# Third-trimester ultrasound for antenatal diagnosis of placenta accreta spectrum in women with placenta previa: results from the ADoPAD study

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KEYWORDS: Cesarean section; diagnosis; low-lying placenta; placenta accreta spectrum; placenta previa; ultrasound

# CONTRIBUTION

#### What are the novel findings of this work?

This is the first multicenter prospective study showing that grayscale ultrasound has good diagnostic performance to identify pregnancies at low risk of placenta accreta spectrum disorders (PAS) in a high-risk population of patients with low-lying placenta or placenta previa. The probability of clinically significant PAS decreased from 21% to 11%, 9% and 5% when the uterine serosa-bladder wall interface was normal, when placental lacunae were absent and when the hypoechogenic retroplacental space was non-interrupted, respectively.

#### What are the clinical implications of this work?

In patients with low-lying placenta or placenta previa in the third trimester, ultrasound may be safely used to guide management decisions and concentrate resources on patients with higher risk of clinically significant PAS.

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Accepted: 5 March 2022



## ABSTRACT

**Objective** To evaluate the performance of third-trimester ultrasound for the diagnosis of clinically significant placenta accreta spectrum disorder (PAS) in women with low-lying placenta or placenta previa.

Methods This was a prospective multicenter study of pregnant women aged  $\geq 18$  years who were diagnosed with low-lying placenta (< 20 mm from the internal cervical os) or placenta previa (covering the internal cervical os) on ultrasound at  $\geq 26 + 0$  weeks' gestation, between October 2014 and January 2019. Ultrasound suspicion of PAS was raised in the presence of at least one of these signs on grayscale ultrasound: (1) obliteration of the hypoechogenic space between the uterus and the placenta; (2) interruption of the hyperechogenic interface between the uterine serosa and the bladder wall; (3) abnormal placental lacunae. Histopathological examinations were performed according to a predefined protocol, with pathologists blinded to the ultrasound findings. To assess the ability of ultrasound to detect clinically significant PAS, a composite outcome comprising the need for active management at delivery and histopathological confirmation of PAS was considered the reference standard. PAS was considered to be clinically significant if, in addition to histological confirmation, at least one of these procedures was carried out after delivery: use of hemostatic intrauterine balloon, compressive uterine suture, peripartum hysterectomy, uterine/hypogastric artery ligation or uterine artery embolization. The diagnostic performance of each ultrasound sign for clinically significant PAS was evaluated in all women and in the subgroup who had at least one previous Cesarean section and anterior placenta. Post-test probability was assessed using Fagan nomograms.

Results A total of 568 women underwent transabdominal and transvaginal ultrasound examinations during the study period. Of these, 95 delivered in local hospitals, and placental pathology according to the study protocol was therefore not available. Among the 473 women for whom placental pathology was available, clinically significant PAS was diagnosed in 99 (21%), comprising 36 cases of placenta accreta, 19 of placenta increta and 44 of placenta percreta. The median gestational age at the time of ultrasound assessment was 31.4 (interquartile range, 28.6–34.4) weeks. A normal hypoechogenic space between the uterus and the placenta reduced the post-test probability of clinically significant PAS from 21% to 5% in women with low-lying placenta or placenta previa in the third trimester of pregnancy and from 62% to 9% in the subgroup with previous Cesarean section and anterior placenta. The absence of placental lacunae reduced the post-test probability of clinically significant PAS from 21% to 9% in women with low-lying placenta or placenta previa in the third trimester of pregnancy and from 62% to 36% in the subgroup with previous Cesarean section and anterior placenta. When abnormal placental lacunae were seen on ultrasound, the post-test probability of clinically significant PAS increased from 21% to 59% in the whole cohort and from 62% to 78% in the subgroup with previous Cesarean section and anterior placenta. An interrupted hyperechogenic interface between the uterine serosa and bladder wall increased the post-test probability for clinically significant PAS from 21% to 85% in women with low-lying placenta or placenta previa and from 62% to 88% in the subgroup with previous Cesarean section and anterior placenta. When all three sonographic markers were present, the post-test probability for clinically significant PAS increased from 21% to 89% in the whole cohort and from 62% to 92% in the subgroup with previous Cesarean section and anterior placenta.

**Conclusions** Grayscale ultrasound has good diagnostic performance to identify pregnancies at low risk of PAS in a high-risk population of women with low-lying placenta or placenta previa. Ultrasound may be safely used to guide management decisions and concentrate resources on patients with higher risk of clinically significant PAS. © 2022 The Authors. Ultrasound in Obstetrics & Gynecology published by John Wiley & Sons Ltd on behalf of International Society of Ultrasound in Obstetrics and Gynecology.

## INTRODUCTION

Placenta accreta spectrum disorder (PAS) is a pregnancy complication that occurs when the chorionic villi invade the myometrium. On the basis of the depth of myometrial invasion, it is classified into placenta accreta, placenta increta and placenta percreta<sup>1</sup>. PAS is associated with increased maternal mortality and morbidity, including uterine rupture before viability, massive hemorrhage, multiorgan failure and the need for hysterectomy<sup>2</sup>. Placenta previa and a history of Cesarean delivery are the main risk factors for PAS, with the risk of placental adhesive disorder increasing with the number of Cesarean sections<sup>3</sup>. Ultrasound is usually considered the first-line tool in the diagnosis of abnormal placentation. Its diagnostic performance is generally reported to be good, with sensitivity ranging from 77% to 97% and specificity up to 97%<sup>4</sup>. A recent systematic review and meta-analysis including 3907 pregnancies presenting with placenta previa or low-lying placenta and one or more prior Cesarean deliveries identified 328 (8.4%) cases of placenta previa accreta, of which 298 (90.9%) were diagnosed prenatally on ultrasound<sup>5</sup>. However, there is wide variation in prenatal detection rates for PAS depending on the ultrasound signs used, operator experience, scanning conditions, equipment used and gestational age. In particular, color Doppler imaging is more susceptible to interoperator variability than is grayscale imaging<sup>6</sup>. Antenatal diagnosis has been shown to reduce maternal morbidity<sup>7</sup>; however, recent population studies have shown that up to two-thirds of PAS cases remain undiagnosed prenatally<sup>6</sup>. Differences in detection rates between studies may be

attributed to a combination of limited sample size, retrospective design, variability in study inclusion criteria and whether confirmation of diagnosis of PAS is at delivery or by histopathology<sup>6</sup>. As the presence of histopathological features of PAS without complications such as bleeding is of limited clinical significance<sup>8</sup>, we planned a multicenter prospective study to evaluate the diagnostic performance of third-trimester ultrasound for the diagnosis of clinically significant PAS.

## **METHODS**

This was a multicenter prospective observational study (ADoPAD, Antenatal Diagnosis of Placental Attachment Disorders) involving 16 Italian hospitals, conducted from October 2014 to January 2019. The study was registered with ClinicalTrials.gov (NCT02442518). The study was approved by the ethics committee of the coordinating center (University of Brescia) and all local ethics committees. Written informed consent was obtained from all study participants. The study was not funded.

We included pregnant women with a low-lying placenta (< 20 mm from the internal cervical os) or placenta previa (covering the os), aged  $\geq$  18 years, who underwent ultrasound assessment at  $\geq$  26 + 0 weeks to assess placental location. All patients underwent a further scan at 34–36 weeks' gestation for repeat assessment of placental location. During the antenatal visits, maternal demographic characteristics and medical and obstetric history were recorded, and ultrasound examination was performed to assess the placenta. Both transabdominal

and transvaginal examinations were performed in all cases, using only grayscale ultrasound. First, transabdominal imaging was performed to obtain an overview of placental location and start assessing the regions of concern. Then, a transvaginal scan was performed, inserting the transducer carefully into the vagina up to a short distance from the cervix, under continuous observation of the image. A sagittal scan of the whole length of the cervix and lower part of the uterus was obtained in each woman. The internal cervical os and the lower part of the uterine wall were visualized clearly in all cases, moving the transvaginal probe from side to side. Measurements were obtained by tracing the distance between the lower edge of the placental tissue and the margin of the internal cervical os in the absence of uterine contraction. The thickness of the lower placental edge was measured within 1 cm of the meeting point of the basal and chorionic plates<sup>9</sup>. All ultrasound examinations were performed with a moderately full bladder to allow assessment of the interface between the uterine serosa and the bladder wall.

Ultrasound suspicion of PAS was raised in the presence of at least one of these signs: (1) obliteration of the hypoechogenic space between the uterus and the placenta; (2) interruption of the hyperechogenic interface between the uterine serosa and the bladder wall; (3) abnormal placental lacunae, defined as the presence of numerous lacunae including some that are large and irregular (Finberg Grade 3), often containing turbulent flow visible on grayscale imaging<sup>10</sup>. Examples of the presence and absence of these ultrasound signs are shown in Figure 1.

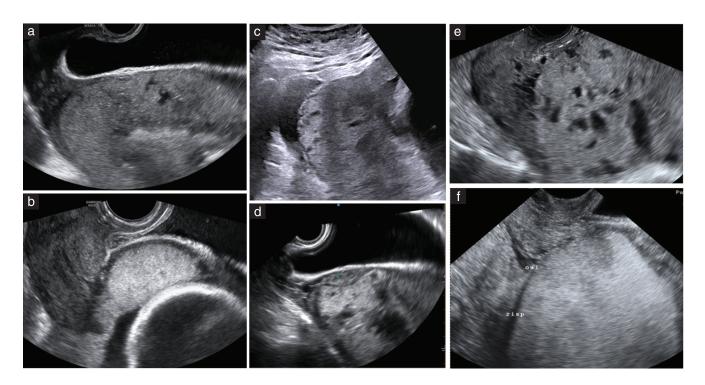


Figure 1 Grayscale ultrasound images obtained at 30-32 weeks' gestation, showing presence (a,c,e) and absence (b,d,f) of sonographic signs of placenta accreta spectrum disorder. (a,b) Obliterated (a) and normal (b) hypoechogenic space between uterus and placenta; (c,d) interrupted (c) and normal (d) hyperechogenic interface between uterine serosa and bladder wall; (e,f) presence (e) and absence (f) of abnormal placental lacunae.

Pregnancy outcome, including diagnosis of PAS, was obtained from the hospital records for all patients. The clinicians managing the delivery were aware of the ultrasound findings.

To assess the ability of ultrasound to detect clinically significant PAS, a composite outcome comprising the need for active management at delivery and histopathological confirmation of PAS was considered as reference standard. In the presence of any ultrasound sign of PAS, the placenta was labeled as possibly accreta. Clinical suspicion of PAS at the time of delivery was raised whenever the placenta did not separate at all or only partially at delivery and/or the attempt to remove it led to brisk hemorrhage<sup>8</sup>. Pathological examinations were performed according to a predefined protocol, with the pathologists blinded to the ultrasound findings. Pathological diagnosis of placenta accreta, whether performed on hysterectomy specimens or only on placentas in those in whom the uterus was retained, relied on findings of placental villi in direct apposition to the myometrium in the absence of intermediate decidual layers between anchoring villi and muscular cells<sup>1,8</sup>. PAS was considered of clinical significance if, in addition to histological confirmation, at least one of these procedures was carried out after delivery: use of hemostatic intrauterine balloon, compressive uterine suture, peripartum hysterectomy, uterine/hypogastric artery ligation or uterine artery embolization. When none of these procedures was required to stop bleeding, the histological diagnosis of PAS was not considered clinically significant.

#### Statistical analysis

Continuous variables were presented as median and interquartile range (IQR), and comparisons were performed using the Kruskal-Wallis test or Mann-Whitney U-test. Categorical variables were presented as n (%), and comparisons were performed using the chi-square test or Fisher's exact test, as appropriate. P-values < 0.05 were considered significant. Sensitivity, specificity, diagnostic accuracy, positive likelihood ratio, negative likelihood ratio, diagnostic odds ratio, positive predictive value and negative predictive value (NPV) were calculated for each ultrasound sign and their combination, in all women for whom pathology data were available and in the subgroup with at least one previous Cesarean section and anterior placenta. Fagan nomograms were used to estimate how the result of each ultrasound sign changed the probability that a patient had clinically significant PAS<sup>11</sup>. Cases with indeterminate or missing ultrasound data were not used for calculation of diagnostic accuracy.

After a pilot estimate of the prevalence of PAS in our population as 0.2 (unpubl. data), we estimated that, for a predetermined value of sensitivity of 80% and  $\alpha = 0.05$ , with precision of estimate set at 10%, specificity of 95% and an expected dropout rate of 10%, a sample size of 348 would be needed. Statistical analysis was performed using Stata version 13.1 (StataCorp, College Station, TX, USA). The results of this study are reported in accordance with the Standards for Reporting Diagnostic Accuracy (STARD) statement<sup>12</sup>.

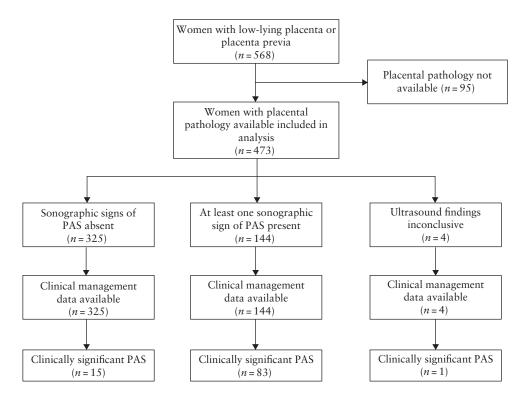


Figure 2 STARD flowchart showing inclusion in study of women with low-lying placenta or placenta previa, ultrasound findings related to placenta accreta spectrum disorder (PAS) and final diagnosis of clinically significant PAS, which was defined as histological confirmation of PAS in addition to need for active management at delivery.

# RESULTS

A total of 568 women with low-lying placenta or placenta previa were included in the study. Of these, 95 delivered in local hospitals, and placental pathology according to the study protocol was therefore not available. The frequency of ultrasound signs of PAS and active management in the study population are shown in Table S1. Among the 473 women for whom placental pathology was available, clinically significant PAS was diagnosed in 99 women (prevalence, 20.9% (95% CI, 17.0-24.9%)), comprising 36 cases of placenta accreta, 19 cases of placenta increta and 44 cases of placenta percreta. In 16 of the 36 cases of superficial PAS, the diagnosis was performed after hysterectomy; in the remaining 20 cases, pathological diagnosis of superficial placenta accreta was performed on the placentas. In all cases of placenta increta and placenta percreta, the diagnosis was performed after hysterectomy. The STARD diagram showing the flow of participants through the study is shown in Figure 2.

Characteristics and detailed clinical outcomes of the study cohort, according to their history of Cesarean

section, are presented in Table 1. At the time of delivery, 368 women had placenta previa and 105 had low-lying placenta. There were 101 women with one previous Cesarean section, 47 with two, 14 with three and four with four. A posterior placenta was observed in 258/473 (54.5%) women, of whom 21/258 (8.1%) had clinically significant PAS. Sixty-three women with posterior placenta had at least one previous Cesarean section, of whom 13 had clinically significant PAS. Of the 21 women with clinically significant PAS and posterior placenta, six had a history of dilatation and curettage and two had conceived by in-vitro fertilization. There were 215/473 (45.5%) women with anterior placenta, of whom 78/215 (36.3%) had clinically significant PAS. Of the women with anterior placenta, 103 had at least one previous Cesarean section, of whom 64 had clinically significant PAS. Of the 78 women with clinically significant PAS and anterior placenta, 31 had a history of dilatation and curettage and four conceived by in-vitro fertilization. The median gestational age at the time of ultrasound assessment was 31.4 (IQR, 28.6-34.4) weeks. All patients underwent an additional scan at 34-36 weeks'

Table 1 Demographic and delivery characteristics, sonographic findings, management at delivery and histopathological diagnosis of 473 women with low-lying placenta or placenta previa, according to history of previous Cesarean section (CS)

| Parameter  | $\frac{Previous \ CS}{(n = 166)}$ | No previous CS $(n = 307)$ | Р        |
|--|-----------------------------------|----------------------------|----------|
| Age at delivery (years)                                    | 35.5 (32.6-38.5)                  | 35.5 (31.9-39.5)           | 0.691    |
| Prepregnancy body mass index (kg/m <sup>2</sup> )          | 24.3 (20.7-27.1)                  | 22.7 (20.6-25.0)           | 0.0049   |
| Caucasian ethnicity  | 133 (80.1)                        | 262 (85.3)                 | 0.144    |
| Conceived by <i>in-vitro</i> fertilization                 | 5 (3.0)                           | 49 (16.0)                  | < 0.001  |
| History of dilatation and curettage                        | 64 (38.6)                         | 106 (34.5)                 | 0.384    |
| History of myomectomy                                      | 7 (4.2)                           | 31 (10.1)                  | 0.025    |
| GA at initial ultrasound (weeks)                           | 31.0 (28.6-33.9)                  | 31.7 (28.7-34.4)           | 0.1553   |
| Placental position   |                                   |                            | < 0.001  |
| Anterior   | 103 (62.0)                        | 112 (36.5)                 |          |
| Posterior  | 63 (38.0)                         | 195 (63.5)                 |          |
| Cervical length (mm)                                       | 37.0 (30.0-40.0)                  | 38.0 (32.0-42.9)           | 0.073    |
| Placental thickness (mm)                                   | 31.4 (18.0-43.0)                  | 21.0 (11.0-31.0)           | < 0.0001 |
| Hypoechogenic retroplacental space                         |                                   |                            | < 0.001  |
| Normal   | 67 (40.4)                         | 281 (91.5)                 |          |
| Interrupted  | 97 (58.4)                         | 24 (7.8)                   |          |
| Not determinable   | 2 (1.2)                           | 2 (0.7)                    |          |
| Hyperechogenic uterus-bladder interface                    |                                   |                            | < 0.001  |
| Normal   | 104 (62.7)                        | 303 (98.7)                 |          |
| Interrupted  | 62 (37.3)                         | 4 (1.3)                    |          |
| Abnormal placental lacunae                                 | 84 (50.6)                         | 32 (10.4)                  | < 0.001  |
| GA at delivery (weeks)                                     | 35.6 (34.0-36.7)                  | 36.3 (35.0-37.1)           | 0.0001   |
| Delivery by CS   | 162 (97.6)                        | 297 (96.7)                 | 0.779    |
| Placenta covering internal cervical os at time of delivery | 134 (80.7)                        | 234 (76.2)                 | 0.261    |
| Birth weight (g)   | 2540 (2180-2800)                  | 2665 (2340-3000)           | 0.0012   |
| Blood transfusion  | 57 (34.3)                         | 52 (16.9)                  | < 0.001  |
| Units of packed red cells transfused                       | 4 (2-6)                           | 2 (2-4)                    | 0.0077   |
| Intrauterine balloon tamponade                             | 34 (20.5)                         | 75 (24.4)                  | 0.33     |
| Uterine compression sutures                                | 9 (5.4)                           | 10 (3.3)                   | 0.253    |
| Hysterectomy   | 73 (44.0)                         | 9 (2.9)                    | < 0.001  |
| Ligation of pelvic vessels                                 | 10 (6.0)                          | 2 (0.7)                    | 0.001    |
| Embolization of pelvic vessels                             | 10 (6.0)                          | 3 (1.0)                    | 0.002    |
| Active management  | 107 (64.5)                        | 87 (28.3)                  | < 0.001  |
| PAS diagnosis by histopathology                            | 91 (54.8)                         | 63 (20.5)                  | < 0.001  |
| Clinically significant PAS                                 | 77 (46.4)                         | 22 (7.2)                   | < 0.001  |
| Maternal death   | 0 (0)                             | 0 (0)                      | —        |

Data are given as median (interquartile range) or *n* (%). GA, gestational age; PAS, placenta accreta spectrum disorder.

gestation to reassess placental location. In nine of the 473 cases, the distance between the lower placental edge and the internal cervical os was  $\geq 20$  mm; three of these had clinically significant PAS and underwent hysterectomy. Table 2 shows the clinical characteristics and clinical outcomes of the study cohort according to the mode of management at delivery.

The diagnostic performance of the three ultrasound markers (interrupted hypoechogenic retroplacental space, interrupted hyperechogenic uterus-bladder interface and presence of abnormal placental lacunae) and their combination for the antenatal diagnosis of clinically significant PAS in all women with available placental pathology is shown in Table 3 and Table S2. The diagnostic accuracy of grayscale third-trimester ultrasound for clinically significant PAS was 76.9%, 77.9% and 86.6% in the presence of an interrupted uterine serosa-bladder wall interface, abnormal placental lacunae and interrupted hypoechogenic retroplacental space, respectively. The diagnostic performance of the three ultrasound markers and their combination for prediction of clinically significant PAS in the subgroup of women with previous Cesarean section and anterior placenta (n = 103) is shown in Table S3. The post-test probabilities of clinically significant PAS in all women with available placental pathology and in those with previous Cesarean section and anterior placenta are shown in Figures 3 and S1, respectively.

 Table 2 Sonographic findings in third trimester and histopathological diagnosis of 473 women with low-lying placenta or placenta previa, according to mode of management at delivery

|   | No active               | Active man                       |                              |         |
|---|-------------------------|----------------------------------|------------------------------|---------|
| Parameter                               | management<br>(n = 279) | Without hysterectomy $(n = 112)$ | With hysterectomy $(n = 82)$ | P*      |
| Placenta previa                         | 202 (72.4)              | 90 (80.4)                        | 76 (92.7)                    | < 0.001 |
| Previous Cesarean section               | 59 (21.1)               | 34 (30.4)                        | 73 (89.0)                    | < 0.001 |
| Cervical length (mm)                    | 38.0 (33.0-42.3)        | 37.2 (30.0-43.0)                 | 35.0 (30.0-40.0)             | 0.0393  |
| Placental thickness (mm)                | 20.8 (12.0-30.0)        | 24.7 (14.4-35.5)                 | 37.2 (23.0-45.0)             | 0.0001  |
| Hypoechogenic retroplacental space      |                         |                                  |                              | < 0.001 |
| Normal                                  | 251 (90.0)              | 90 (80.4)                        | 7 (8.5)                      |         |
| Interrupted                             | 25 (9.0)                | 22 (19.6)                        | 74 (90.2)                    |         |
| Not determinable                        | 3 (1.1)                 | 0 (0)                            | 1 (1.2)                      |         |
| Hyperechogenic uterus-bladder interface |                         |                                  |                              | < 0.001 |
| Normal                                  | 272 (97.5)              | 104 (92.9)                       | 31 (37.8)                    |         |
| Interrupted                             | 7 (2.5)                 | 8 (7.1)                          | 51 (62.2)                    |         |
| Abnormal placental lacunae              | 29 (10.4)               | 27 (24.1)                        | 60 (73.2)                    | < 0.001 |
| Blood transfusion                       | 23 (8.2)                | 37 (33.0)                        | 49 (59.8)                    | < 0.001 |
| Units of packed red cells transfused    | 2 (2-2)                 | 2 (2-3)                          | 5 (4-8)                      | 0.0001  |
| PAS diagnosis at histopathology         | 55 (19.7)               | 20 (17.9)                        | 79 (96.3)                    | < 0.001 |
| Clinically significant PAS              | 0 (0)                   | 20 (17.9)                        | 79 (96.3)                    | < 0.001 |
| Maternal death                          | 0 (0)                   | 0 (0)                            | 0 (0)                        | _       |

Data are given as n (%) or median (interquartile range). \**P*-value represents difference between all three management groups. PAS, placenta accreta spectrum disorder.

 Table 3 Diagnostic performance of third-trimester ultrasound markers for antenatal diagnosis of clinically significant placenta accreta spectrum disorder in 473 women with low-lying placenta or placenta previa

| Ultrasound marker  | Sensitivity<br>(%)  | Specificity<br>(%)  | Accuracy<br>(%)     | LR+                 | LR-                 | DOR                | PPV (%)             | NPV (%)             |
|--|---------------------|---------------------|---------------------|---------------------|---------------------|--------------------|---------------------|---------------------|
| Interrupted  | 83.7                | 89.5                | 86.6                | 7.96                | 0.18                | 43.6               | 67.8                | 95.4                |
| hypoechogenic<br>retroplacental space                          | (74.4–90.4)         | (85.9–92.4)         | (82.6-90.6)         | (5.84–10.85)        | (0.12-0.29)         | (23.3-81.5)        | (58.7–78.6)         | (92.6–96.3)         |
| Interrupted  | 56.6                | 97.3                | 76.9                | 21.2                | 0.45                | 47.4               | 84.8                | 89.4                |
| hyperechogenic<br>uterus-bladder<br>interface                  | (46.2–66.5)         | (95.1–98.7)         | (72.0-81.9)         | (11.2–39.9)         | (0.36-0.56)         | (22.8–98.5)        | (73.9–92.5)         | (86.0-92.2)         |
| Abnormal placental   | 68.7                | 87.2                | 77.9                | 5.35                | 0.36                | 14.9               | 58.6                | 91.3                |
| lacunae  | (58.6 - 77.6)       | (83.3 - 90.4)       | (73.0 - 82.9)       | (3.98 - 7.19)       | (0.27 - 0.48)       | (8.85 - 25.1)      | (49.1 - 67.7)       | (87.9-94.0)         |
| Abnormal placental   | 68.4                | 93.3                | 80.8                | 10.2                | 0.34                | 29.9               | 72.8                | 91.8                |
| lacunae + interrupted<br>hypoechogenic<br>retroplacental space | (58.2–77.4)         | (90.2–95.6)         | (76.0-85.6)         | (6.79–15.2)         | (0.25-0.45)         | (16.7–53.7)        | (62.6-81.6)         | (88.5–95.3)         |
| All three markers  | 50.0<br>(39.7–60.3) | 98.4<br>(96.5–99.4) | 74.2<br>(69.2–79.2) | 30.9<br>(13.6–70.1) | 0.52<br>(0.42–0.62) | 60.8<br>(25.3–146) | 89.1<br>(77.8–95.9) | 88.2<br>(84.7–91.1) |

Values in parentheses are 95% CI. Hypoechogenic retroplacental space could not be assessed in four cases. DOR, diagnostic odds ratio; LR+, positive likelihood ratio; LR-, negative likelihood ratio; NPV, negative predictive value; PPV, positive predictive value.

# DISCUSSION

We have shown that grayscale ultrasound findings in the third trimester have a good NPV for clinically significant PAS in a high-risk population. Normal hypoechogenic space between the uterus and the placenta reduced the post-test probability of PAS from 21% to 5% in women with low-lying placenta or placenta previa in the third trimester (Figure 3a) and from 62% to 9% in the subgroup of women with previous Cesarean section and anterior placenta (Figure S1a). The absence of placental lacunae reduced the post-test probability of

PAS from 21% to 9% in the whole cohort (Figure 3c) and from 62% to 36% in the subgroup with previous Cesarean section and anterior placenta (Figure S1c). On the other hand, in women with low-lying placenta or placenta previa, the post-test probability for clinically significant PAS increased from 21% to 59% in the presence of abnormal placental lacunae in the third trimester (Figure 3c) and to 85% when an interrupted hyperechogenic interface between the uterine serosa and bladder wall was observed (Figure 3b). In the subgroup of women with previous Cesarean section and anterior placenta, the post-test probability for clinically significant

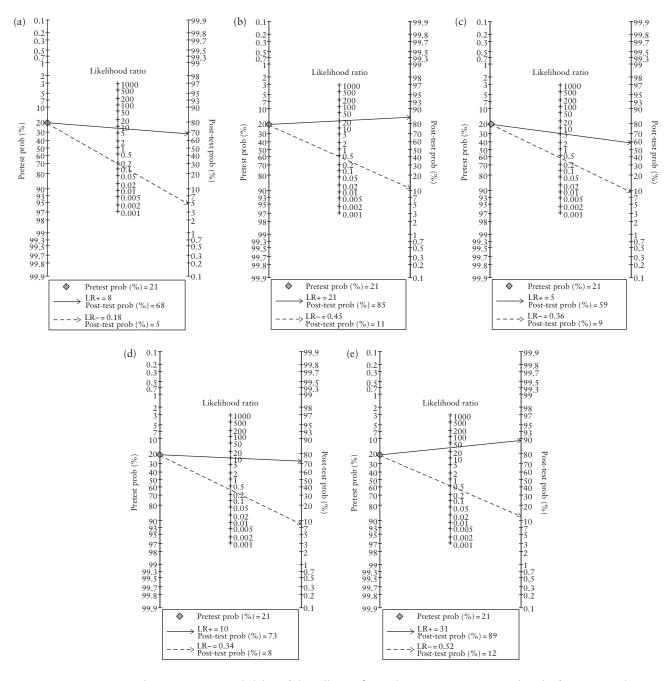


Figure 3 Fagan nomograms showing post-test probability of clinically significant placenta accreta spectrum disorder for interrupted hypoechogenic retroplacental space (a), interrupted hyperechogenic uterus-bladder interface (b), presence of abnormal placental lacunae (c), interrupted hypoechogenic retroplacental space in addition to abnormal placental lacunae (d) and presence of all three markers (e) in 473 women with low-lying placenta or placenta previa. In four cases, the operator was not able to assess the retroplacental hypoechogenic space. LR+, positive likelihood ratio; LR-, negative likelihood ratio; prob, probability.

PAS increased from 62% to 78% in the presence of abnormal placental lacunae (Figure S1c) and to 88% when the hyperechogenic uterus-bladder interface was interrupted (Figure S1b). When all three markers were present, the post-test probability for clinically significant PAS increased from 21% to 89% in the whole cohort (Figure 3e) and from 62% to 92% in the subgroup with previous Cesarean section and anterior placenta (Figure S1e). Although interrupted hypoechogenic space and lacunae have been associated with an increased likelihood of invasive placentation, they may be present even in women with placenta previa without myometrial invasion<sup>13</sup>. Our results are in agreement with those of Pilloni et al.<sup>14</sup>, who found, in a prospective single-center study, that loss or irregularity of the retroplacental clear zone had the highest sensitivity for PAS (81%). In addition, Calì et al. found that the most effective ultrasound criteria for detection of morbidly adherent placenta were loss or irregularity of the clear space between the placenta and uterus and hypervascularity of the uterine serosa-bladder wall interface, with NPVs of 96.7% and 97%, respectively<sup>15</sup>. These data compare well with the NPV of 95.4% for PAS that we obtained when a normal retroplacental hypoechogenic space was seen on grayscale ultrasound.

The main strengths of the present study are its prospective design, the use of a standardized approach to collect and evaluate ultrasound markers of PAS, and its multicenter nature, which are likely to increase the external validity of our findings. A limitation of this study is its potentially low generalizability, as we evaluated a high-risk population in the third trimester of pregnancy, with a high overall prevalence of PAS (21%), particularly among women with anterior placenta and previous Cesarean section (62%). Another limitation is that a standardized pathological examination of the placenta was not available in 16.7% of the initial cohort. These women delivered in their local hospital after assessment in one of the referral centers participating in the study, and had more favorable outcomes than women included in the analysis, with no hysterectomy. This patient selection process may explain the higher prevalence of PAS in our cohort of women with placenta previa or low-lying placenta compared to the 11.1% reported by Jauniaux et al. in a recent meta-analysis of population-based studies<sup>16</sup>. Another possible explanation is the different definition of placenta accreta used in our study. Jauniaux et al.<sup>16</sup> used a clinical grading based on surgical findings at delivery for the diagnosis of accreta placentation<sup>17</sup> and histopathological findings when a Cesarean hysterectomy was performed, i.e. placental villi directly attached to the myometrium without interposing decidua or invading the uterine wall. As there are no objective criteria for the intraoperative diagnosis of PAS, and our clinical aim was the prediction of major morbidity regardless of whether invasive placentation was confirmed on histopathology or at surgery, we chose to use the term 'clinically significant PAS', which was defined as the finding of placental villi in direct apposition to the myometrium in the absence

of intermediate decidual layers between anchoring villi and muscular cells, together with significant bleeding, even without hysterectomy, in order to include also milder or focal forms of histologically diagnosed PAS that nonetheless caused significant maternal hemorrhagic morbidity<sup>8</sup>.

Although color Doppler had the best predictive accuracy for PAS in a systematic review and meta-analysis including 3707 patients at risk for invasive placentation<sup>4</sup>, we did not evaluate abnormal color Doppler findings in our study as these are subjective and there are currently no quantitative indicators to measure increased vascularity in routine practice. The location of the placenta in the lower uterine segment alone is sufficient to increase the vascularity in comparison to cases with a fundal placenta, and, in women with prior Cesarean delivery without PAS, increased vascularity is often seen in the scarred lower uterine segment-urinary bladder interface. Indeed, the amount of vascularity may be influenced by the ultrasound machine settings used, even in cases in which the placenta is not implanted in the lower uterine segment. In almost all publications involving placenta accreta, only women with known risk factors, such as low anterior placenta and previous Cesarean delivery, were examined<sup>8</sup>. Therefore, selection bias may explain the increased vascularity at the lower uterine segment-urinary bladder interface. Whether such increased vascularity is the result of abnormal invasion or simply low-anterior placental location, and how this may be measured objectively, remains to be determined<sup>8</sup>.

In conclusion, a low anterior placenta with invasive placentation poses great challenges for peripartum management. Such pregnancies are most likely to experience complications, and therefore prenatal diagnosis is likely to have the greatest impact. This multicenter prospective study showed that grayscale ultrasound has good ability to identify pregnancies at low risk of PAS in this otherwise high-risk population. Ultrasound may be used safely to guide management decisions, concentrating resources on patients with the higher risk of clinically significant PAS.

## ACKNOWLEDGMENT

Open Access funding was provided by Università degli Studi di Brescia within the CRUI-CARE Agreement.

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## SUPPORTING INFORMATION ON THE INTERNET

The following supporting information may be found in the online version of this article:

Figure S1 Fagan nomograms showing post-test probability of clinically significant placenta accreta spectrum disorder for interrupted hypoechogenic retroplacental space (a), interrupted hypoechogenic uterus-bladder interface (b), presence of abnormal placental lacunae (c), interrupted hypoechogenic retroplacental space in addition to abnormal placental lacunae (d), and presence of all three markers (e) in 103 women with low-lying placenta or placenta previa who had at least one previous Cesarean section and anterior placenta. In one case, the operator was not able to assess the retroplacental hypoechogenic space.

Table S1 Ultrasound findings and management at delivery in the whole study population, according to whether placental pathology was available

Table S2 2  $\times$  2 tables for diagnostic performance of third-trimester ultrasound markers for antenatal diagnosis of clinically significant placenta accreta spectrum disorder (PAS) in 473 women with low-lying placenta or placenta previa

Table S3 Diagnostic performance of third-trimester ultrasound markers for antenatal diagnosis of clinically significant placenta accreta spectrum disorder (PAS) in 103 women with low-lying placenta or placenta previa who had at least one previous Cesarean section and anterior placenta