentgenol. 2007;189(6):1421–7.
- Scarborough JE, Ingraham AM, Liepert AE, Jung HS, O'Rourke AP, Agarwal SK. Nonoperative management is as effective as immediate splenectomy for adult patients with high-grade blunt splenic injury. J Am Coll Surg. 2016;223(2):249– 58. https://doi.org/10.1016/j.jamcollsurg.2016.03.043. Epub 2016 Apr 23.
- Olthof DC, van der Vlies CH, Goslings JC. Evidence-based management and controversies in blunt splenic trauma. Curr Trauma Rep. 2017;3:32–7. https:// doi.org/10.1007/s40719-017-0074-2.
- Cadeddu M, Garnett A, Al-Aneni K, et al. Management of spleen injuries in the adult trauma population: a ten-year experience. Can J Surg. 2006;49:386–90.
- Skattum J, Loekke RJV, Titze TL, Bechensteen AG, Aaberge IS, Osnes LT, et al. Preserved function after angioembolisation of splenic injury in children and adolescents: a case control study. Injury. 2014;45:156–9.

Publisher's Note

Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Ready to submit your research? Choose BMC and benefit from:

- fast, convenient online submission
- · thorough peer review by experienced researchers in your field
- rapid publication on acceptance
- support for research data, including large and complex data types
- gold Open Access which fosters wider collaboration and increased citations
- maximum visibility for your research: over 100M website views per year

At BMC, research is always in progress.

Learn more biomedcentral.com/submissions

