

1 **Magnetic resonance imaging criteria for the assessment of the rotator cuff after repair: a**  
2 **systematic review and quality assessment of reliability studies**

3

4

5

6

7 **Abstract**

8

9 **Purpose:** To perform a systematic review of the literature on magnetic resonance (MR) criteria for the  
10 assessment of rotator cuff after repair and summarize risk of bias and results of intra and interobserver  
11 reliability studies.

12 **Methods:** Search was performed using major electronic databases from their inception to February 2014.  
13 All studies reporting postoperative MR assessment after rotator cuff repair were included. After the  
14 identification of available MR criteria, reliability studies were further analyzed. Descriptive statistics  
15 were used to summarize findings. Methodological quality was assessed using the Quality Appraisal of  
16 Reliability Studies (QAREL) checklist.

17 **Results:** One hundred twenty studies were included in the review. Twenty six different criteria were  
18 identified. Each criterion was evaluated through presence/absence or a dedicated classification. Ten  
19 studies reported interobserver reliability and only two assessed intraobserver reliability of some of the  
20 identified criteria. Structural integrity was the most investigated topic. The dichotomization of Sugaya's  
21 classification showed the highest correlation ( $k= 0.80-0.91$ ). All other criteria showed moderate to low  
22 interobserver reliability. Tendon signal intensity and footprint coverage showed a complete discordance.  
23 Intraobserver agreement was high for the presence of structural integrity; moderate to low for all other  
24 criteria. Methodological quality was high only for one study and moderate for 3 studies.

25 **Conclusion:** Twenty six different criteria, further described by multiple classification systems, have been  
26 identified for the MR assessment of rotator cuff after repair. Reliability of most of them has not been analyzed yet.  
27 With the data available, only the presence of structural integrity showed substantial intra and interobserver  
28 agreement.

29 **Keywords:** magnetic resonance, rotator cuff repair, interobserver and intraobserver reliability

30

31 **INTRODUCTION**

32

33

34 Healing of rotator cuff tendons after surgical repair is problematic, especially for large and massive  
35 tears [19, 35]. Although clinical outcome of rotator cuff repair seems not to be predicted by tendon  
36 healing, some studies have documented that tendon healing is associated with greater functional  
37 improvement than tendon non-healing or re-tear [25, 143].

38 Several prognostic factors have been identified in rotator cuff surgery that may influence clinical and  
39 structural outcome of the repair, some of which can only be assessed with imaging studies. Different  
40 imaging modalities are used for the preoperative and postoperative evaluation of the rotator cuff, such  
41 as: ultrasounds (US), computed tomography (CT), magnetic resonance (MR), CT-arthrography (CTA)  
42 and MR-arthrography (MRA) [89, 125, 136]. Recent studies [36, 54, 141, 155] showed that US and MR are  
43 comparable in both sensitivity and specificity for diagnosing a rotator cuff tear. However, US accuracy  
44 is still strictly dependent on radiologist experience [116]. CT and CTA are less accurate than MR and are  
45 usually recommended only in patients who cannot undergo MR examination [14]. MRA is the most  
46 sensitive and specific technique for diagnosing both full- and partial-thickness rotator cuff tears and re-  
47 tears [24, 155]. However, as MRA is more expensive, time-consuming and invasive than MR, the latter  
48 remains the most commonly used imaging modality for the assessment of rotator cuff before and after  
49 surgery.

50 Although the evaluation of tendon integrity remains the most relevant imaging information at follow-up,  
51 MR also allows the evaluation of some other outcomes, such as: the size of re-tear, muscle atrophy and  
52 fatty infiltration [30, 83, 99, 101], which may explain the reasons for the observed discrepancy between  
53 clinical and anatomical results.

54 Several classifications have been reported in the literature for MRI assessment of the rotator cuff after  
55 repair, but no clear information is available on the reliability of these outcome measurements. The  
56 purpose of the present systematic review was threefold: to identify all the MR criteria available in the  
57 literature for the assessment of rotator cuff after repair; to summarize available data on reliability of  
58 identified criteria, and to assess methodological quality of reliability studies.

59

## 60 **METHODS**

61

62 This systematic review was conducted following the PRISMA guideline (Preferred Reporting Items for  
63 Systematic Reviews and Meta-Analyses) [107].

64

### 65 *Literature search*

66 Two authors independently searched the major electronic databases to identify studies which reported  
67 postoperative MR assessment following rotator cuff repair. There were no restrictions on the date of  
68 publication or language. This search was applied to MEDLINE through OVID (1948 to February  
69 2014), and adapted for EMBASE (1988 to February 2014). To minimize the number of missed studies,  
70 no filters were applied to the search strategy (see **Appendix A**). Studies with levels of evidence I, II,  
71 III, and IV were included. Articles designated as E-published only as well as E-published ahead of print  
72 were included. All studies enrolling people of any age who underwent rotator cuff repair and reporting  
73 postoperative MR assessment of the rotator cuff were included.. No restrictions on surgical technique  
74 were applied; therefore, studies reporting MR imaging outcomes following open, mini-open or  
75 arthroscopic rotator cuff repair were considered. Studies that included different postoperative imaging

76 modalities were allowed, with only the data from MR evaluation included in this analysis. Exclusion  
77 criteria were evaluation of repair of isolated subscapularis tears and revision surgeries. Literature  
78 reviews, editorial pieces and expert opinions were also excluded.  
79 References within included studies and review articles were manually cross-referenced for potential  
80 inclusion if omitted from the initial search.  
81 In cases of disagreement of paper inclusion/exclusion at any stage of the selection process, a consensus  
82 was reached through discussion or, if not possible, by arbitration from the senior author. Titles of  
83 journals, names of authors or supporting institutions were not masked at any stage.

84

#### 85 *Data extraction and analysis*

86 The same reviewers independently extracted available data from all eligible studies using a piloted form.  
87 Information gathered included the following study characteristics: authors and year of publication, MR  
88 setting (magnetic field strength and sequences obtained), semi-quantitative or qualitative MR criteria;  
89 precise definitions of the criteria; normal and abnormal values (if applicable), data reflecting the  
90 reproducibility of results such as the intra- and inter-observer reliability of each semi-quantitative or  
91 qualitative MR criterion. A third author checked the extracted data.

92 In view of the studies' objectives, heterogeneous populations and outcomes investigated, descriptive  
93 statistics were used to summarize findings across all reliability studies. Although different measures of  
94 reliability are reported in the literature, according to the most accredited recommendations on  
95 measurement properties of reliability [96, 108], the following statistical methods were considered valid  
96 for the assessment of intra-observer and inter-observer reliability: Kappa (k) statistics for  
97 dichotomous/nominal/ordinal scores and intraclass correlation coefficients (ICCs) for continuous scores.

98 Magnitude of agreement between repeated observations was interpreted according to the values of k  
99 coefficients and ICCs as follows: < 0 as absent (complete discordance between observations), 0–0.20 as  
100 poor, 0.21–0.40 as fair, 0.41–0.60 as moderate, 0.61–0.80 as good, and 0.81–1 as very good [85].

101

### 102 *Methodological quality*

103 Only studies reporting intra- and/or inter-observer reliability were included in the evaluation of the study  
104 methodological quality. Methodological quality was assessed using the Quality Appraisal of Reliability  
105 Studies (QAREL) checklist [96]. It has been developed as a specific quality appraisal tool for studies of  
106 diagnostic reliability. The QAREL checklist includes 11 items that explore seven principles. Items cover  
107 the spectrum of subjects, spectrum of examiners, examiner blinding, order effects of examination,  
108 suitability of the time interval among repeated measurements, appropriate test application and  
109 interpretation, and appropriate statistical analysis. Each item is equally weighted and graded as Yes, No  
110 or Unclear based on guidelines provided [96]. The risk of bias was based on the number of positive items  
111 (scored Yes). A high risk of bias was considered if < 7 items were positive and a low risk was considered  
112 if > 8 items were positive. Seven positive items identified a moderate risk of bias [12, 140].  
113 Methodological evaluation was initially conducted independently by two reviewers and results were  
114 subsequently discussed until a completely unanimous grade was allocated to each item. If a consensus  
115 was not possible, the grade was assigned by arbitration of the senior author.

116

## 117 **RESULTS**

118

### 119 *Literature search*

120 The electronic search resulted in 3410 hits, 2283 for Medline and 1127 for Embase. After removing the  
121 duplicates and studies not eligible for inclusion based on their title and abstract, 156 studies remained.

122 Of these, 36 were excluded based on the full text. One hundred twenty studies were included in the  
123 review (**Fig. 1**).

124

#### 125 ***Included studies***

126 All the included studies reported an MRI evaluation after rotator cuff repair [2–11, 13, 15–18, 20–23,  
127 26–28, 31, 32, 34, 37–42, 44, 46–53, 55–79, 81, 82, 84, 86, 87, 90–93, 97, 98, 100, 102–106, 109, 111,  
128 113, 114, 117–124, 126, 127, 129–132, 135, 137–139, 144, 145, 147, 148, 150–152, 156–158, 161–  
129 163, 166, 167, 169]. Twenty six different criteria for the evaluation of the rotator cuff after repair have  
130 been described. Each criterion has been evaluated through a semi-quantitative method (present/absent)  
131 or a dedicated classification. Moreover, different MR settings have been used for the evaluation of the  
132 same criteria. Detailed data on study characteristics and MR criteria are reported in the **Table 1**.

133

#### 134 ***Reliability studies***

135 Only 2 studies [48, 63] reported intra-observer agreement, whereas 10 studies [7, 23, 52, 63, 73, 82, 103,  
136 104, 106, 166] reported inter-observer agreement for some of the above-mentioned criteria.

137

#### 138 ***Structural integrity***

139 Structural integrity was assessed in almost all the included studies using 7 different staging systems [22,  
140 50, 62, 98, 117, 147, 152]. Intra-observer reliability was evaluated only by 2 studies [48, 63]. Both studies  
141 dichotomized the outcome (yes or no). Hantes et al [48] showed an ICC equal to 0.96 (95% CI, 0.90-  
142 0.98), indicating an excellent reliability, whereas Khazzam et al [63] showed a k coefficient equal to  
143 0.71, indicating a good reliability. Inter-observer reliability was evaluated by 6 studies [7, 23, 52, 73, 106,

144 166]. Four studies [7, 23, 52, 166] analyzed a dichotomous outcome (yes or no). The reliability analysis  
145 showed k coefficients between 0.68 and 0.81 and Cronbach's alfa coefficient equal to 0.92 indicating  
146 good to very good reliability. Sugaya's classification [147] was evaluated by one study and it showed a  
147 good reliability (k= 0.72; 95%CI, 0.63-0.80) [73]. Two studies [73, 106] dichotomized the Sugaya's  
148 classification, as follows: type I-II were considered intact, type III-V were considered re-torn/non-healed.  
149 Kappa coefficients were between 0.80 and 0.91, indicating a very good reliability.

150

#### 151 *Footprint coverage*

152 Footprint coverage was assessed in the healed rotator cuff repair in 4 studies[9, 13, 21, 63] using 2  
153 different classifications [9, 13] . One study [63] reported intra and inter-observer reliability for Burks'  
154 classification [9]. Intra-observer reliability was poor (k=0.10). Inter-observer reliability analysis showed  
155 a complete disagreement (k=-0.01).

156

#### 157 *Tendon thickness*

158 Tendon thickness was evaluated in the healed cuff repair and compared to normal thickness in 5 studies  
159 [9, 13, 63, 82, 158] using 4 different classifications [9, 13, 82, 158]. Poor intra- (k=0.13) and inter-observer  
160 reliability (k =0.01) was found in one study [63] for Burks' classification [9].

161

#### 162 *Tendon signal intensity*

163 Tendon signal intensity was evaluated in the healed cuff repair in 7 studies [9, 13, 21, 63, 74, 82, 145] using  
164 5 different classifications [9, 13, 74, 82, 168]. Poor intra-observer reliability (k=0.09) and a complete inter-  
165 observer disagreement were reported by one study [63] for Burks' classification [9].

166

#### 167 *Partial re-tear*

168 Khazzam et al [63] defined partial-thickness re-tear location as bursal- or articular-sided. Poor intra and  
169 inter-observer reliability was found ( $k=0.06$  and  $k=0.01$ , respectively).

170

171 *Full thickness re-tear location*

172 One study [63] evaluated full-thickness re-tear location on the coronal view, as follows: greater tuberosity  
173 or musculotendinous junction Intra- and inter-observer reliability was poor ( $k=0.21$  and  $k=0.04$ ,  
174 respectively).

175

176 *Tear size*

177 The size of re-tear was reported in 12 studies [60, 61, 63, 103, 104, 109, 119, 120, 131, 151, 163, 169]. Intra-  
178 observer reliability was evaluated only by one study [63], which reported a poor to fair reliability in both  
179 sagittal and coronal planes:  $k=0.20$  and  $k=0.23$ , respectively. Inter-observer agreement was evaluated by  
180 3 studies [63, 103, 104]. The overall reliability was very different between studies. On the coronal view,  
181 Mellado et al [103, 104] showed a Pearson's correlation coefficient (PCC) of 0.90 in both studies, whereas  
182 Khazzam et al [63] reported a poor reliability ( $k =0.14$ ). Similarly, on the sagittal plane, Mellado et al  
183 [103, 104] showed PCCs between 0.8 and 0.9, whereas Khazzam et al [63] reported a  $k$  coefficient equal  
184 to 0.31, indicating a fair reliability.

185

186 *Number of tendons involved*

187 Assessment of number of tendons involved in full-thickness re-tears was reported only by one study [63].  
188 Fair intra- and inter-observer reliability ( $k=0.29$  and  $k = 0.40$ , respectively) was found for this outcome.

189

190 *Tendon retraction*

191 The amount of retraction was reported in 4 studies using 4 different classifications [16, 22, 63, 151] .  
192 Moderate inter-observer reliability ( $k=0.45$ ) was found for the classification reported by Khazzam et al  
193 [63].

194

#### 195 *Muscle atrophy*

196 Muscle atrophy was assessed on 34 studies [2, 4, 5, 15, 21, 32, 37–40, 47, 49, 56–58, 61, 63, 74, 78, 82,  
197 93, 104, 114, 119, 130, 152, 157, 161, 164, 166, 167, 169] and 8 classifications were reported [39, 49, 63,  
198 153, 159, 162, 164, 165]. Only one study reported the intra-observer reliability [63] and two studies [63,  
199 104] reported the inter-observer reliability for the Zanetti’s classification [165]. Intra-observer reliability  
200 was moderate for supraspinatus ( $k=0.52$ ) and infraspinatus ( $k=0.43$ ), and poor for subscapularis ( $k=0.32$ ).  
201 The overall inter-observer reliability was very different between studies. Mellado et al [104] showed a  
202 PCC of 0.90 for each muscle belly, whereas Khazzam et al [63] reported  $k$  values ranging from 0.11 for  
203 the subscapularis, 0.28 for the infraspinatus to 0.31 for the supraspinatus, showing a poor to fair  
204 reliability.

205

#### 206 *Fatty infiltration*

207 Although fatty infiltration was described on postoperative MRIs in several studies using 3 different  
208 classifications [43, 44, 112], fair intra- and inter-observer reliability ( $k= 0.34$  and  $k=0.24$ , respectively)  
209 was reported only by one study [63] for the Goutallier’s classification [43].

210

#### 211 *Long head of the biceps*

212 The evaluation of associated pathologies involving the long head of the biceps (LHB) has been reported  
213 only by one study [63]. The authors evaluated the presence of the LHB into the intertubercular groove  
214 (yes or no) as well as the presence of a longitudinal split of the intra-articular portion of the tendon (yes

215 or no) on T2 axial cuts. Intra-observer reliability was moderate for the two outcomes ( $k=0.43$  and  $k=0.49$ ,  
216 respectively). Inter-observer reliability was poor for the presence of LHB signal ( $k=0.10$ ) and fair for the  
217 presence of a longitudinal split ( $k=0.35$ ).

218

#### 219 *Bone marrow edema in the humeral head*

220 Presence and location of the bone marrow edema in the humeral head were considered by one study [63].  
221 Moderate intra-observer reliability has been shown for the presence of bone marrow edema ( $k= 0.48$ ),  
222 whereas a complete disagreement was found for the location of the edema ( $k= -0.03$ ). Poor inter-observer  
223 reliability was found for both criteria ( $k=0.22$ ).

224

#### 225 *Cysts in the greater tuberosity*

226 A moderate intra and inter-observer reliability ( $k=0.47$  and  $k=0.43$ , respectively) was found for the  
227 presence of cysts of the greater tuberosity by one study [63].

228

#### 229 *Glenohumeral joint effusion*

230 Glenohumeral joint effusion was assessed by the amount of fluid in subcoracoid and axillary recesses as  
231 well as biceps tendon sheath and classified into 4 categories from absent to large amount of fluid [63].  
232 Only one study reported the intra and inter-observer reliability [63] Kappa coefficients were equal to 0.47  
233 (moderate reliability) and 0.24 (very low reliability), respectively.

234

#### 235 *Acromio-humeral distance*

236 Acromio-humeral distance was assessed in one study [63] on fat-suppressed sagittal sequences as the  
237 distance between the superior aspect of the humeral head and the undersurface of the acromion.  
238 Measurements were taken in millimeters at the midhumeral level. Results were classified into 4

239 categories:  $\geq 10$  mm, between 10 and 5 mm,  $< 5$  mm, contact between the surfaces. Intra and inter-  
240 observer reliability was fair ( $k=0.38$  and  $k=0.31$ , respectively).

241

242

### 243 *Methodological quality*

244 The risks of bias of the included studies, according to the QAREL checklist are presented in **Table 2** .  
245 Most of the studies showed a high risk of bias. The grading of the studies varied from 3 to 9 positive  
246 items out of 11 possible. Seven studies were considered to be of high risk of bias [7, 23, 48, 52, 82, 103,  
247 104]. Among these studies, four did not use appropriate statistical measures [23, 82, 103, 104] . Three  
248 studies were considered to be of moderate risk [73, 106, 166] and only one was found to be at low risk of  
249 bias [63]. None of the included studies specified if the order of MR examination varied between observers  
250 or between different observation series. Among intra-observer reliability studies, only one study [63]  
251 clearly stated the time interval between repeated measurements.

252

## 253 **DISCUSSION**

254

### 255 *Summary of evidence*

256 To our knowledge, the present study is the first systematic review assessing MR criteria for the evaluation  
257 of rotator cuff after repair and summarizing risk of bias and results of intra- and inter-observer reliability  
258 studies.

259 The principal finding is that only the evaluation of the structural integrity showed a good intra- and inter-  
260 observer reliability [7, 23, 48, 52, 63, 73, 106, 166]. Specifically, the dichotomization of the Sugaya's  
261 classification[147] into type I-II (intact) versus type III-V (re-tear) showed the highest reliability. Several

262 authors [8, 55, 57–59, 71, 81, 113] also proposed a different dichotomization into Type I-III versus Type  
263 IV-V, but no data on intra- and inter-observer reliability are available.

264 Despite the high number of criteria and the multiple classifications reported by the studies included in  
265 the present review, only eleven studies reported reliability of a few criteria [7, 23, 48, 52, 63, 73, 82, 103,  
266 104, 106, 166]. Moreover, methodological quality of available reliability studies was low to moderate.  
267 According to the QAREL checklist only one study was judged to be at low risk of bias [63]. QAREL  
268 checklist was chosen because is the most frequently reported quality appraisal tool for reliability  
269 studies[1, 12, 80]; moreover, it has been recently shown to be a [95] reliable assessment tool for reliability  
270 studies .

271 Structural integrity was the most investigated topic after rotator cuff repair across the studies included in  
272 the review. Apart from Sugaya’s classification, or its dichotomization, and the definition of presence or  
273 absence of tendon integrity, we found other 5 different classifications reported in the literature [22, 50,  
274 62, 98, 152]. Moreover, some studies applied existing classification to different MR sequences [4, 5, 39,  
275 167]. Currently, neither proof of reliability of those classifications, nor estimation of the best sequence  
276 for the evaluation of tendon integrity has been reported. Similarly, different classifications or imaging  
277 planes and sequences have been proposed for the evaluation of fatty infiltration and muscle atrophy, but  
278 reliability on postoperative MRI has been taken into account only by one study [63] for Goutallier’s  
279 classification [43] and by two studies [63, 104] for the quantification of muscle atrophy according to  
280 Zanetti et al [165]. Although reported in several follow-up studies the following criteria were never tested  
281 for reliability: re-rupture pattern, tendon length, musculotendineous junction position, tendon thickness,  
282 acromial morphology, thickness of the subacromial bursa, acromio-clavicular osteoarthritis, gleno-hum  
283 eral osteoarthritis, artifacts and anchor characteristics. More interestingly, although most of these criteria  
284 could be considered to be of secondary importance in clinical practice, several authors proposed different

285 grading system for their evaluation. Moreover, it must be highlighted that the lack of a detailed  
286 description of planes and sequences increases the uncertainty of their application.

287 Only one study analyzed reliability of multiple criteria [63]. Seven fellowship-trained orthopaedic  
288 shoulder surgeons reviewed 31 MR scans from 31 patients who had previous rotator cuff repair. The  
289 authors reported moderate inter-observer agreement for tendon retraction and presence of cysts of the  
290 greater tuberosity. Moderate intra-observer reliability was found for muscle quality of supraspinatus and  
291 infraspinatus tendons, presence of a split in the long head of the biceps tendon, cysts in the greater  
292 tuberosity and bone marrow edema involving the humeral head. All other criteria showed poor to fair  
293 intra- and inter-observer reliability. Finally, tendon signal intensity and footprint coverage showed a  
294 complete discordance between observers.

295 In contrast, Mellado et al [103, 104], in two consecutive studies, found high inter-observer reliability for  
296 tear size and muscle atrophy. Data pooling was not possible due to the use of different statistical measures  
297 of reliability. From a methodological standpoint, the study by Khazzam et al [63] was the only one with  
298 a low risk of bias, whereas the studies by Mellado et al [103, 104] were found to be at high risk, due to  
299 inappropriate statistical analysis. In fact, as stated by the general guidelines provided by the QAREL  
300 checklist [96], correlation statistics, such as Pearson's  $r$  or Spearman's rank correlation coefficient used  
301 by Mellado et al [103, 104] are not appropriate for assessing reliability. Those correlation coefficients  
302 provide information regarding the consistency of the scores between repeated measures but does not  
303 account for systematic differences, which may occur between repeated measures. Therefore, these  
304 correlations are overly liberal, and inappropriate estimates of reliability [146].

305 Reliability is an important indicator of the potential of a test to be accurate and reproducible, therefore it  
306 is important to know that most of the commonly used criteria to assess the status of the rotator cuff after  
307 surgery have never been tested or show only moderate to low intra- and inter-observer reliability.

308

309 *Agreements and disagreements with other studies or review*

310 Although MRI has become the standard imaging modality for the assessment of the rotator cuff pathology  
311 and it allows the evaluation of a large number of features, surprisingly, no previous systematic review  
312 investigated the reliability of the criteria used for the MR evaluation after rotator cuff repair.

313 After carefully analyzing the results of the present review, apart from data on structural integrity, it has  
314 been noticed that the evaluation of fatty infiltration showed poor inter-observer agreement and moderate  
315 intra-observer reliability. According to the current literature, fatty infiltration constitutes one of the most  
316 important predictive factor for successful outcomes after rotator cuff repair [30, 99, 101]. Therefore, the  
317 presence of a reliable and valid classification system to assess the postoperative changes of rotator cuff  
318 muscles is crucial. However, qualitative assessment of fatty infiltration of rotator cuff after surgery  
319 should be interpreted with caution due to the limited reliability of the current grading systems and several  
320 concerns still remain. A consensus on imaging modalities, planes and sequences need to be achieved [33,  
321 94, 110, 115, 149, 160]. Despite MRI is the reference standard for the evaluation of the rotator cuff  
322 features, the grades of fatty infiltration are measured at one cross-sectional image, thus the section for  
323 evaluation may be placed at a relatively medial portion and may not represent the true degree of fatty  
324 infiltration of the whole muscle belly [115]. Moreover, the cross-sectional areas of the muscle may be  
325 highly influenced by retraction of the musculotendinous junction of the rotator cuff [153, 154]. It has  
326 been showed in an animal model that fatty infiltration is an infiltrative process that progresses over time  
327 from the musculotendinous junction toward the muscle origin [128]. In clinical studies performed after  
328 rotator cuff repair, if the repair is successful and the retracted tendon end is brought back to the footprint,  
329 lateralization of the muscle belly may falsely improve the degree of fatty infiltration [88, 115] . Finally  
330 the qualitative nature of the Goutallier's system implies a subjective assessment of the fatty infiltration  
331 and the role of observer's experience on inter-observer reliability has been also questioned [115, 142].

332 Therefore, quantitative measurements of muscle atrophy (rather than fatty infiltration) have been  
333 proposed, but none of them has been widely accepted yet [149, 152, 165].

334

### 335 *Limitations*

336 The present study has several limitations. Although an attempt was made to minimize the number of missed  
337 studies during the search process, only few reliability studies were found, despite the wide number of identified  
338 criteria for the assessment of the rotator cuff after repair. Secondly, results of the present review have been  
339 widely influenced by the results of one study [63] because it was the only well-conducted study available, which  
340 took into account different criteria. Furthermore, in case of multiple studies assessing the same criteria, with  
341 meta-analysis deemed inappropriate, the choice of providing an average level of reliability is definitely arbitrary,  
342 although largely used in systematic reviews of reliability studies [45, 133]. Some other limitations are strictly  
343 dependent on the design of the included studies. Due to the lack of detailed descriptions on how to use  
344 some classifications or how to interpret some MR findings, several criteria often are used or applied in  
345 a different way among similar studies by using custom-made modifications or dichotomizations of  
346 original classifications. Moreover, MR settings varied across the studies. Although most of the studies used  
347 1.5 Tesla (T) magnetic fields, some studies used lower and some others used higher fields. Undoubtedly, the  
348 strength of the magnetic field can influence the accuracy of the MR evaluation. In absence of reliability studies  
349 that take into account comparisons between different planes and sequences described in literature, it is very  
350 difficult to state any clear conclusion on the best modality to evaluate any criterion. Overall, this variability  
351 reduces comparability of radiologic reports and may lead to misinterpretation of findings and severely limits the  
352 value of some studies. In clinical practice, this uncertainty may have negative effects on the evaluation of the  
353 outcome of rotator cuff repair.

354

### 355 **CONCLUSION**

356

357 In the present study, we have systematically reviewed the MR criteria to assess rotator cuff repair  
358 described in the literature and what has been reported about their intra- and inter-observer reliability. We  
359 found 26 different criteria described by multiple classification systems, albeit reliability of most of them  
360 has not been analyzed yet. With the data available, only the presence of structural integrity after rotator  
361 cuff repair showed substantial intra- and inter-observer reliability.

362

### 363 **References**

- 364 1. Adhia DB, Bussey MD, Ribeiro DC, Tumilty S, Milosavljevic S (2013) Validity and reliability of  
365 palpation-digitization for non-invasive kinematic measurement - a systematic review. *Man. Ther.*  
366 18:26–34
- 367 2. Agrawal V (2012) Healing rates for challenging rotator cuff tears utilizing an acellular human  
368 dermal reinforcement graft. *Int. J. Shoulder Surg.* 6:36
- 369 3. Barber FA, Hrnack SA, Snyder SJ, Hapa O (2011) Rotator cuff repair healing influenced by  
370 platelet-rich plasma construct augmentation. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc.*  
371 *Assoc. N. Am. Int. Arthrosc. Assoc.* 27:1029–1035
- 372 4. Bartl C, Kouloumentas P, Holzapfel K, Eichhorn S, Wörtler K, Imhoff A, Salzmänn GM (2012)  
373 Long-term outcome and structural integrity following open repair of massive rotator cuff tears. *Int.*  
374 *J. Shoulder Surg.* 6:1–8
- 375 5. Bartl C, Senftl M, Eichhorn S, Holzapfel K, Imhoff A, Salzmänn G (2012) Combined tears of the  
376 subscapularis and supraspinatus tendon: clinical outcome, rotator cuff strength and structural  
377 integrity following open repair. *Arch. Orthop. Trauma Surg.* 132:41–50
- 378 6. Bergeson AG, Tashjian RZ, Greis PE, Crim J, Stoddard GJ, Burks RT (2012) Effects of platelet-  
379 rich fibrin matrix on repair integrity of at-risk rotator cuff tears. *Am. J. Sports Med.* 40:286–293

- 380 7. Bishop J, Klepps S, Lo IK, Bird J, Gladstone JN, Flatow EL (2006) Cuff integrity after  
381 arthroscopic versus open rotator cuff repair: a prospective study. *J. Shoulder Elb. Surg. Am.*  
382 *Shoulder Elb. Surg. Am* 15:290–299
- 383 8. Boyer P, Bouthors C, Delcourt T, Stewart O, Hamida F, Mylle G, Massin P (2013) Arthroscopic  
384 double-row cuff repair with suture-bridging: a structural and functional comparison of two  
385 techniques. *Knee Surg. Sports Traumatol. Arthrosc. Off. J. ESSKA*
- 386 9. Burks RT, Crim J, Brown N, Fink B, Greis PE (2009) A prospective randomized clinical trial  
387 comparing arthroscopic single- and double-row rotator cuff repair: magnetic resonance imaging  
388 and early clinical evaluation. *Am. J. Sports Med.* 37:674–682
- 389 10. Carbonel I, Martínez AA, Aldea E, Ripalda J, Herrera A (2013) Outcome and structural integrity of  
390 rotator cuff after arthroscopic treatment of large and massive tears with double row technique: a 2-  
391 year followup. *Adv. Orthop.* 2013:914148
- 392 11. Carbonel I, Martinez AA, Calvo A, Ripalda J, Herrera A (2012) Single-row versus double-row  
393 arthroscopic repair in the treatment of rotator cuff tears: a prospective randomized clinical study.  
394 *Int. Orthop.* 36:1877–1883
- 395 12. Carlsson H, Rasmussen-Barr E (2013) Clinical screening tests for assessing movement control in  
396 non-specific low-back pain. A systematic review of intra- and inter-observer reliability studies.  
397 *Man. Ther.* 18:103–110
- 398 13. Castricini R, Longo UG, De Benedetto M, Panfoli N, Pirani P, Zini R, Maffulli N, Denaro V  
399 (2011) Platelet-rich plasma augmentation for arthroscopic rotator cuff repair: a randomized  
400 controlled trial. *Am. J. Sports Med.* 39:258–265
- 401 14. Charousset C, Bellaïche L, Duranthon LD, Grimberg J (2005) Accuracy of CT arthrography in the  
402 assessment of tears of the rotator cuff. *J. Bone Joint Surg. Br.* 87:824–828

- 403 15. Cho NS, Lee BG, Rhee YG (2011) Arthroscopic rotator cuff repair using a suture bridge technique:  
404 is the repair integrity actually maintained? *Am. J. Sports Med.* 39:2108–2116
- 405 16. Cho NS, Rhee YG (2009) The factors affecting the clinical outcome and integrity of  
406 arthroscopically repaired rotator cuff tears of the shoulder. *Clin. Orthop. Surg.* 1:96–104
- 407 17. Cho NS, Yi JW, Lee BG, Rhee YG (2010) Retear patterns after arthroscopic rotator cuff repair:  
408 single-row versus suture bridge technique. *Am. J. Sports Med.* 38:664–671
- 409 18. Cho NS, Yi JW, Rhee YG (2009) Arthroscopic biceps augmentation for avoiding undue tension in  
410 repair of massive rotator cuff tears. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc.*  
411 *N. Am. Int. Arthrosc. Assoc.* 25:183–191
- 412 19. Choi S, Kim MK, Kim GM, Roh Y-H, Hwang IK, Kang H (2014) Factors associated with clinical  
413 and structural outcomes after arthroscopic rotator cuff repair with a suture bridge technique in  
414 medium, large, and massive tears. *J. Shoulder Elb. Surg. Am. Shoulder Elb. Surg. Al*
- 415 20. Cole BJ, McCarty LP, Kang RW, Alford W, Lewis PB, Hayden JK (2007) Arthroscopic rotator  
416 cuff repair: prospective functional outcome and repair integrity at minimum 2-year follow-up. *J.*  
417 *Shoulder Elb. Surg. Am. Shoulder Elb. Surg. Al* 16:579–585
- 418 21. Crim J, Burks R, Manaster BJ, Hanrahan C, Hung M, Greis P (2010) Temporal evolution of MRI  
419 findings after arthroscopic rotator cuff repair. *AJR Am. J. Roentgenol.* 195:1361–1366
- 420 22. Demirors H, Circi E, Akgun RC, Tarhan NC, Cetin N, Akpınar S, Tuncay IC (2010) Correlations  
421 of isokinetic measurements with tendon healing following open repair of rotator cuff tears. *Int.*  
422 *Orthop.* 34:531–536
- 423 23. Deutsch A, Kroll DG, Hasapes J, Staewen RS, Pham C, Tait C (2008) Repair integrity and clinical  
424 outcome after arthroscopic rotator cuff repair using single-row anchor fixation: a prospective study  
425 of single-tendon and two-tendon tears. *J. Shoulder Elb. Surg. Am. Shoulder Elb. Surg. Al* 17:845–  
426 852

- 427 24. Duc SR, Mengiardi B, Pfirrmann CWA, Jost B, Hodler J, Zanetti M (2006) Diagnostic  
428 performance of MR arthrography after rotator cuff repair. *AJR Am. J. Roentgenol.* 186:237–241
- 429 25. Duquin TR, Buyea C, Bisson LJ (2010) Which method of rotator cuff repair leads to the highest  
430 rate of structural healing? A systematic review. *Am. J. Sports Med.* 38:835–841
- 431 26. El-Azab H, Buchmann S, Beitzel K, Waldt S, Imhoff AB (2010) Clinical and structural evaluation  
432 of arthroscopic double-row suture-bridge rotator cuff repair: early results of a novel technique.  
433 *Knee Surg. Sports Traumatol. Arthrosc. Off. J. ESSKA* 18:1730–1737
- 434 27. Ellera Gomes JL, da Silva RC, Silla LMR, Abreu MR, Pellanda R (2012) Conventional rotator cuff  
435 repair complemented by the aid of mononuclear autologous stem cells. *Knee Surg. Sports*  
436 *Traumatol. Arthrosc. Off. J. ESSKA* 20:373–377
- 437 28. Von Engelhardt LV, von Falkenhausen M, Fahmy U, Wallny T, Schmitt O, Kraft CN (2004) [MRI  
438 after reconstruction of the supraspinatus tendon: MR-tomographic findings]. *Z. Für Orthop. Ihre*  
439 *Grenzgeb.* 142:586–591
- 440 29. Epstein RE, Schweitzer ME, Frieman BG, Fenlin JM, Mitchell DG (1993) Hooked acromion:  
441 prevalence on MR images of painful shoulders. *Radiology* 187:479–481
- 442 30. Fermont AJM, Wolterbeek N, Wessel RN, Baeyens J-P, de Bie RA (2014) Prognostic factors for  
443 successful recovery after arthroscopic rotator cuff repair: a systematic literature review. *J. Orthop.*  
444 *Sports Phys. Ther.* 44:153–163
- 445 31. Frank JB, ElAttrache NS, Dines JS, Blackburn A, Crues J, Tibone JE (2008) Repair site integrity  
446 after arthroscopic transosseous-equivalent suture-bridge rotator cuff repair. *Am. J. Sports Med.*  
447 36:1496–1503
- 448 32. Fuchs B, Gilbert MK, Hodler J, Gerber C (2006) Clinical and structural results of open repair of an  
449 isolated one-tendon tear of the rotator cuff. *J. Bone Joint Surg. Am.* 88:309–316

- 450 33. Fuchs B, Weishaupt D, Zanetti M, Hodler J, Gerber C (1999) Fatty degeneration of the muscles of  
451 the rotator cuff: assessment by computed tomography versus magnetic resonance imaging. *J.*  
452 *Shoulder Elb. Surg. Am. Shoulder Elb. Surg. A1* 8:599–605
- 453 34. Gaenslen ES, Satterlee CC, Hinson GW (1996) Magnetic resonance imaging for evaluation of  
454 failed repairs of the rotator cuff. Relationship to operative findings. *J. Bone Joint Surg. Am.*  
455 *78*:1391–1396
- 456 35. Galatz LM, Ball CM, Teefey SA, Middleton WD, Yamaguchi K (2004) The outcome and repair  
457 integrity of completely arthroscopically repaired large and massive rotator cuff tears. *J. Bone Joint*  
458 *Surg. Am.* 86-A:219–224
- 459 36. Gazzola S, Bleakney RR (2011) Current Imaging of the Rotator Cuff: *Sports Med. Arthrosc. Rev.*  
460 *19*:300–309
- 461 37. Gerber C, Fuchs B, Hodler J (2000) The results of repair of massive tears of the rotator cuff. *J.*  
462 *Bone Joint Surg. Am.* 82:505–515
- 463 38. Gerber C, Schneeberger AG, Hoppeler H, Meyer DC (2007) Correlation of atrophy and fatty  
464 infiltration on strength and integrity of rotator cuff repairs: a study in thirteen patients. *J. Shoulder*  
465 *Elb. Surg. Am. Shoulder Elb. Surg. A1* 16:691–696
- 466 39. Gerhardt C, Hug K, Pauly S, Marnitz T, Scheibel M (2012) Arthroscopic single-row modified  
467 mason-allen repair versus double-row suture bridge reconstruction for supraspinatus tendon tears: a  
468 matched-pair analysis. *Am. J. Sports Med.* 40:2777–2785
- 469 40. Gladstone JN, Bishop JY, Lo IKY, Flatow EL (2007) Fatty infiltration and atrophy of the rotator  
470 cuff do not improve after rotator cuff repair and correlate with poor functional outcome. *Am. J.*  
471 *Sports Med.* 35:719–728
- 472 41. Gotoh M, Mitsui Y, Shibata H, Yamada T, Shirachi I, Nakama K, Okawa T, Higuchi F, Nagata K  
473 (2013) Increased matrix metalloprotease-3 gene expression in ruptured rotator cuff tendons is

- 474 associated with postoperative tendon retear. *Knee Surg. Sports Traumatol. Arthrosc. Off. J. ESSKA*  
475 21:1807–1812
- 476 42. Gotoh M, Mitsui Y, Yoshimitsu K, Nakama K, Okawa T, Higuchi F, Nagata K (2013) The  
477 modified massive cuff stitch: functional and structural outcome in massive cuff tears. *J. Orthop.*  
478 *Surg.* 8:26
- 479 43. Goutallier D, Postel JM, Bernageau J, Lavau L, Voisin MC (1994) Fatty muscle degeneration in  
480 cuff ruptures. Pre- and postoperative evaluation by CT scan. *Clin. Orthop.* 78–83
- 481 44. Goutallier D, Postel J-M, Gleyze P, Leguilloux P, Van Driessche S (2003) Influence of cuff muscle  
482 fatty degeneration on anatomic and functional outcomes after simple suture of full-thickness tears.  
483 *J. Shoulder Elb. Surg. Am. Shoulder Elb. Surg. AI* 12:550–554
- 484 45. Green A, Liles C, Rushton A, Kyte DG (2014) Measurement properties of patient-reported  
485 outcome measures (PROMS) in Patellofemoral Pain Syndrome: A systematic review. *Man. Ther.*
- 486 46. Gumina S, Campagna V, Ferrazza G, Giannicola G, Fratalocchi F, Milani A, Postacchini F (2012)  
487 Use of platelet-leukocyte membrane in arthroscopic repair of large rotator cuff tears: a prospective  
488 randomized study. *J. Bone Joint Surg. Am.* 94:1345–1352
- 489 47. Haneveld H, Hug K, Diederichs G, Scheibel M, Gerhardt C (2013) Arthroscopic double-row repair  
490 of the rotator cuff: a comparison of bio-absorbable and non-resorbable anchors regarding osseous  
491 reaction. *Knee Surg. Sports Traumatol. Arthrosc. Off. J. ESSKA* 21:1647–1654
- 492 48. Hantes ME, Karidakis GK, Vlychou M, Varitimidis S, Dailiana Z, Malizos KN (2011) A  
493 comparison of early versus delayed repair of traumatic rotator cuff tears. *Knee Surg. Sports*  
494 *Traumatol. Arthrosc. Off. J. ESSKA* 19:1766–1770
- 495 49. Hata Y, Saitoh S, Murakami N, Kobayashi H, Kaito T, Kato H (2005) Volume changes of  
496 supraspinatus and infraspinatus muscles after supraspinatus tendon repair: a magnetic resonance  
497 imaging study. *J. Shoulder Elb. Surg. Am. Shoulder Elb. Surg. AI* 14:631–635

- 498 50. Hayashida K, Tanaka M, Koizumi K, Kakiuchi M (2012) Characteristic retear patterns assessed by  
499 magnetic resonance imaging after arthroscopic double-row rotator cuff repair. *Arthrosc. J.*  
500 *Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc. Assoc.* 28:458–464
- 501 51. Iannotti JP, Deutsch A, Green A, Rudicel S, Christensen J, Marraffino S, Rodeo S (2013) Time to  
502 failure after rotator cuff repair: a prospective imaging study. *J. Bone Joint Surg. Am.* 95:965–971
- 503 52. Ide J, Tokiyoshi A, Hirose J, Mizuta H (2007) Arthroscopic repair of traumatic combined rotator  
504 cuff tears involving the subscapularis tendon. *J. Bone Joint Surg. Am.* 89:2378–2388
- 505 53. Iyengar JJ, Porat S, Burnett KR, Marrero-Perez L, Hernandez VH, Nottage WM (2011) Magnetic  
506 resonance imaging tendon integrity assessment after arthroscopic partial-thickness rotator cuff  
507 repair. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc. Assoc.*  
508 27:306–313
- 509 54. De Jesus JO, Parker L, Frangos AJ, Nazarian LN (2009) Accuracy of MRI, MR Arthrography, and  
510 Ultrasound in the Diagnosis of Rotator Cuff Tears: A Meta-Analysis. *Am. J. Roentgenol.*  
511 192:1701–1707
- 512 55. Jo CH, Kim JE, Yoon KS, Lee JH, Kang SB, Lee JH, Han HS, Rhee SH, Shin S (2011) Does  
513 platelet-rich plasma accelerate recovery after rotator cuff repair? A prospective cohort study. *Am.*  
514 *J. Sports Med.* 39:2082–2090
- 515 56. Jo CH, Shin JS (2013) Changes in appearance of fatty infiltration and muscle atrophy of rotator  
516 cuff muscles on magnetic resonance imaging after rotator cuff repair: establishing new time-zero  
517 traits. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc. Assoc.*  
518 29:449–458
- 519 57. Jo CH, Shin JS (2013) Cross-sectional area of the supraspinatus muscle after rotator cuff repair: an  
520 anatomic measure of outcome. *J. Bone Joint Surg. Am.* 95:1785–1791

- 521 58. Jo CH, Shin JS, Lee YG, Shin WH, Kim H, Lee SY, Yoon KS, Shin S (2013) Platelet-rich plasma  
522 for arthroscopic repair of large to massive rotator cuff tears: a randomized, single-blind, parallel-  
523 group trial. *Am. J. Sports Med.* 41:2240–2248
- 524 59. Jo CH, Shin JS, Park IW, Kim H, Lee SY (2013) Multiple channeling improves the structural  
525 integrity of rotator cuff repair. *Am. J. Sports Med.* 41:2650–2657
- 526 60. Jost B, Pfirrmann CW, Gerber C, Switzerland Z (2000) Clinical outcome after structural failure of  
527 rotator cuff repairs. *J. Bone Joint Surg. Am.* 82:304–314
- 528 61. Jost B, Zumstein M, Pfirrmann CWA, Gerber C (2006) Long-term outcome after structural failure  
529 of rotator cuff repairs. *J. Bone Joint Surg. Am.* 88:472–479
- 530 62. Kasten P, Keil C, Grieser T, Raiss P, Streich N, Loew M (2011) Prospective randomised  
531 comparison of arthroscopic versus mini-open rotator cuff repair of the supraspinatus tendon. *Int.*  
532 *Orthop.* 35:1663–1670
- 533 63. Khazzam M, Kuhn JE, Mulligan E, Abboud JA, Baumgarten KM, Brophy RH, Jones GL, Miller B,  
534 Smith M, Wright RW (2012) Magnetic resonance imaging identification of rotator cuff retears after  
535 repair: interobserver and intraobserver agreement. *Am. J. Sports Med.* 40:1722–1727
- 536 64. Kim JR, Cho YS, Ryu KJ, Kim JH (2012) Clinical and radiographic outcomes after arthroscopic  
537 repair of massive rotator cuff tears using a suture bridge technique: assessment of repair integrity  
538 on magnetic resonance imaging. *Am. J. Sports Med.* 40:786–793
- 539 65. Kim KC, Shin HD, Cha SM, Kim JH (2013) Repair integrity and functional outcomes for  
540 arthroscopic margin convergence of rotator cuff tears. *J. Bone Joint Surg. Am.* 95:536–541
- 541 66. Kim KC, Shin HD, Cha SM, Lee WY (2013) Comparison of repair integrity and functional  
542 outcomes for 3 arthroscopic suture bridge rotator cuff repair techniques. *Am. J. Sports Med.*  
543 41:271–277

- 544 67. Kim KC, Shin HD, Cha SM, Park JY (2013) Clinical outcomes after arthroscopic trans-tendon  
545 suture-bridge technique in partial-thickness articular-side rotator cuff tear. *Knee Surg. Sports*  
546 *Traumatol. Arthrosc. Off. J. ESSKA* 21:1183–1188
- 547 68. Kim KC, Shin HD, Cha SM, Park JY (2014) Repair Integrity and Functional Outcome After  
548 Arthroscopic Conversion to a Full-Thickness Rotator Cuff Tear: Articular- Versus Bursal-Side  
549 Partial Tears. *Am. J. Sports Med.* 42:451–456
- 550 69. Kim KC, Shin HD, Lee WY (2012) Repair integrity and functional outcomes after arthroscopic  
551 suture-bridge rotator cuff repair. *J. Bone Joint Surg. Am.* 94:e48
- 552 70. Kim KC, Shin HD, Lee WY, Han SC (2012) Repair integrity and functional outcome after  
553 arthroscopic rotator cuff repair: double-row versus suture-bridge technique. *Am. J. Sports Med.*  
554 40:294–299
- 555 71. Kim YK, Moon SH, Cho SH (2013) Treatment outcomes of single- versus double-row repair for  
556 larger than medium-sized rotator cuff tears: the effect of preoperative remnant tendon length. *Am.*  
557 *J. Sports Med.* 41:2270–2277
- 558 72. Klepps S, Bishop J, Lin J, Cahlon O, Strauss A, Hayes P, Flatow EL (2004) Prospective evaluation  
559 of the effect of rotator cuff integrity on the outcome of open rotator cuff repairs. *Am. J. Sports*  
560 *Med.* 32:1716–1722
- 561 73. Kluger R, Bock P, Mittlböck M, Krampla W, Engel A (2011) Long-term survivorship of rotator  
562 cuff repairs using ultrasound and magnetic resonance imaging analysis. *Am. J. Sports Med.*  
563 39:2071–2081
- 564 74. Knudsen HB, Gelineck J, Sjøbjerg JO, Olsen BS, Johannsen HV, Sneppen O (1999) Functional and  
565 magnetic resonance imaging evaluation after single-tendon rotator cuff reconstruction. *J. Shoulder*  
566 *Elb. Surg. Am. Shoulder Elb. Surg. Al* 8:242–246

- 567 75. Ko S-H, Lee C-C, Friedman D, Park K-B, Warner JJP (2008) Arthroscopic single-row  
568 supraspinatus tendon repair with a modified mattress locking stitch: a prospective, randomized  
569 controlled comparison with a simple stitch. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc.*  
570 *Assoc. N. Am. Int. Arthrosc. Assoc.* 24:1005–1012
- 571 76. Koh KH, Kang KC, Lim TK, Shon MS, Yoo JC (2011) Prospective randomized clinical trial of  
572 single- versus double-row suture anchor repair in 2- to 4-cm rotator cuff tears: clinical and  
573 magnetic resonance imaging results. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc.*  
574 *N. Am. Int. Arthrosc. Assoc.* 27:453–462
- 575 77. Koh KH, Laddha MS, Lim TK, Lee JH, Yoo JC (2012) A magnetic resonance imaging study of  
576 100 cases of arthroscopic acromioplasty. *Am. J. Sports Med.* 40:352–358
- 577 78. Koh KH, Laddha MS, Lim TK, Park JH, Yoo JC (2012) Serial structural and functional  
578 assessments of rotator cuff repairs: do they differ at 6 and 19 months postoperatively? *J. Shoulder*  
579 *Elb. Surg. Am. Shoulder Elb. Surg. AI* 21:859–866
- 580 79. Koh KH, Shon MS, Lim TK, Yoo JC (2011) Clinical and magnetic resonance imaging results of  
581 arthroscopic full-layer repair of bursal-side partial-thickness rotator cuff tears. *Am. J. Sports Med.*  
582 39:1660–1667
- 583 80. Kottner J, Hauss A, Schlier A-B, Dassen T (2013) Validation and clinical impact of paediatric  
584 pressure ulcer risk assessment scales: A systematic review. *Int. J. Nurs. Stud.* 50:807–818
- 585 81. Kuroda S, Ishige N, Mikasa M (2013) Advantages of arthroscopic transosseous suture repair of the  
586 rotator cuff without the use of anchors. *Clin. Orthop.* 471:3514–3522
- 587 82. Kyrölä K, Niemitukia L, Jaroma H, Väätäinen U (2004) Long-term MRI findings in operated  
588 rotator cuff tear. *Acta Radiol. Stockh. Swed.* 1987 45:526–533

- 589 83. Lambers Heerspink FO, Dorrestijn O, van Raay JJAM, Diercks RL (2014) Specific patient-related  
590 prognostic factors for rotator cuff repair: a systematic review. *J. Shoulder Elb. Surg. Am. Shoulder*  
591 *Elb. Surg. AI* 23:1073–1080
- 592 84. Lambers Heerspink FO, Hoogeslag RA, Diercks RL, van Eerden PJ, van den Akker-Scheek I, van  
593 Raay JJ (2011) Clinical and radiological outcome of conservative vs. surgical treatment of  
594 atraumatic degenerative rotator cuff rupture: design of a randomized controlled trial. *BMC*  
595 *Musculoskelet. Disord.* 12:25
- 596 85. Landis JR, Koch GG (1977) The measurement of observer agreement for categorical data.  
597 *Biometrics* 33:159–174
- 598 86. Lapner PLC, Sabri E, Rakhra K, McRae S, Leiter J, Bell K, Macdonald P (2012) A multicenter  
599 randomized controlled trial comparing single-row with double-row fixation in arthroscopic rotator  
600 cuff repair. *J. Bone Joint Surg. Am.* 94:1249–1257
- 601 87. Lee BG, Cho NS, Rhee YG (2012) Effect of two rehabilitation protocols on range of motion and  
602 healing rates after arthroscopic rotator cuff repair: aggressive versus limited early passive  
603 exercises. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc.*  
604 *Assoc.* 28:34–42
- 605 88. Lee E, Choi J-A, Oh JH, Ahn S, Hong SH, Chai JW, Kang HS (2013) Fatty degeneration of the  
606 rotator cuff muscles on pre- and postoperative CT arthrography (CTA): is the Goutallier grading  
607 system reliable? *Skeletal Radiol.* 42:1259–1267
- 608 89. Lenza M, Buchbinder R, Takwoingi Y, Johnston RV, Hanchard NC, Faloppa F (2013) Magnetic  
609 resonance imaging, magnetic resonance arthrography and ultrasonography for assessing rotator  
610 cuff tears in people with shoulder pain for whom surgery is being considered. In *The Cochrane*  
611 *Collaboration* (ed) *Cochrane Database Syst Rev* John Wiley & Sons, Ltd, Chichester, UK

- 612 90. Lichtenberg S, Liem D, Magosch P, Habermeyer P (2006) Influence of tendon healing after  
613 arthroscopic rotator cuff repair on clinical outcome using single-row Mason-Allen suture  
614 technique: a prospective, MRI controlled study. *Knee Surg. Sports Traumatol. Arthrosc. Off. J.*  
615 *ESSKA* 14:1200–1206
- 616 91. Liem D, Bartl C, Lichtenberg S, Magosch P, Habermeyer P (2007) Clinical outcome and tendon  
617 integrity of arthroscopic versus mini-open supraspinatus tendon repair: a magnetic resonance  
618 imaging-controlled matched-pair analysis. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc.*  
619 *Assoc. N. Am. Int. Arthrosc. Assoc.* 23:514–521
- 620 92. Liem D, Lichtenberg S, Magosch P, Habermeyer P (2008) Arthroscopic rotator cuff repair in  
621 overhead-throwing athletes. *Am. J. Sports Med.* 36:1317–1322
- 622 93. Liem D, Lichtenberg S, Magosch P, Habermeyer P (2007) Magnetic resonance imaging of  
623 arthroscopic supraspinatus tendon repair. *J. Bone Joint Surg. Am.* 89:1770–1776
- 624 94. Lippe J, Spang JT, Leger RR, Arciero RA, Mazzocca AD, Shea KP (2012) Inter-rater agreement of  
625 the Goutallier, Patte, and Warner classification scores using preoperative magnetic resonance  
626 imaging in patients with rotator cuff tears. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc.*  
627 *Assoc. N. Am. Int. Arthrosc. Assoc.* 28:154–159
- 628 95. Lucas N, Macaskill P, Irwig L, Moran R, Rickards L, Turner R, Bogduk N (2013) The reliability of  
629 a quality appraisal tool for studies of diagnostic reliability (QAREL). *BMC Med. Res. Methodol.*  
630 13:111
- 631 96. Lucas NP, Macaskill P, Irwig L, Bogduk N (2010) The development of a quality appraisal tool for  
632 studies of diagnostic reliability (QAREL). *J. Clin. Epidemiol.* 63:854–861
- 633 97. Magee T, Shapiro M, Hewell G, Williams D (2003) Complications of rotator cuff surgery in which  
634 bioabsorbable anchors are used. *AJR Am. J. Roentgenol.* 181:1227–1231

- 635 98. Magee TH, Gaenslen ES, Seitz R, Hinson GA, Wetzel LH (1997) MR imaging of the shoulder after  
636 surgery. *AJR Am. J. Roentgenol.* 168:925–928
- 637 99. Mall NA, Tanaka MJ, Choi LS, Paletta GA (2014) Factors affecting rotator cuff healing. *J. Bone*  
638 *Joint Surg. Am.* 96:778–788
- 639 100. McCarron JA, Derwin KA, Bey MJ, Polster JM, Schils JP, Ricchetti ET, Iannotti JP (2013)  
640 Failure with continuity in rotator cuff repair “healing.” *Am. J. Sports Med.* 41:134–141
- 641 101. McElvany MD, McGoldrick E, Gee AO, Neradilek MB, Matsen FA (2014) Rotator Cuff  
642 Repair: Published Evidence on Factors Associated With Repair Integrity and Clinical Outcome.  
643 *Am. J. Sports Med.*
- 644 102. Melean P, Lichtenberg S, Montoya F, Riedmann S, Magosch P, Habermeyer P (2013) The  
645 acromial index is not predictive for failed rotator cuff repair. *Int. Orthop.* 37:2173–2179
- 646 103. Mellado JM, Calmet J, Olona M, Ballabriga J, Camins A, Pérez del Palomar L, Giné J (2006)  
647 MR assessment of the repaired rotator cuff: prevalence, size, location, and clinical relevance of  
648 tendon rerupture. *Eur. Radiol.* 16:2186–2196
- 649 104. Mellado JM, Calmet J, Olona M, Esteve C, Camins A, Pérez Del Palomar L, Giné J, Saurí A  
650 (2005) Surgically repaired massive rotator cuff tears: MRI of tendon integrity, muscle fatty  
651 degeneration, and muscle atrophy correlated with intraoperative and clinical findings. *AJR Am. J.*  
652 *Roentgenol.* 184:1456–1463
- 653 105. Mihata T, Watanabe C, Fukunishi K, Ohue M, Tsujimura T, Fujiwara K, Kinoshita M (2011)  
654 Functional and structural outcomes of single-row versus double-row versus combined double-row  
655 and suture-bridge repair for rotator cuff tears. *Am. J. Sports Med.* 39:2091–2098
- 656 106. Milano G, Saccomanno MF, Careri S, Taccardo G, De Vitis R, Fabbriani C (2013) Efficacy of  
657 marrow-stimulating technique in arthroscopic rotator cuff repair: a prospective randomized study.

- 658 Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc. Assoc.  
659 29:802–810
- 660 107. Moher D, Liberati A, Tetzlaff J, Altman DG, PRISMA Group (2010) Preferred reporting items  
661 for systematic reviews and meta-analyses: the PRISMA statement. *Int. J. Surg. Lond. Engl.* 8:336–  
662 341
- 663 108. Mokkink LB, Terwee CB, Patrick DL, Alonso J, Stratford PW, Knol DL, Bouter LM, de Vet  
664 HCW (2010) The COSMIN checklist for assessing the methodological quality of studies on  
665 measurement properties of health status measurement instruments: an international Delphi study.  
666 *Qual. Life Res. Int. J. Qual. Life Asp. Treat. Care Rehabil.* 19:539–549
- 667 109. Motamedi AR, Urrea LH, Hancock RE, Hawkins RJ, Ho C (2002) Accuracy of magnetic  
668 resonance imaging in determining the presence and size of recurrent rotator cuff tears. *J. Shoulder  
669 Elb. Surg. Am. Shoulder Elb. Surg. Al* 11:6–10
- 670 110. Müller CT, Buck FM, Mamisch-Saupe N, Gerber C (2014) Good correlation of goutallier rating  
671 of supraspinatus fatty changes on axial and reformatted parasagittal computed tomographic images.  
672 *J. Comput. Assist. Tomogr.* 38:340–343
- 673 111. Nada AN, Debnath UK, Robinson DA, Jordan C (2010) Treatment of massive rotator-cuff tears  
674 with a polyester ligament (Dacron) augmentation: clinical outcome. *J. Bone Joint Surg. Br.*  
675 92:1397–1402
- 676 112. Nakagaki K, Ozaki J, Tomita Y, Tamai S (1995) Function of supraspinatus muscle with torn  
677 cuff evaluated by magnetic resonance imaging. *Clin. Orthop.* 144–151
- 678 113. Neyton L, Godenèche A, Nové-Josserand L, Carrillon Y, Cléchet J, Hardy MB (2013)  
679 Arthroscopic suture-bridge repair for small to medium size supraspinatus tear: healing rate and  
680 retear pattern. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc.  
681 Assoc.* 29:10–17

- 682 114. Nich C, Mütschler C, Vandenbussche E, Augereau B (2009) Long-term clinical and MRI  
683 results of open repair of the supraspinatus tendon. *Clin. Orthop.* 467:2613–2622
- 684 115. Oh JH, Kim SH, Choi J-A, Kim Y, Oh CH (2010) Reliability of the grading system for fatty  
685 degeneration of rotator cuff muscles. *Clin. Orthop.* 468:1558–1564
- 686 116. Ok J-H, Kim Y-S, Kim J-M, Yoo T-W (2013) Learning curve of office-based ultrasonography  
687 for rotator cuff tendons tears. *Knee Surg. Sports Traumatol. Arthrosc.* 21:1593–1597
- 688 117. Owen RS, Iannotti JP, Kneeland JB, Dalinka MK, Deren JA, Oleaga L (1993) Shoulder after  
689 surgery: MR imaging with surgical validation. *Radiology* 186:443–447
- 690 118. Ozbaydar MU, Bekmezci T, Tonbul M, Yurdođlu C (2006) [The results of arthroscopic repair  
691 in partial rotator cuff tears]. *Acta Orthop. Traumatol. Turc.* 40:49–55
- 692 119. Ozbaydar MU, Tonbul M, Yalaman O (2005) [The results of arthroscopic repair of full-  
693 thickness tears of the rotator cuff]. *Acta Orthop. Traumatol. Turc.* 39:114–120
- 694 120. Ozbaydar MU, Tonbul M, Yurdođlu C, Yalaman O (2005) [Arthroscopic-assisted mini-open  
695 repair of rotator cuff tears]. *Acta Orthop. Traumatol. Turc.* 39:121–127
- 696 121. Parsons BO, Gruson KI, Chen DD, Harrison AK, Gladstone J, Flatow EL (2010) Does slower  
697 rehabilitation after arthroscopic rotator cuff repair lead to long-term stiffness? *J. Shoulder Elb.*  
698 *Surg. Am. Shoulder Elb. Surg.* 19:1034–1039
- 699 122. Pennington WT, Gibbons DJ, Bartz BA, Dodd M, Daun J, Klinger J, Popovich M, Butler B  
700 (2010) Comparative analysis of single-row versus double-row repair of rotator cuff tears. *Arthrosc.*  
701 *J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc. Assoc.* 26:1419–1426
- 702 123. Pilge H, Spang J, Rose T, Wolter H, Woertler K, Imhoff AB (2012) Osteolysis after rotator cuff  
703 repair with bioabsorbable anchors. *Arch. Orthop. Trauma Surg.* 132:305–310

- 704 124. Randelli P, Arrigoni P, Ragone V, Aliprandi A, Cabitza P (2011) Platelet rich plasma in  
705 arthroscopic rotator cuff repair: a prospective RCT study, 2-year follow-up. *J. Shoulder Elb. Surg.*  
706 *Am. Shoulder Elb. Surg. AI* 20:518–528
- 707 125. Rhee RB, Chan KK, Lieu JG, Kim BS, Steinbach LS (2012) MR and CT arthrography of the  
708 shoulder. *Semin. Musculoskelet. Radiol.* 16:3–14
- 709 126. Rhee YG, Cho NS, Lim CT, Yi JW, Vishvanathan T (2008) Bridging the gap in immobile  
710 massive rotator cuff tears: augmentation using the tenotomized biceps. *Am. J. Sports Med.*  
711 36:1511–1518
- 712 127. Rhee YG, Cho NS, Parke CS (2012) Arthroscopic rotator cuff repair using modified Mason-  
713 Allen medial row stitch: knotless versus knot-tying suture bridge technique. *Am. J. Sports Med.*  
714 40:2440–2447
- 715 128. Rubino LJ, Stills HF, Sprott DC, Crosby LA (2007) Fatty infiltration of the torn rotator cuff  
716 worsens over time in a rabbit model. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc.*  
717 *N. Am. Int. Arthrosc. Assoc.* 23:717–722
- 718 129. Sano H, Mineta M, Kita A, Itoi E (2010) Tendon patch grafting using the long head of the  
719 biceps for irreparable massive rotator cuff tears. *J. Orthop. Sci. Off. J. Jpn. Orthop. Assoc.* 15:310–  
720 316
- 721 130. Schaefer O, Winterer J, Lohrmann C, Laubenberger J, Reichelt A, Langer M (2002) Magnetic  
722 resonance imaging for supraspinatus muscle atrophy after cuff repair. *Clin. Orthop.* 93–99
- 723 131. Scheibel M, Brown A, Woertler K, Imhoff AB (2007) Preliminary results after rotator cuff  
724 reconstruction augmented with an autologous periosteal flap. *Knee Surg. Sports Traumatol.*  
725 *Arthrosc. Off. J. ESSKA* 15:305–314
- 726 132. Di Schino M, Augereau B, Nich C (2012) Does open repair of anterosuperior rotator cuff tear  
727 prevent muscular atrophy and fatty infiltration? *Clin. Orthop.* 470:2776–2784

- 728 133. Schrama PPM, Stenneberg MS, Lucas C, van Trijffel E (2014) Intra-examiner reliability of  
729 hand-held dynamometry in the upper extremity: A systematic review. *Arch. Phys. Med. Rehabil.*
- 730 134. Schweitzer ME, Magbalon MJ, Fenlin JM, Frieman BG, Ehrlich S, Epstein RE (1995) Effusion  
731 criteria and clinical importance of glenohumeral joint fluid: MR imaging evaluation. *Radiology*  
732 194:821–824
- 733 135. Sethi PM, Noonan BC, Cunningham J, Shreck E, Miller S (2010) Repair results of 2-tendon  
734 rotator cuff tears utilizing the transosseous equivalent technique. *J. Shoulder Elb. Surg. Am.*  
735 *Shoulder Elb. Surg. Am* 19:1210–1217
- 736 136. Sharma P, Morrison WB, Cohen S (2013) Imaging of the shoulder with arthroscopic  
737 correlation. *Clin. Sports Med.* 32:339–359
- 738 137. Shin S-J (2012) A comparison of 2 repair techniques for partial-thickness articular-sided rotator  
739 cuff tears. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc.*  
740 *Assoc.* 28:25–33
- 741 138. Shin S-J, Oh JH, Chung SW, Song MH (2012) The efficacy of acromioplasty in the  
742 arthroscopic repair of small- to medium-sized rotator cuff tears without acromial spur: prospective  
743 comparative study. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int.*  
744 *Arthrosc. Assoc.* 28:628–635
- 745 139. Shirachi I, Gotoh M, Mitsui Y, Yamada T, Nakama K, Kojima K, Okawa T, Higuchi F, Nagata  
746 K (2011) Collagen production at the edge of ruptured rotator cuff tendon is correlated with  
747 postoperative cuff integrity. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am.*  
748 *Int. Arthrosc. Assoc.* 27:1173–1179
- 749 140. Simopoulos TT, Manchikanti L, Singh V, Gupta S, Hameed H, Diwan S, Cohen SP (2012) A  
750 systematic evaluation of prevalence and diagnostic accuracy of sacroiliac joint interventions. *Pain*  
751 *Physician* 15:E305–344

- 752 141. Sipola P, Niemitukia L, Kröger H, Höfling I, Väättäinen U (2010) Detection and Quantification  
753 of Rotator Cuff Tears with Ultrasonography and Magnetic Resonance Imaging – A Prospective  
754 Study in 77 Consecutive Patients with a Surgical Reference. *Ultrasound Med. Biol.* 36:1981–1989
- 755 142. Slabaugh MA, Friel NA, Karas V, Romeo AA, Verma NN, Cole BJ (2012) Interobserver and  
756 intraobserver reliability of the Goutallier classification using magnetic resonance imaging: proposal  
757 of a simplified classification system to increase reliability. *Am. J. Sports Med.* 40:1728–1734
- 758 143. Slabaugh MA, Nho SJ, Grumet RC, Wilson JB, Seroyer ST, Frank RM, Romeo AA,  
759 Provencher MT, Verma NN (2010) Does the literature confirm superior clinical results in  
760 radiographically healed rotator cuffs after rotator cuff repair? *Arthrosc. J. Arthrosc. Relat. Surg.*  
761 *Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc. Assoc.* 26:393–403
- 762 144. Spahn G, Kirschbaum S, Klinger HM (2006) A study for evaluating the effect of the deltoid-  
763 flap repair in massive rotator cuff defects. *Knee Surg. Sports Traumatol. Arthrosc. Off. J. ESSKA*  
764 14:365–372
- 765 145. Spielmann AL, Forster BB, Kokan P, Hawkins RH, Janzen DL (1999) Shoulder after rotator  
766 cuff repair: MR imaging findings in asymptomatic individuals--initial experience. *Radiology*  
767 213:705–708
- 768 146. Streiner DL (2008) *Health Measurement Scales: A practical guide to their development and use.*  
769 OUP Oxford, Oxford ; New York
- 770 147. Sugaya H, Maeda K, Matsuki K, Moriishi J (2005) Functional and structural outcome after  
771 arthroscopic full-thickness rotator cuff repair: single-row versus dual-row fixation. *Arthrosc. J.*  
772 *Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc. Assoc.* 21:1307–1316
- 773 148. Sugaya H, Maeda K, Matsuki K, Moriishi J (2007) Repair integrity and functional outcome  
774 after arthroscopic double-row rotator cuff repair. A prospective outcome study. *J. Bone Joint Surg.*  
775 *Am.* 89:953–960

- 776 149. Tae S-K, Oh JH, Kim SH, Chung SW, Yang JY, Back YW (2011) Evaluation of fatty  
777 degeneration of the supraspinatus muscle using a new measuring tool and its correlation between  
778 multidetector computed tomography and magnetic resonance imaging. *Am. J. Sports Med.* 39:599–  
779 606
- 780 150. Takeda H, Urata S, Matsuura M, Nakayama A, Yonemitsu H (2007) The influence of medial  
781 reattachment of the torn cuff tendon for retracted rotator cuff tears. *J. Shoulder Elb. Surg. Am.*  
782 *Shoulder Elb. Surg. AI* 16:316–320
- 783 151. Tashjian RZ, Hung M, Burks RT, Greis PE (2013) Influence of preoperative musculotendinous  
784 junction position on rotator cuff healing using single-row technique. *Arthrosc. J. Arthrosc. Relat.*  
785 *Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc. Assoc.* 29:1748–1754
- 786 152. Thomazeau H, Boukobza E, Morcet N, Chaperon J, Langlais F (1997) Prediction of rotator cuff  
787 repair results by magnetic resonance imaging. *Clin. Orthop.* 275–283
- 788 153. Thomazeau H, Rolland Y, Lucas C, Duval JM, Langlais F (1996) Atrophy of the supraspinatus  
789 belly. Assessment by MRI in 55 patients with rotator cuff pathology. *Acta Orthop. Scand.* 67:264–  
790 268
- 791 154. Tingart MJ, Apreleva M, Lehtinen JT, Capell B, Palmer WE, Warner JJP (2003) Magnetic  
792 resonance imaging in quantitative analysis of rotator cuff muscle volume. *Clin. Orthop.* 104–110
- 793 155. Tudisco C, Bisicchia S, Savarese E, Fiori R, Bartolucci DA, Masala S, Simonetti G (2013)  
794 Single-row vs. double-row arthroscopic rotator cuff repair: clinical and 3 Tesla MR arthrography  
795 results. *BMC Musculoskelet. Disord.* 14:43
- 796 156. Vandebussche E, Bensaïda M, Mutschler C, Dart T, Augereau B (2004) Massive tears of the  
797 rotator cuff treated with a deltoid flap. *Int. Orthop.* 28:226–230

- 798 157. Voigt C, Bosse C, Vosschenrich R, Schulz AP, Lill H (2010) Arthroscopic supraspinatus tendon  
799 repair with suture-bridging technique: functional outcome and magnetic resonance imaging. *Am. J.*  
800 *Sports Med.* 38:983–991
- 801 158. Walton JR, Bowman NK, Khatib Y, Linklater J, Murrell GAC (2007) Restore orthobiologic  
802 implant: not recommended for augmentation of rotator cuff repairs. *J. Bone Joint Surg. Am.*  
803 89:786–791
- 804 159. Warner JJ, Higgins L, Parsons IM, Dowdy P (2001) Diagnosis and treatment of anterosuperior  
805 rotator cuff tears. *J. Shoulder Elb. Surg. Am. Shoulder Elb. Surg. AI* 10:37–46
- 806 160. Williams MD, Lädermann A, Melis B, Barthelemy R, Walch G (2009) Fatty infiltration of the  
807 supraspinatus: a reliability study. *J. Shoulder Elb. Surg. Am. Shoulder Elb. Surg. AI* 18:581–587
- 808 161. Yamaguchi H, Suenaga N, Oizumi N, Hosokawa Y, Kanaya F (2011) Open repair for massive  
809 rotator cuff tear with a modified transosseous-equivalent procedure: preliminary results at short-  
810 term follow-up. *J. Orthop. Sci. Off. J. Jpn. Orthop. Assoc.* 16:398–404
- 811 162. Yamaguchi H, Suenaga N, Oizumi N, Hosokawa Y, Kanaya F (2012) Will preoperative atrophy  
812 and Fatty degeneration of the shoulder muscles improve after rotator cuff repair in patients with  
813 massive rotator cuff tears? *Adv. Orthop.* 2012:195876
- 814 163. Yoo JC, Ahn JH, Koh KH, Lim KS (2009) Rotator cuff integrity after arthroscopic repair for  
815 large tears with less-than-optimal footprint coverage. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ.*  
816 *Arthrosc. Assoc. N. Am. Int. Arthrosc. Assoc.* 25:1093–1100
- 817 164. Yoo JC, Ahn JH, Yang JH, Koh KH, Choi SH, Yoon YC (2009) Correlation of arthroscopic  
818 repairability of large to massive rotator cuff tears with preoperative magnetic resonance imaging  
819 scans. *Arthrosc. J. Arthrosc. Relat. Surg. Off. Publ. Arthrosc. Assoc. N. Am. Int. Arthrosc. Assoc.*  
820 25:573–582

- 821 165. Zanetti M, Gerber C, Hodler J (1998) Quantitative assessment of the muscles of the rotator cuff  
822 with magnetic resonance imaging. *Invest. Radiol.* 33:163–170
- 823 166. Zanetti M, Jost B, Hodler J, Gerber C (2000) MR imaging after rotator cuff repair: full-  
824 thickness defects and bursitis-like subacromial abnormalities in asymptomatic subjects. *Skeletal*  
825 *Radiol.* 29:314–319
- 826 167. Zilber S, Carillon Y, Lapner PC, Walch G, Nové-Josserand L (2007) Infraspinal delamination  
827 does not affect supraspinatus tear repair. *Clin. Orthop.* 458:63–69
- 828 168. Zlatkin MB, Iannotti JP, Roberts MC, Esterhai JL, Dalinka MK, Kressel HY, Schwartz JS,  
829 Lenkinski RE (1989) Rotator cuff tears: diagnostic performance of MR imaging. *Radiology*  
830 172:223–229
- 831 169. Zumstein MA, Jost B, Hempel J, Hodler J, Gerber C (2008) The clinical and structural long-  
832 term results of open repair of massive tears of the rotator cuff. *J. Bone Joint Surg. Am.* 90:2423–  
833 2431

834

835

836

837 **FIGURE LEGENDS**

838

839 **Fig. 1** Studies selection based on PRISMA flowchart.

840



<b>Outcome</b>	<b>MR setting</b>	<b>CLASSIFICATION</b>	<b>REFERENCES</b>
Structural integrity	T2 weighted images  Coronal view	Y/N  Full thickness tear: fluid-like signal intensity that extends through an area of the rotator cuff or the nonvisualization of a portion of the rotator cuff	[3, 6, 7, 13, 15–18, 20, 21, 26, 28, 32, 37, 38, 40–42, 44, 48, 51–53, 60, 61, 64, 64, 72, 84, 86, 87, 90–93, 97, 100, 102–104, 109, 114, 117, 119–121, 123, 124, 126, 127, 131, 132, 132, 135, 137, 138, 145, 150, 158, 166, 169]
	T2-weighted and STIR images.  Coronal view	Full thickness tear: high signal intensity traversing the entire tendon thickness  Partial-thickness tendon tear: fluid traversing a portion of the tendon (whether on the articular or the bursal surface or both) but not traversing the full thickness of the tendon.  Cuff integrity	[10, 11, 34, 74, 98, 118]
	T2 weighted[152]  T2 fat-suppressed sequences, including axial transverse, coronal oblique (parallel to the	Type I: Continuous and thick  Type II: Continuous, but thin  Type III: Return	[4, 5, 152, 167]

	<p>supraspinatus muscle), and sagittal oblique (perpendicular to the supraspinatus muscle)[167]</p> <p>T2-weighted, proton density weighted, as well as STIR, axial and paracoronal[4, 5]</p>		
	<p>T2 weighted</p> <p>Oblique coronal, oblique sagittal, and transverse views</p> <p>Proton density weighted spin echo sequences, paracoronal view[39]</p>	<p>Sugaya's classification:</p> <p>type I, repaired cuff appeared to have sufficient thickness compared with normal cuff with homogenously low intensity on each image;</p> <p>type II, sufficient thickness compared with normal cuff associated with partial high intensity area;</p> <p>type III, insufficient thickness with less than half the thickness when compared with normal cuff, but without discontinuity, suggesting a partial-thickness delaminated tear;</p> <p>type IV, presence of a minor discontinuity in only 1 or 2 slices on both oblique coronal</p>	<p>[39, 42, 46, 47, 55, 73, 75, 77–79, 105, 122, 129, 139, 142, 147, 148, 161, 162]*</p>

		<p>and sagittal images, suggesting a small full-thickness tear;</p> <p>type V: presence of a major discontinuity observed in more than 2 slices on both oblique coronal and sagittal images, suggesting a medium or large full-thickness tear</p>	
	<p>T2 weighted</p> <p>Oblique coronal, oblique sagittal, and transverse views</p>	<p>Sugaya's dichotomization</p> <p>intact (Sugaya types I and II);</p> <p>insufficient/not healed/return (Sugaya types III-V)</p>	[65–68, 70, 73, 76, 79, 106, 157]
	<p>T2 weighted</p> <p>Oblique coronal, oblique sagittal, and transverse views</p>	<p>Sugaya's dychotmization:</p> <p>intact:Sugaya types I-III</p> <p>return: Sugaya types IV-V</p>	[8, 55, 57–59, 71, 81, 113]
	<p>Fast proton-density with fat saturation and fast STIR</p> <p>Oblique coronal</p> <p>T2 with fat saturation</p>	<p>type 1: sufficient thickness with homogeneously low intensity,</p> <p>type 2: sufficient thickness with partial high intensity,</p> <p>type 3: insufficient thickness without discontinuity,</p>	[22]

	Sagittal view	<p>type 4-A: presence of a partial-thickness focal discontinuity,</p> <p>type 4-B: presence of a full-thickness focal discontinuity,</p> <p>type 5: presence of a major discontinuity with retraction.</p>	
	Not clearly specified	<p>Type 1: tendon intact with regular thickness</p> <p>Type 2: tendon intact, but thinning</p> <p>Type 3: small hole &lt; 225 mm<sup>2</sup> (e.g. 1.5cm x 1.5 cm)</p> <p>Type 4: big hole &gt; 225 mm<sup>2</sup></p>	[62]
	Not clearly specified	<p>Type 1: well-repaired tendon with thick continuity;</p> <p>Type 2: deep partial re-tearing (continuity of the thin superficial tendon and interruption of the deep tendon);</p> <p>Type 3: superficial partial re-tearing (continuity of the thin deep tendon and interruption of the superficial tendon around the medial anchors with a well-</p>	[50]

		<p>preserved tendon on the footprint);</p> <p>Type 4: complete retearing at the middle of the tendon around the medial anchors with a healed rotator cuff footprint;</p> <p>Type 5: complete retearing of the tendon from the footprint</p>	
Muscle atrophy	<p>T1 weighted</p> <p>Oblique sagittal view</p> <p>Y shaped view: the most lateral image on which the scapular spine is in contact with the rest of the scapula</p>	<p>Only supraspinatus</p> <p>Grade 1: Normal/ slight atrophy Occupation ratio(1.00-0.60)</p> <p>Grade 2: Moderate atrophy Occupation ratio(0.60-0.40)</p> <p>Grade 3: Severe atrophy Occupation ratio(&lt;0.40)</p> <p>Occupation ratio=cross section area of the muscle/cross section area of the fossa</p>	[4, 5, 21, 28, 56, 57, 78, 82, 93, 114, 130, 152, 153, 157, 167]
	<p>T2-weighted</p> <p>Oblique sagittal views obtained about 20mm proximal to the deepest point on the concave curve of the glenoid surface</p>	<p>The occupation ratio[153] is evaluated not only for supraspinatus, but also for the subscapularis, and the combined infraspinatus and teres minor muscles</p>	[162]

	<p>T1-weighted</p> <p>Parasagittal turbo spin-echo</p> <p>Y shaped view</p>	<p><i>Cross sectional area</i></p> <p>Regions of interest are determined by the contours of the supraspinatus, infraspinatus, teres minor, and subscapularis muscles.</p> <p>The cross-sectional areas (in Cm<sup>2</sup>) of these structures are alculated. The area of the supraspinatus fossa is also measured. Standardized areas are calculated by dividing muscle areas by the area of the fossa supraspinatus.</p> <p>Measurements (mean and SD) obtained in patients are expressed as multiples of SD below or above the mean of the corresponding decade</p> <p>Muscle atrophy is considered to be present when the value of the standardized area were more than 2 SD below the mean</p> <p><i>Tangent sign:</i></p> <p>A line (tangent) is drawn through the superior borders of the scapular spine and the</p>	<p>[2, 28, 32, 37, 57, 78, 91, 104, 114, 119, 130, 157, 165, 166, 169]</p>
--	---	---	--

		<p>superior margin of the coracoid. The tangent sign is abnormal (positive) when the supraspinatus muscle do not cross the tangent.</p>	
	NA	<p>Normal</p> <p>Atrophic</p> <p>Hypertrophic</p>	[74]
	Oblique sagittal plane image medial to the level of the coracoid process	<p>No atrophy = muscle completely fills its fossa, and the outer contour is convex;</p> <p>Minimal atrophy = muscle's outer contour is flat compared with its fossa;</p> <p>Moderate atrophy = muscle's outer contour is concave into the fossa;</p> <p>Severe atrophy = muscle is barely apparent in its fossa.</p> <p>The overall degree of atrophy of the rotator cuff muscles is recorded on the basis of the most severely affected muscle.</p>	[15, 40, 159, 163]
	T1 weighted	<i>Supraspinatus</i>	[49]

	<p>Oblique coronal plane: supraspinatus muscle.</p> <p>Axial plane: infraspinatus muscle.</p> <p>The slice that pass through the center of the glenoid is selected for evaluation.</p>	<p>The first line (L1) is drawn from the superior rim of the glenoid to the inferior rim, and the second line (L2) is drawn parallel to L1 at the neck of the glenoid.</p> <p>Width of the supraspinatus muscle: the distance between the superior and inferior end of the supraspinatus muscle on L2. (mm)</p> <p><i>Infraspinatus</i></p> <p>The first line (M1) is drawn from the anterior rim to the posterior rim, and the second line (M2), parallel to M1, is drawn at the neck of the glenoid.</p> <p>Width of the infraspinatus muscle: The distance between the anterior end and posterior end of the infraspinatus muscle on M2. (mm)</p>	
	<p>Oblique sagittal T1</p> <p>Y shaped view</p>	<p>Modified tangent sign</p> <p>grade 3, positive sign;</p> <p>grade 2, borderline;</p> <p>grade 1, negative sign</p>	<p>[56, 164]</p>

	<p>Non fat saturated sagittal view</p> <p>Y shaped view</p>	<p>Subjective grading applied to all muscles</p> <p>Normal</p> <p>25% atrophy</p> <p>50% atrophy</p> <p>75% atrophy</p> <p>complete atrophy</p>	[63]
	<p>Parasagittal T1-weighted</p> <p>Y shaped view</p>	<p>After definition of elliptical regions of interest of identical size (25 mm<sup>2</sup>), the signal intensity was measured. Five elliptical regions of interest in the supraspinatus muscle and, for comparison, 5 elliptical regions of interest in the teres minor muscle were located to calculate the signal to- signal ratio : teres minor/supraspinatus.</p>	[39, 47]
Fatty infiltration	<p>T1-weighted turbo spin-echo Parasagittal view</p> <p>Y shaped view</p> <p>T1 weighted</p>	<p>Grade 0 No fatty deposits</p> <p>Grade 1 Some fatty streaks</p> <p>Grade 2 More muscle than fat</p> <p>Grade 3 As much muscle as fat</p> <p>Grade 4 Less muscle than fat</p>	[2, 32, 33, 37–40, 43, 51, 56, 57, 60, 61, 63, 78, 84, 91, 93, 104, 105, 111, 114, 119, 123, 132, 135, 144, 156, 157, 162, 163, 167, 169]*

	<p>Coronal view[40]</p> <p>T2 weighted, Y shaped view [78, 123, 163]</p> <p>Non fat saturated Y shaped view[63, 167]</p>		
		Global fatty degeneration index (GFDI): mean value of the grades for the supraspinatus, infraspinatus, and subscapularis	[15–18, 44, 57, 156, 163]
	<p>T1-weighted images Oblique coronal plane</p>	<p>Linear bands of bright signal in the SS muscle belly:</p> <p>Grade 1: no linear band.</p> <p>Grade 2: 1 or 2 narrow linear bands.</p> <p>Grade 3: 3 or more narrow linear bands or 1 or 2 thick linear bands</p>	[49, 112]
Footprint coverage	Not clearly specified	Footprint is compared with footprint of a normal supraspinatus tendon, which covers the entire greater	[9, 21, 63]

		<p>tuberosity from medial to lateral.</p> <p>In cases where the tendon attachment is medialized, width of the medialized footprint is compared with width of the greater tuberosity</p> <p>Grade 4: &gt;75%;</p> <p>Grade 3: 51-75%;</p> <p>Grade 2: 26-50%;</p> <p>Grade 1: &lt;25%</p>	
	Not clearly specified	<p>Footprint is compared with footprint of a normal supraspinatus tendon, which covers the entire greater tuberosity from medial to lateral.</p> <p>In cases where the tendon attachment is medialized, width of the medialized footprint is compared with width of the greater tuberosity</p> <p>Grade 3: 3/3;</p> <p>Grade 2: 2/3;</p> <p>Grade 1: 1/3</p>	[13]
Tear size	T2 weighted	maximal mediolateral diameter	[60, 61, 103, 104, 109, 131, 163, 169]

	T2 STIR[103, 104]  Oblique coronal and sagittal view	maximal anteroposterior diameter	
	T2 weighted  Sagittal view	Anteroposterior length of the exposed rotator cuff footprint of the lateral-most section of the greater is measured.  small: <1 cm;  medium: 1-3 cm;  large: 3 to 5 cm;  massive: > 5 cm	[119, 151]
	T2 weighted  Coronal and sagittal view	The tear is measured at the greater and lesser tuberosities (insertion of the rotator cuff).  less than 1cm  $1\text{cm} < x < 2\text{cm}$  $2\text{cm} < x < 3\text{cm}$  $3\text{cm} < x < 4\text{cm}$	[63]

		4cm < x < 5cm greater than 5cm	
Retear pattern (full thickness)	Oblique sagittal plane	Anterior: the center of the tear is within the anterior half of the supraspinatus tendon.  Posterior: the center of the tear is within the posterior half of the tendon	[103]
	At least one T2 weighted or proton density weighted image	Type 1: if the cuff tissue repaired at the insertion site of the rotator cuff is not at all observed to be remaining on the greater tuberosity;  Type 2: remnant cuff tissue remained at the insertion site in spite of retear	[15, 17, 64, 113]
	Not clearly specified	Greater tuberosity  Muscolotendinous junction	[63]
Partial retear	T2 weighted  Coronal and sagittal view	Articular surface tear  Bursal surface tear  Can not be determined	[63]
Tendon retraction	Coronal plane	Stage 1: the tear edge is lying over the greater tuberosity	[22]

		<p>(usually &lt; 1 cm in greatest diameter);</p> <p>Stage 2: the tear exposes the humeral head but does not retract to the glenoid articular surface (between 1 and 3 cm in greatest diameter);</p> <p>Stage 3: tears that extends to the glenoid (between 3 and 5 cm in greatest diameter);</p> <p>Stage 4: tears that is severely retracted medial to the glenoid (&gt; 5 cm in greatest diameter)</p>	
	Not clearly specified	<p>Minimal (within 5mm of the greater or lesser tuberosity)</p> <p>Midhumeral</p> <p>Glenohumeral</p> <p>Medial to the glenoid</p>	[63]
	<p>T2- weighted</p> <p>Coronal sections through the center of the supraspinatus muscle</p>	<p>Millimeters from the lateral edge of the greater tuberosity to the tendon end</p>	[151]

Tendon length	T2 weighted Coronal view	Millimeters from the lateral tendon edge to the musculotendinous junction	[151]
Musculotendinous junction position	same coronal T2-weighted image on which tendon retraction is measured	<p>The most lateral point of the supraspinatus at which inserting muscle fibers on the central tendon</p> <p>Two measurements:</p> <p>Distance from the glenoid face line (mm): a positive value if the musculotendinous junction is lateral to the glenoid face line and a negative value if the musculotendinous junction is medial to the glenoid face line</p> <p>Binary variable of medial/lateral position</p>	

		<i>(glenoid face line: a line connecting the supraglenoid and infraglenoid tubercles; same coronal cut on which the musculotendinous junction position is identified)</i>	
Tendon signal intensity	Not clearly specified	Low High Intermediate	[74]
	Intermediate weighted and T2 weighted	Type 1: diffuse mildly increased signal (not equal to that of fluid) and an intact tendon)  Type 2: focally increased signal intensity (equal to that of fluid) bursal or articular  Type 3: focal increased signal entire thickness with or without retraction	[82, 145, 168]
	Spin echo T1 and fast spin echo T2 sequences	Fullthickness tear: a signal intensity equal to water filling the entire thickness of the tendon	[82]

		<p>Partial tear: signal equal to water extended through part of the thickness of the tendon.</p> <p>Degenerative tendinosis: signal appears moderately bright in the spin echo T1 and fast spin echo T2 sequences, but not as bright as water in fast spin echo T2, or a tendon that is heterogeneous or longitudinally striated in both sequences</p> <p>Normal tendon: normal in thickness and low in signal intensity in all sequences</p>	
	Not clearly specified	<p>Grade 4: normal signal intensity (low signal on all sequences)</p> <p>Grade 3: increased signal intensity in the tendon involving &lt;1 cm distance or &lt;25% of tendon width</p>	[9, 21, 63]

		<p>Grade 2: increased signal intensity in the tendon involving 1-2cm distance or 25%-50% of tendon width</p> <p>Grade 1: increased signal intensity in the tendon involving &gt;2cm distance or &gt;75% of tendon width</p>	
	Not clearly specified	<p>Grade 3: light and diffused increase of the signal (different from that of the synovial fluid);</p> <p>Grade 2: tendon appears undamaged but there is a focal increase of the signal (the same as that of the synovial fluid) on the bursal or articular side;</p> <p>Grade 1: the increase of the signal's intensity (the same as that of the signal of the synovial fluid) involves the entire thickness of the tendon, with or without tendinous retraction</p>	[13]

Tendon thickness	Coronal oblique plane	Supraspinatus tendon thickness (mm) is measured from the clear tendinous area below the anterolateral tip of the acromion  Scale 0.5 mm	[82]
	Oblique coronal view	Minimum thickness: measured immediately medial to the insertion of the supraspinatus tendon into the greater tuberosity, 1 cm posterior to the biceps tendon.  0 mm if there is a reatear	[158]
	Not clearly specified	Comparison with normal tendon thickness:  Grade 4: >75%;  Grade 3: 51-75%;  Grade 2: 26-50%;  Grade 1: <25%	[9, 21, 63]
	Not clearly specified	Comparison with normal tendon thickness:  Grade III, normal thickness;	[13]

		<p>Grade II, more than 50% normal thickness;</p> <p>Grade I, less than 50% normal thickness.</p>	
Number of tendons involved	T2 coronal and sagittal views	<p>Supraspinatus only</p> <p>Supraspinatus and infraspinatus (posterosuperior tear)</p> <p>Supraspinatus, infraspinatus and teres minor (posterosuperior tear)</p> <p>Subscapularis</p> <p>Supraspinatus and subscapularis (anterosuperior tear)</p>	[63]
Acromiohumeral distance	Non fat-saturated sequence Sagittal view	<p>The slice that best represents the midhumeral level with regard to its anteroposterior dimension is chosen to measure the distance from the superior aspect of the humeral head and the undersurface of the acromion.</p> <p>10mm or greater</p> <p>10mm &gt; x &gt; 5mm</p>	[63]

		less than 5mm contact between the 2 surfaces	
	Not clearly specified	Subacromial space narrowing: acromiohumeral distance $\leq$ 3 mm	[82]
Acromial morphology	Sagittal view (anterior third of the acromion)  Coronal view (lateral third of the acromion: the image just anterior to the posterior aspect of the acromioclavicular joint)	Flat: the apex of the acromion undersurface is in the medial third of the acromion or there is no apex under the acromion.  Curved: one with the apex of the acromion undersurface in the middle third  Hooked: one with the apex in the lateral third	[29, 77]
Subacromial bursa (thickness)	Not clearly specified	Pathologic if measured more than 2 mm in thickness	[145]
	STIR or T2-weighted fat-suppressed	images parallel to the supraspinatus tendon  Y/N: signal intensity abnormalities	[166]
Acromioclavicular osteoarthritis	Not clearly specified	Y/N	[74, 145]
Glenohumeral joint effusion	T1 weighted and T2 weighted fast spin echo and fat suppression	Based on the amount of fluid in the subcoracoid and axillary	[63, 134, 145]

	Coronal oblique	recesses and the biceps tendon sheath:  Absent  Small  Moderate  Large	
Evidence of subacromial impingement	Not clearly specified	Y/N: presence of a spur from the undersurface of the acromion or distal clavicle that indents on the supraspinatus muscle or tendon	[98]
Bone marrow edema	T2 weighted	Y/N  <b>Localization:</b>  greater tuberosity  lesser tuberosity  subchondral bone of articular surface	[63]
Cysts of the greater tuberosity	T2 weighted  Coronal view	Y/N	[63]
Artifacts	T2 weighted fast spin echo without fat saturation	Absent	[74, 145]

	Oblique coronal	<p>Mild: involvement of the subcutaneous tissue alone</p> <p>Moderate: involvement of the capsular structures</p> <p>Severe: preclude the assessment of the rotator cuff</p>	
Anchor features	Transaxial PD-weighted and paracoronal PD-sequences	<p><b>Peri implant fluid</b></p> <p>Increased signal intensity around the anchor:</p> <p>No fluid</p> <p>slightly present</p> <p>fluid seam (1 mm)</p> <p>pronounced fluid (&gt;1mm).</p> <p>For all measurements, care must be taken to distinguish between proximal, medial and lateral parts of the anchor.</p> <p><b>Structure</b></p> <p>Assuming that degradation is represented by a decreased visibility of the anchor structure:</p>	[47]

		<p>Grade 1 indicates a clearly visible structure,</p> <p>Grade 2 a visible structure,</p> <p>Grade 3 a partially visible structure</p> <p>Grade 4 describes a structure which is not delimitable from the surrounding tissue</p> <p><b>Tunnel</b></p> <p>Applying an axis through the central pin of the screw:</p> <p>This enabled three perpendicular measurements with a distance of at least 0.5 mm</p>	
	T1 and T2 weighted	<p><b>Humeral head osteolysis</b></p> <p>Y/N: when the normal marrow fat around the suture anchors is replaced by tissue with a signal isointense to muscle on T1-weighted images and hypointense to water on intermediate and T2-weighted images</p>	[123]

Integrity of the long head of the biceps	Multiplanar gradient recall images or T2-weighted and proton-density  Axial cut	Y/N  Absence of the biceps tendon from the intertubercular groove and the inability to identify a medial dislocation of the tendon	[34]
	T2 weighted  Axial cut	Y/N  (increased or normal signal)	[63]
Presence of the long head of the biceps abnormality	T2 weighted  Axial cut	Y/N  Presence of a longitudinal split in the biceps	[63]

844

845

846